Brief Contents

List of Contributors Preface		iiixx vxx
1	Introduction Graham Davey	1
PAR	T! CLINICAL PSYCHOLOGY	13
2	Clinical Psychology and Mental Health Problems Graham Davey	15
3	Common Mental Health Problems and Their Treatment Graham Davey	35
4	The Causes of Mental Health Problems: Schizophrenia and Autistic Spectrum Disorder Graham Davey	67
5	The Causes of Mental Health Problems: Anxiety and Mood Disorders Graham Davey	89
6	Clinical Psychology: Training and Development Fergal Jones	111
PAR	TII HEALTH PSYCHOLOGY	127
7	What Is Health Psychology? Charles Abraham, Mark Connor, Fiona Jones & Daryl O'Connor	129
8	A Biopsychosocial Approach to Health Psychology Daryl O'Connor, Fiona Jones, Mark Conner & Charles Abraham	151
9	Stress, Coping and Health Fiona Jones, Daryl O'Connor, Charles Abraham & Mark Conner	171
10	Social Psychology and Health Mark Connor, Charles Abraham, Fiona Jones & Daryl O'Connor	191
11	Training and Working as a Health Psychologist Charles Abraham, Daryl O'Connor, Fiona Jones, Mark Connor & Karen Rodham	211
PART	III FORENSIC PSYCHOLOGY	227
12	Introduction to Forensic Psychology: Working with Organisations and Offenders Carol Ireland	229
13	Working with Child and Adult Victims Michelle Davies	251
14	Eyewitnesses and the Use and Application of Cognitive Theory Charlie Frowd	267

15	Violence Assessment and Intervention Jane L. Ireland	291
16	Training in Forensic Psychology and Professional Issues Neil Gredecki & Polly Turner	317
PART	IV EDUCATIONAL PSYCHOLOGY	341
17	Educational Psychology: History and Overview Robin Banerjee, Andy Tolmie & Jim Boyle	343
18	Educational Psychology: Problems and Interventions Robin Banerjee, Andy Tolmie & Jim Boyle	363
19	Educational Psychology: Research on Cognitive and Biological Factors Andy Tolmie	385
20	Educational Psychology: Research on Developmental and Social Factors Robin Banerjee	405
21	Educational Psychology: Professional Issues Jim Boyle	431
PART	V OCCUPATIONAL PSYCHOLOGY	445
22	Occupational Psychology in Practice – The Individual	447
	Almuth McDowall, Adrian Banks & Lynne Millward	
23	Occupational Psychology in Practice – The Organisation Almuth McDowall, Lynne Millward & Adrian Banks	465
24	Cognition in the Workplace Adrian Banks, Almuth McDowall & Lynne Millward	485
25	Social and Development Psychology in Work and Organisations Lynne Millward, Almuth McDowall & Adrian Banks	497
26	Professional Issues in Occupational Psychology Almuth McDowall, Lynne Millward & Adrian Banks	515
PART	VI SPORTS AND EXERCISE PSYCHOLOGY	527
27	The Nature of Sport and Exercise Psychology Andy Lane & Tracey Devonport	529
28	Psychological Skills Interventions in Sport and Exercise Psychology Tracey Devonport & Andy Lane	547
29	Sport and Exercise Psychology – Understanding Cognitive and Biological Factors Andy Lane & Tracey Devonport	569
30	Sport and Exercise Psychology – Understanding Social, Developmental and Personality Factors Tracey Devonport & Andy Lane	593
31	Sport and Exercise Psychology – Professional Structure and Applied Case Study Tracey Devonport & Andy Lane	615
Glossary		
Index		653