

Contents

1 US Health Care Policymaking: Ideological, Social and Cultural Differences and Major Influences	1
Systemic Problems, Definitional and Ideological Issues	1
The Health Care System’s Problems.....	3
Problem Definition.....	5
Some Models of Policymaking.....	7
Institutional or Political Systems Model.....	8
Rational Model.....	8
Public Choice Model.....	9
Institutional Rational Theory	9
Process Model.....	10
Incremental Model.....	10
Group Model and Advocacy Coalitions.....	11
Elite Model.....	11
Game Theory.....	12
The Garbage Can Model.....	13
The Structural Choice Model.....	13
Analyses.....	14
The Approach of the Study	16
The Organization of the Book.....	20
Conclusion	23
Review Questions	23
References.....	23
2 The Evolution of the US Health Care System	27
The Preindustrial Period	29
The Maximization of the Market.....	31
The Postindustrial Period.....	32
Restoration of Licensing.....	33
Hospitals Transformed.....	35
The Quest for Health Insurance	36

- The Great Depression 37
- The Depression and Health Insurance 38
- The Advent of Redistributive Health Policies 39
- The Cost Containment Period 40
 - Summary of Cost Containment Measures, 1970–Present..... 41
- Conclusion 43
- Review Questions 44
- References..... 45

- 3 Constitutional, Political, and Legal Influences..... 47**
 - Constitutional Influences 47
 - Political Influences..... 50
 - US Political Culture and Ideology 51
 - Presidential Leadership..... 53
 - The Congressional Policymaking Process 59
 - Public Opinion and the Media 61
 - Interest Groups..... 62
 - Political Parties 63
 - The Electoral Cycle..... 64
 - The Government-Politics Model of Decision-Making 65
 - Legal Influences 66
 - Medical Malpractice 67
 - Pros and Cons of the Existing Tort System..... 68
 - Court Cases Involving Abortion and Contraceptives..... 69
 - Conclusion 71
 - Review Questions 71
 - References..... 72

- 4 Economic and Provider Influences..... 75**
 - Health Care Expenditure Growth..... 76
 - The Physician as Captain of the Health Care Ship 80
 - Talcott Parsons and the Physician–Patient Relationship 80
 - Kenneth Arrow and the Medical Market 81
 - Eliot Freidson and Professional Dominance 82
 - Health Insurance and Medical Care Since Parsons,
 - Arrow and Freidson..... 84
 - Cost Containment and the Corporatization of American Medicine..... 85
 - The Economic Stabilization Act of 1970 (84 Stat. 799)..... 85
 - PSROs 86
 - Certificates of need (CON) or health planning 88
 - Managed care 90
 - The History of Managed Care..... 91
 - Managed Care Cost Containment Methods 92
 - Choice Restriction..... 93
 - Gatekeeping 93
 - Case Management..... 93

Utilization Review (UR).....	93
Payment Reforms.....	94
Practice Profiling.....	94
Types of Managed Care Plans.....	95
HMOs.....	95
PPOs.....	97
POS Plans.....	97
Consumer and Provider Concerns and the HMO Decline.....	98
Physician-Equity Models.....	99
Other Cost Containment Practices.....	100
Increased Employee Cost Sharing.....	100
Consumer-Directed Health Plans.....	101
Paying for Performance.....	102
Disease Management.....	102
Health Promotion.....	102
Conclusion.....	103
Note.....	104
Review Questions.....	104
References.....	104
5 Technological Influences.....	109
Physical Technologies.....	109
Social Technologies.....	110
The Growth and Diffusion of Medical Technology.....	111
Factors Responsible for the Growth and Diffusion of Medical Technologies.....	112
Demand-Side Variables.....	112
Cultural Beliefs and Values.....	112
Differences in Patient Characteristics.....	113
Role of Health Insurance in Fueling Innovation.....	113
Supply-Side Factors.....	114
Physician Characteristics and Medical Specialization.....	114
Competition and the Availability of Resources.....	115
Research and Development Costs.....	116
Medical Uncertainty and Defensive Medicine.....	116
Government Policy.....	117
Government Support for Biomedical Research.....	118
The Construction of Health Facilities.....	118
Health Planning or Efforts to Curtail Health Facilities' Expansion.....	119
Government Regulation of Drugs and Medical Devices.....	119
The Food and Drug Administration.....	119
The Effects of Medical Technology.....	120
Effects on Medical Training and Practice.....	120
Effects on Medical Costs.....	122
Effects on Quality of Care and Quality of Life.....	123

