## Contents

List of Figures, Tables and Boxes		ix	
Fo	Foreword		
Acknowledgements		xiv	
Lis	st of Acronyms and Abbreviations	χυi	
	Introduction	1	
	Mark Redwood		
	Enter AGROPOLIS	2	
	The Rise of Cities and City Farming	3	
	Overview of this Book	8	
	Conclusion	18	
	References	19	
1	Household Food Security Among Urban Farmers in Nairobi, Kenya	21	
	Eunice Wambui Njogu		
	Introduction	21	
	Methodology	23 28	
	Food Security	28 30	
	Relationships between Variables	31	
	Changes in Agriculture and Livestock Extension Services Conclusion and Recommendations	32	
	Acknowledgements	33	
	Notes	33	
	References	33	
2	Urban Compost: A Socio-economic and Agronomic Evaluation		
4	in Kumasi, Ghana	35	
	Nikita S. Eriksen-Hamel and George Danso	33	
	Introduction	35	
	Objectives	36	
	Methodology	37	
	Research Findings	40	
	Conclusions and Recommendations	46	
	Acknowledgements	46	
	Note	47	
	References	47	

3	Urban Agriculture as a Livelihood Strategy in Lima, Peru Luis Maldonado Villavicencio	
	Introduction	49
	Methodology	50
	Conceptual Framework	51
	Research Findings	53
	Conclusion	7()
	Acknowledgements	7()
	Note	70
	References	70
4	The Social and Economic Implications of Urban Agriculture on Food Security in Harare, Zimbabwe	73
	Charity Mutonodzo	73
	Introduction	73
	Objectives and Hypotheses	74 75
	Methods	75 80
	Research Findings Conclusions	88 88
	Acknowledgements	89
	Note	89
	References	89
5	Urban Agriculture and Food Security in Lilongwe and Blantyre, Malawi David Dalison Mkwambisi	91
	Introduction	91
	Literature, Concepts and Objectives	92
	Research Methodology	93
	Results	95
	Discussion	99
	Conclusion and Policy Recommendations	100
	Acknowledgements	101
	Notes References	101
	References	101
6	An Analysis of the Quality of Wastewater Used to Irrigate	
	Vegetables in Accra, Kumasi and Tamale, Ghana Philip Amoah	105
	Introduction	105
	Key Concepts	106
	Methods	107
	Results and Discussion	111
	Conclusions and Recommendations	120
	Acknowledgements	121

	Contents	vii
	Notes	121
	References	122
7	Water Contamination and its Impact on Vegetable Production in	
	the Rímac River, Peru	125
	Henry Juarez Introduction	125
	Methods	126
	Research Findings and Discussions	132
	Conclusions and Recommendations	141
	Acknowledgements	143
	Notes	143
	References	143
8	Wastewater Use and Urban Agriculture in Kinshasa, DR Congo Kifuani Kia Mayeko	147
	Introduction	147
	Concepts, Objectives and Hypothesis	148
	Methods	149
	Research Findings	152
	Conclusion and Recommendations	162 163
	Acknowledgements Notes	163
	References	164
_		
9	The Health Impacts of Farming on Producers in Rosario,	177
	Argentina Patricia Silvia Propersi	167
	Introduction	167
	Objectives and Hypotheses	168
	Methods	169
	Research Findings	171
	Conclusion and Recommendations	177
	Acknowledgements	178
	Note	179
	References	179
10	Using Participatory Education and Action Research for Health	
	Risk Reduction Amongst Farmers in Dakar, Senegal	181
	Nita Chaudhuri	101
	Introduction Objectives and Humathasia	181 184
	Objectives and Hypothesis Methods	184
	Research Findings	189
	Conclusions	197

198

Acknowledgements

## viii Agriculture in Urban Planning

	Notes References	198 198
11	Complex Ecologies and City Spaces: Social-Ecological Networks of Urban Agriculture	201
	Laura J. Shillington Introduction	201
	Objectives, Hypotheses and Concepts	202
	Methodology	203
	Research Findings	205
	Conclusion and Recommendations	212
	Acknowledgements	213
	Notes	213
	References	214
12	Urban Agriculture and Physical Planning: A Case Study of	
	Zaria, Nigeria	217
	Chuo Adamu Nsangu	
	Introduction	217
	Background, Objectives and Hypothesis	218
	Methodology	220
	Research Findings	220
	Recommendations and Conclusions	231
	Acknowledgements	233
	Note	234
	References	234
13	Conclusion Mark Redwood	235
	References	242
Index		243