Contents

Foreword		V
Country co	des	vi
Executive summary		1
Chapter 1:	Brief history and conceptual overview	5
	Introduction	5
	Key characteristics of social exclusion	5
	Social exclusion, living conditions and quality of life	6
	Perceived social exclusion and mental well-being	8
	Data and analytical approach	8
Chapter 2:	Perceived social exclusion and reported social contact	11
	Measuring perceived social exclusion	11
	Perceived social exclusion by household type	15
	Perceived social exclusion and reported social contact	16
	Conclusions	18
Chapter 3:	Impact of social conditions on perceived social exclusion	19
	Macroeconomic environment and perceived social exclusion	19
	Microeconomic predictors of perceived social exclusion	21
	Conclusions	29
Chapter 4:	Social support, living conditions and perceived social exclusion	31
	Introduction	31
	Perceived availability of financial and moral support	31
	Giving and receiving material support	34
	Social contact and giving/receiving material support	38
	Social support and social exclusion - the 'buffer hypothesis'	39
	Conclusions	42
Chapter 5:	Impact of living conditions and perceived social exclusion	
	on mental well-being	43
	Introduction	43
	Measuring mental well-being	44

	Economic environment and mental well-being	45
	Living conditions and mental well-being	46
	Mental well-being, gender and marital status	48
	Education, principal economic status and social class	50
	Mental well-being and physical health	54
	Pathways from living conditions to mental well-being	55
	Conclusions	57
Chapter 6: 6		59 61
Annex 1: Glossary of terms		65
Annex 2: Reg	ression analysis: Coefficients and significance for social exclusion	67
_	ression coefficients for models of lifestyle deprivation, perceived social lusion and mental well-being	69