

---

# Contents

---

	<i>Acknowledgements</i>	ix
	<i>Preface</i>	xii
<b>Part I</b>	<b>The Scandinavian environment</b>	<b>1</b>
Chapter 1	Introduction: Regional geography guidelines	3
	Approaches to regional geography	4
	Descriptive regional geography	5
	Thematic regional geography	6
	The search for regionalism	7
	On the appreciation of scale	10
	Regional guidelines	13
Chapter 2	Scandinavia and its geographical setting	15
	The setting	19
	Where is Scandinavia?	20
	A matter of latitude	23
Chapter 3	The physical environment: the foundations of landscape	28
	Structure and bedrock geology	29
	The Baltic Shield	29
	The Caledonian mountain range	32
	The region of Mesozoic and Cenozoic sediments	34
	The Cenozoic volcanic islands	36
	The pre-glacial landscape	38
	Tertiary landscape change in Fennoscandia	38
	Tertiary landscape change on the volcanic islands	41
Chapter 4	The physical environment: Quaternary landscape evolution	45
	Glaciation of the uplands	45
	Glaciation of the lowlands	50
	Isostasy and eustasy	53
	Independent centres of glaciation	58
	The present interglacial	64
Chapter 5	The physical environment: present-day conditions	68
	The lithosphere: Scandinavian landscape zones	68
	The soils of Scandinavia	72

	The climatic environment	73
	Temperature variations	74
	Precipitation	75
	Other factors	77
	Vegetation	78
Chapter 6	The cultural environment: settlement, politics and regional personality	83
	The Viking expansion	85
	The roots of inequality	90
	Sweden	93
	Denmark	96
	Finland	97
	Norway	101
	Iceland and the Faroe Islands	103
	Settlement themes and regional consciousness	104
Chapter 7	The cultural environment: the Viking tradition	107
	The Faroese cultural landscape	107
	Settlement sites	109
	Systems of land tenure	110
	The Faroese economy – past and present	112
	Traditions elsewhere	116
<b>Part II</b>	<b>Spatial expressions of human economy</b>	<b>119</b>
Chapter 8	Primary economic activities: agriculture, forestry and fishing	121
	Farming and life on the land	124
	Finland	127
	Iceland	128
	Denmark	128
	An agricultural perspective	132
	The forest economy	136
	Fishing and fishermen	140
Chapter 9	Mineral resources and their exploitation	145
	Mineral ores	148
	Mining in Bergslagen	149
	Hydro-electric power	152
	Nordel	157
	North Sea oil and gas	159
Chapter 10	Secondary economic activities: manufacturing	162
	The role of manufacturing	163
	The distribution of manufacturing	165
	Steel and metalworking in Sweden: example 1	167
	The electro-metallurgical industry in Norway: example 2	169
	The Finnish pulp and paper industry: example 3	171
	Present-day trends	175

Chapter 11	The service industries	178
	The significance of the service sector	179
	Some service industries	181
	Shipping in Norway	181
	Communications by sea, land and air	182
	Education in Denmark	188
Chapter 12	Patterns of living: rural settlement traditions	192
	Rural settlement types	197
	Farm morphology and rural settlements	198
	Fragmentation and amalgamation	204
	Land reform	205
	Hardship and emigration	207
Chapter 13	Patterns of living: urban settlement	211
	The capital cities	212
	Migration	213
	Urban characteristics	214
	Urban development	217
	Medieval towns	217
	Grid-iron towns	219
	Industrial towns	220
	Twentieth-century town developments	221
Chapter 14	Affluence, stress and recreation	225
	The urban malaise	228
	The impact of recreation	231
	Countryside protection	233
<b>Part III</b>	<b>Regional inequalities</b>	<b>237</b>
Chapter 15	The Scandinavian heartland today	239
	Economic features of the heartland	240
	Social indices	243
	Regional policies for the heartland	246
Chapter 16	Towards the fringe	250
	Environmental costs	250
	Geographical features	253
	Difficulties and solutions	255
Chapter 17	The Northern Problem	259
	Nordkalotten	259
	Lapland and the Lapps	261
	Population and resources	263
	The nature of the problem	266
<b>Part IV</b>	<b>Local landscapes and sample studies</b>	<b>273</b>
Chapter 18	Rödlöga Skärgård in the Stockholm archipelago	275
	The setting	275

	Rödlöga and its islands	277
	The old way of life	278
	Modern conditions	280
Chapter 19	Fjaerland, a Norwegian fjordside settlement	286
	Fjaerland and Mundal	287
	The community economy	289
	The wider context	291
	Prospects for the future	293
Chapter 20	The north-west peninsula of Iceland	296
	The national context	296
	The local context	296
	Population change	297
	The flight from the land	299
	The case of Norður – Isafjardarsýsla	300
	Towards the future	302
Chapter 21	Vestmanna, a Faroese town	306
	The economy	307
	Agriculture	307
	Fishing	308
	Employment	309
	The morphology of the town	310
	Problems and prospects	311
<b>Part V</b>	<b>Unity and stress</b>	<b>315</b>
Chapter 22	Scandinavian expressions of unity	317
	Nordic cooperation	319
	Government cooperation	320
	Cultural cooperation	322
	Cooperation in industry and trade	323
	Cooperation in communications	324
	Regional development	324
	Örestad – an international vision	326
	Cooperation and national personality	331
Chapter 23	National and supranational interests: present and future	333
	The human environment of Scandinavia	335
	Geography, politics and military strategy	337
	Scandinavia and the EEC	340
	Postscript	342
	<i>Bibliography</i>	345
	<i>Index</i>	359