

Contents

Illustrations ix

Preface xi

- 1 Kabbalah: The Term and Its Meanings 3
 - 2 Ancient Jewish Mysticism and the Emergence of the Kabbalah 13
 - 3 The Kabbalah in the Middle Ages 27
 - 4 Main Ideas of the Medieval Kabbalah 39
 - 5 Modern Times I: The Christian Kabbalah 63
 - 6 Modern Times II: Safed and the Lurianic Kabbalah 72
 - 7 Modern Times III: The Sabbatian Messianic Movement 86
 - 8 Modern and Contemporary Hasidism 94
 - 9 Some Aspects of Contemporary Kabbalah 104
- Further Reading 114
- Index 119