
Contents

General Aspects

Heterogeneity and Vulnerability of Older Patients	3
Heinrich Burkhardt	
Epidemiologic Aspects	11
Heinrich Burkhardt	
Age-Associated General Pharmacological Aspects	21
Martin Wehling	
Critical Extrapolation of Guidelines and Study Results: Risk-Benefit Assessment for Patients with Reduced Life Expectancy and a New Classification of Drugs According to Their Fitness for the Aged	35
Martin Wehling	
Inappropriate Medication Use and Medication Errors in the Elderly	43
Zachary A. Marcum and Joseph T. Hanlon	

Special Aspects with Respect to Organ Systems Based on Geriatric Clinical Importance

Arterial Hypertension	53
Martin Wehling	
Heart Failure	69
Martin Wehling and Robert Lee Page 2nd	
Coronary Heart Disease and Stroke	85
Martin Wehling	
Atrial Fibrillation	105
Martin Wehling	
Diabetes Mellitus	119
Heinrich Burkhardt	

Obstructive Lung Diseases	135
Martin Wehling	
Osteoporosis	143
Martin Wehling	
Parkinson's Disease	151
Heinrich Burkhardt	
Therapy of Chronic Pain	161
Heinrich Burkhardt	
Dementia	179
Stefan Schwarz and Lutz Frölich	
Depression	197
Stefan Schwarz and Lutz Frölich	
Sleep Disorders	215
Stefan Schwarz and Lutz Frölich	
Treatment Decisions and Medical Treatment of Cancer in Elderly Patients	229
Ulrich Wedding and Stuart M. Lichtman	
 Pharmacotherapy and Geriatric Syndromes	
Fall Risk and Pharmacotherapy	251
Heinrich Burkhardt	
Central Nervous System (CNS) Medications and Delirium	259
Donna M. Fick	
Pharmacotherapy and Special Aspects of Cognitive Disorders in the Elderly	279
Heinrich Burkhardt	
Pharmacotherapy and Incontinence	285
Heinrich Burkhardt and John Mark Ruscin	
Immobility and Pharmacotherapy	295
Heinrich Burkhardt	
Pharmacotherapy and the Frailty Syndrome	303
Heinrich Burkhardt	
 Further Problem Areas in Gerontopharmacotherapy and Pragmatic Recommendations	
Adherence to Pharmacotherapy in the Elderly	313
Heinrich Burkhardt	

Polypharmacy	319
Heinrich Burkhardt	
Inappropriate Prescribing in the Hospitalized Elderly Patient	331
Robert Lee Page 2nd and John Mark Ruscin	
Index	341