- Effects on Access to Care..... 126
- Ethical Concerns Raised by Medical Technology 126
- Questions About Overutilization and Underutilization..... 128
 - Oregon’s Medicaid Priority List 129
- Reproductive, Life-Sustaining, and End-of-Life Decisions 130
 - The Beginning of Life..... 131
 - The End of Life..... 131
- The Karen Ann Quinlan Case 132
- The Nancy Cruzan Case..... 133
- The Dr. Jack Kevorkian Case..... 134
- Technology Assessment (TA) 135
 - Efficacy and Effectiveness 136
 - Safety 136
 - Cost-Effectiveness 136
 - Cost-Benefit 137
- The Incorporation of Ethical Concerns into TA..... 137
- Conclusion 138
- Review Questions 138
- References..... 139
- 6 Physical, Social and Cultural, and Global Influences..... 145**
 - The Definition of Health 146
 - The Medical Model..... 146
 - The Wellness Model..... 146
 - The Determinants of Health..... 147
 - Preventive Medicine 148
 - The USPSTF 149
 - Genetic Disposition..... 150
 - Social and Economic Circumstances..... 152
 - Environmental Conditions 154
 - Lifestyle and Behaviors 156
 - Medical Care..... 157
 - The Ten Leading Causes of Death
 - in the United States, 2006–2007 157
- Global Factors and Health 159
 - International Trade and Finance..... 160
 - Infectious Disease Epidemics 161
 - Global Warming or Climate Change..... 163
 - Population Mobility 163
 - Natural Disasters and Terrorism 164
- Conclusion 166
- Review Questions 166
- References..... 167

- 7 Demographic Influences 175**
- Access to Health Care Services 175
- Access Frameworks 176

Aday’s and Andersen’s Access Framework	176
The Objectives of Health Policy	176
The Characteristics of the Health Care System	177
The Characteristics of Patients.....	177
The Actual Utilization of Services.....	178
Patient Satisfaction with Utilized Services	178
Penchansky’s and Thomas’ Access Framework.....	179
Gulliford’s and Colleagues’ Access Framework.....	180
Albritton’s and Eden’s Access Framework	181
Justice Principles and Access to Health Care	181
The Social Justice Model of the Allocation of Health Services.....	182
The Market Justice Model of the Allocation of Health Services.....	183
The Extent, Causes, and Consequences of Uninsurance	184
The Causes of Uninsurance	187
Underinsurance	190
The Consequences of Uninsurance	190
Noneconomic Barriers to Access	192
Demographic Differences in Select Health Indicators	
Among the Population.....	193
Differences in Life Expectancy.....	193
Variations in Homicide and HIV Deaths.....	193
Variations in Behavioral Risk Factors.....	196
Differences in Mammography Usage	196
Variations in Obesity and Physical Activity.....	197
Variations in Prenatal Care and Infant and Maternal Mortality Rates.....	197
Conclusion	198
Review Questions	198
References.....	199

8 Safety Net Programs: Medicare, Medicaid, and SCHIP (CHIP)	203
Medicare	203
The History of Medicare.....	204
Medicare Financing, Organization, and Goals.....	206
Program Structure and Benefits	206
Part A: Hospital Insurance	206
Part B: Medical Insurance.....	207
Part C: Medicare Advantage	208
Part D: Prescription Drugs	209
Medigap Policies.....	210
Buying Medigap Policies.....	212
Medicare’s Indirect Benefits	212
Support for Graduate Medical Education	212
Subsidies to Intermediaries and Providers.....	213
Support for Health Services Research	214

Information Collection and Dissemination	214
Beneficiary Education Programs.....	215
Financial and Psychological Relief for Families	215
Medicare Cost Containment	217
Medicare and Long-Term Care	219
Medicaid	220
Medicaid Beneficiaries.....	222
Mandatory Beneficiaries	222
Nonmandatory or Optional Beneficiaries	223
Medicaid Expenditures	224
Medicaid Cost Containment	226
Medicaid Waivers	228
The Repeal of the AFDC Program and the Creation of SCHIP.....	229
Conclusion	231
Review Questions	231
References.....	232
9 Health Care Reform in the United States	235
Early History of Health Care Reform	235
Theodore Roosevelt	236
The AALL.....	237
The Franklin D. Roosevelt Administration.....	237
The Harry Truman Administration.....	238
The John F. Kennedy Administration	239
The Lyndon B. Johnson White House	239
The William Clinton White House.....	240
Hawaiian Health Care Reform.....	243
Massachusetts' Health Care Reform	244
The Barack Obama Administration	245
The Patient Protection and Affordable Care Act of 2010	248
Anticipated Effects on Access to Care.....	253
Anticipated Effects on Costs.....	254
Anticipated Effects on Quality of Care.....	254
Anticipated Effects on Health Disparities.....	255
Criticisms and Controversies	256
Did the PPACA Go Far Enough?.....	256
Did the PPACA Go Too Far?	257
Challenges to the PPACA	259
The Choices Facing the Supreme Court	260
Conclusion	260
Review Questions	261
References.....	262

10 Conclusion and Future Direction of Health Politics and Policies	265
Politics and Policies	265
Future Direction of Health Politics and Policies.....	268
Option 1: The PPACA Is Constitutional	269
Option 2: The Individual Mandate Is Unconstitutional	269
Option 3: The Legal Challenges to the PPACA Are Premature.....	270
Option 4: The Entire Law Is Unconstitutional.....	270
Additional Issues.....	271
References.....	273
Index	275