

CONTENTS

About the authors	vi
Introduction	1
Section 1: What is action research?	5
1 Foundations of action research	7
2 Discussion, debate and controversy surrounding action research	31
Section 2: Why choose action research?	49
3 Action research, nursing and healthcare	51
4 Clinical action research to advance patient care	66
Section 3: Conducting action research in clinical practice	95
5 Developing one's own professional practice	97
6 Collaborative working in clinical settings	119
7 Ethical considerations	146
Section 4: Disseminating and evaluating clinical action research projects	167
8 Writing clinical action research studies	169
9 Presenting clinical action research studies to mixed audiences	189
10 Evaluating the quality of action research projects	207
Conclusions: looking to the future	227
Glossary	240
Index	243