

Contents

Introduction	1
Prerequisite Information for Using the Program	17
Chapter 1 The Rationale for the Program	19
Chapter 2 Clinical Assessment of Defiant Children	49
Chapter 3 Practical Considerations in Parent Training	71
Chapter 4 An Overview of the Parent Training Program	79
Guidelines for Therapists in Conducting the Program	87
Step 1 Why Children Misbehave	89
Step 2 Pay Attention!	100
Step 3 Increasing Compliance and Independent Play	108
Step 4 When Praise Is Not Enough: Poker Chips and Points	117
Step 5 Time Out and Other Disciplinary Methods	128
Step 6 Extending Time Out to Other Misbehavior	141
Step 7 Anticipating Problems: Managing Children in Public Places	143
Step 8 Improving School Behavior from Home: The Daily School Behavior Report Card	151
Step 9 Handling Future Behavior Problems	155
Step 10 Booster Session and Follow-Up Meetings	158

Assessment Materials	161
Form 1: General Instructions for Completing the Questionnaires	163
Form 2: Child and Family Information	164
Form 3: Developmental and Medical History	165
Form 4: Home Situations Questionnaire	168
Form 5: School Situations Questionnaire	169
Form 6: How to Prepare for Your Child's Evaluation	170
Parent Handouts	179
Parent Handout for Step 1: Profiles of Child and Parent Characteristics	181
Parent Handout for Step 1: Family Problems Inventory	182
Parent Handout for Step 1: Diagram of Oppositional Defiant Interaction	184
Parent Handout for Step 2: Paying Attention to Your Child's Good Play Behavior	185
Parent Handout for Step 3: Paying Attention to Your Child's Compliance	188
Parent Handout for Step 3: Giving Effective Commands	189
Parent Handout for Step 3: Attending to Independent Play	190
Parent Handout for Step 4: The Home Poker Chip/Point System	192
Parent Handout for Step 5: Time Out!	195
Parent Handout for Step 7: Anticipating Problems: Managing Children in Public Places	199
Parent Handout for Step 8: Using a Daily School Behavior Report Card	202
Parent Handout for Step 9: Managing Future Behavior Problems	209
References	211
Index	224