Inhalt

I. Tibetan Medicine and Clinical Research

Tibetan Medicine – A Holistic Approach		
Mingji Cuomu	1	l

Clinical Research on a Tibetan Medicine Versus a	
Western Medicine – Reflections on Research Design	
and Implementation in the Tibet Autonomous Region	
Sienna Ĉraig, Mingji Cuomu	15
8 8	

II. The Expert Meeting

Research on Tibetan Medicine – Where Do We Stand, Where Should We Go? <i>Claudia M. Witt et al</i>
วุ้จารุฑารา - ฉัราฏิ จาส์ ริจา จา สารัย์ จา เนอา เนอา เนอา เนอา เนอา เนอา เนอา เนอ
白皮书 – 藏医临床研究:我们处何境 将往何处65
Participating Experts

III. The Existing Evidence Based on Clinical Research

Evidence Available in the West	
Philip Reuter, Claudia M. Witt	



IV. Regulation and the Impact on Clinical Research

Product Regulation in the European Union (EU)	
Brion Sweeney	107
Clinical Research on Tibetan Medicine – The Paradoxal	
Situation of a Manufacturer in the EU and a Best Guess on	
What Is in the Regulator's Mind	
Herbert Schwabl	117
Regulation and the Impact on Clinical Research of	
Tibetan Medicine from the Perspective of a Manufacturer	
in China	
Dhondup Drotsang	129

V. Research Methodology

Ethnobotanical and Ethnopharmacological Field Studies –	
Conceptual and Methodological Requirements Michael Heinrich	141
Assessment of Traditional Medicines – Suggestions for Designs	150
Bertrand Graz	153