

Foreword ix

PART ONE Introduction

1. Overview of the Research 3
2. Developing a Critique of Monogamy 9
3. About the Study 22

PART TWO Men, Attraction, and Love

4. The Hardening and Softening of Men 37
5. The Science of Sexual Attraction 44
6. The Development of Romantic Relationships 51

PART THREE Monogamy and Its Discontents

7. Categorizing Monogamy Types 73
8. Monogamism 84
9. The Monogamy Gap 104
10. Costs of Monogamism 117
11. Jealousy 128
12. Liberation from Monogamous Missionary Sex 135

PART FOUR The Reality of Cheating

13. Prevalence of Cheating 157
14. Spontaneous Cheating 166
15. Cheating Out of Love 178
16. Consequences of Cheating 187
17. Counter Currents 190
18. Conclusions 192

References 203

Index 223