Table of contents

Veikko Anttonen	
Making space for the 'post-secular' in religious studies	11
Nina Björkman	
A pure mind and a healthy body: an Islamic perspective	15
Måns Broo	
Yoga practices as identity capital: preliminary notes from Turku, Finland	24
Abby Day	
Non-religious Christians	35
Liselotte Frisk	
The practice of mindfulness: from Buddhism to secular mainstream	
in a post-secular society	48
Ingvild Sælid Gilhus	
Post-secular religion and the therapeutic turn:	
three Norwegian examples	62
Céline Grünhagen	
Healing chants and Singing Hospitals: towards an analysis	
of the implementation of spiritual practices as therapeutic means	76
Tina Hamrin-Dahl	
The philosophy of nature as a springboard into social realism:	
about Ibsen's <i>Emperor and Galilean</i> and a post-secular interpretation of the drama by Hilda Hellwig	89
Anne-Christine Hornborg	
'Are you content with being just ordinary? Or do you wish	
to make progress and be outstanding?' New ritual practices	
in contemporary Sweden	111

TUIJA HOVI Clinical services instead of sermons	128
ANNE KALVIG Facing suffering and death: alternative therapy as post-secular religious practice	145
MARIA KAPSALI Body–mind unity and the spiritual dimension of Modern Postural Yoga	165
CHRISTIANE KÖNIGSTEDT Religio-spiritual strategies of self-help and empowerment in everyday life: selected cases of spirituality in Germany	178
MIKA LASSANDER & PEIK INGMAN Exploring the social without a separate domain for religion: on actor-network theory and religion	201
MARIA LEPPÄKARI Contesting spiritual dimensions of health: salutogenic approaches to post-secular quests for quality of life	218
CECILIA MELDER The epidemiology of lost meaning: a study in the psychology of religion and existential public health	237
LISBETH MIKAELSSON Pilgrimage as post-secular therapy	259
URSZULA PĘKALA Post-secular religious practices entering traditional religion	274
OUTI POHJANHEIMO The enrichment of magical thinking through practices among Reiki self-healers	289
MARTIN RADERMACHER Devotional fitness: aspects of a contemporary religious system	313

Томму RAMSTEDT Making sense of personal and global problems: an analysis of the writings and lectures of Rauni-Leena Luukanen-Kilde	344
Olle Sundström	
Is the shaman indeed risen in post-Soviet Siberia?	350
Teemu Taira	
Atheist spirituality: a follow on from New Atheism?	388
Claus Tirel	
Two ways to get an Integral Theory:	
Ken Wilber's method of integration	405
Laura Wickström	
Contemporary environmentalism as a current of spiritual	
post-secular practice	419
Biographical notes	433