
Contents

<i>List of figures</i>	ix
<i>List of tables</i>	xiii
<i>List of boxes</i>	xv
<i>Acknowledgements</i>	xvii
1 Introduction	1
<i>The journey ahead</i>	6
PART I	
A failed project	9
2 Food security: a brief history	11
<i>Calorie-ization of food security</i>	12
<i>Neoliberalization of food security</i>	23
<i>Empty calorie-ization of food security</i>	32
PART II	
Pieces missed	37
3 Well-being and nutrition	39
<i>Life expectancy</i>	39
<i>Subjective indicators of well-being</i>	47
<i>Aggregate well-being indicators</i>	51
<i>Nutritional well-being</i>	58

4	Sustainability	71
	<i>Greenhouse gas emissions</i>	72
	<i>Energy consumption</i>	76
	<i>Water</i>	80
	<i>Waste</i>	85
	<i>Meat</i>	91
	<i>Environmental Performance Index: agriculture</i>	93
5	Food sovereignty, safety, and access	99
	<i>Farmer dependency</i>	100
	<i>Constricting consumer choice</i>	109
	<i>Food safety</i>	113
	<i>Import dependency</i>	119
PART III		
Looking forward		123
6	The Food and Human Security Index	125
	<i>Individual and societal well-being</i>	126
	<i>Ecological sustainability</i>	127
	<i>Potential for food independence</i>	132
	<i>Nutritional well-being</i>	133
	<i>Freedom in agrifood chain</i>	137
	<i>Results</i>	138
7	Lessons learned	141
	<i>From green revolution to rainbow evolutions</i>	142
	<i>So what can we eat if not GDP?</i>	147
	<i>Food security as a process (not a thing)</i>	155
	<i>Towards a new social imaginary</i>	168
	<i>References</i>	171
	<i>Index</i>	193