## **Contents**

Preface | 11

Introduction | 15

Acknowledgments | 9

PART I: HISTORY AND THEORY
1 Personalities or Personality States? The Definition of MPD/DID in Medical Terms   25
2 The Split of Personality: The Diagnosis MPD/DID versus Schizophrenia   41

#### 3 Of Demons and Dissociation:

The Origins and Early Science of the Other Side | 49

- 3.1 Demon and Possession | 50
- 3.2 Magnetism and Mesmerism | 51
- 3.3 Dipsychism and Polypsychism | 52
- 3.4 Hypnosis and Hysteria | 56
- 3.5 Pierre Janet: The Concept of Dissociation | 59
- 3.6 William James: "Mutations of the Self" | 62
- 3.7 Morton Prince: The Co-consciousness | 68

#### 4 Shock and Trauma:

Renaissance of the Dissociation Concept | 73

- 4.1 Memory and Identity: The Illusion of the Unitary Self | 73
- 4.2 Trauma | 81
- 4.3 Contemporary Theories of Dissociation | 85

## 5 The Other Side(s):

Famous Cases of Double Consciousness and Multiple Personality | 89 5.1 The "umgetauschte Persönlichkeit": Gmelin's Case (1791) | 90



- 5.2 Mary Porter and Estelle (1836) 191
- 5.3 The Old State and the New State: The Case of Mary Reynolds (1816) | 92
- 5.4 The Two Identities of A.B.: The Case of Ansel Bourne (1890) | 95
- 5.5 A Case of Personality Clusters: Miss Beauchamp (1906) | 98
- 5.6 The Three Selves of Eve: Thigpen and Cleckley (1957) | 107
- 5.7 Fact or Fiction? The Sixteen Persons of "Sybil" (1973) | 111

#### 6 Voices of Doubt:

The Validity of Multiple Personality | 129

# PART II: THE CULTURE-EMBEDDED SYNDROME – MULTIPLE PERSONALITY AND DISSOCIATION IN AMERICAN FICTION

### 7 Brand Identity and "Culture-embedded Syndrome":

Multiple Personality in American Culture | 141

#### 8 Creating a Public Consciousness:

The Role of the Mass Media | 159

#### 9 Fractured Minds:

- Personal Narratives of Multiple Personality | 171
- 9.1 Truddi Chase: When Rabbit Howls (1987) | 173
- 9.2 Joan Frances Casey: The Flock (1991) | 179
- 9.3 Cameron West: First Person Plural (1999) | 185
- 9.4 Robert B. Oxnam: A Fractured Mind (2005) | 192

### 10 "Man's Dual Nature" - Classical Literary Texts of Dissociation:

Wakefield, William Wilson, Dr. Jekyll, and the Other Side | 199

- 10.1 Doppelgänger, Double, and Alter Ego | 201
- 10.2 Nathaniel Hawthorne: "Wakefield" (1835) | 205
- 10.3 Edgar Allan Poe: "William Wilson" (1840) | 209
- 10.4 Robert Louis Stevenson: Dr. Jekyll and Mr. Hyde (1886) | 213

## 11 Beyond Control:

Multiple Personality in the American Novel of the 1950s | 229

- 11.1 Shirley Jackson: *The Bird's Nest* (1954) | 231
- 11.2 Margaret Millar: Beast in View (1955) | 238
- 11.3 Robert Bloch: Psycho (1959) | 244
- 11.4 Richard Condon: The Manchurian Candidate (1959) | 251

#### 12 Further Divisions:

Subgenres of Multiple Personality and Dissociation Fiction since the 1970s | 259

12.1 The "Devil Inside" – Dissociation as Demonic Possession | 260

12.3 The "Killer Inside": Dissociation as Serial Killer Story   276 12.4 The "Protector Inside": Dissociation as Coping Mechanism   280
13 "What is your name?":  Dissociation and Psychogenic Fugues in American Film from the 1950s to the Present   287
PART III: CONTEMPORARY VARIATIONS IN SELECTED NOVELS
14 "This is what Mary would have said":  Margaret Atwood Alias Grace (1996)   301
15 "I know this because Tyler Durden knows this": Chuck Palahniuk's Fight Club (1996)   317
16 " - textbook MPD": Matt Ruff Set this House in Order (2003)   335
17 "Three! Three personalities in one": Ted Dekker's <i>Thr3e</i> (2003)   351
18 "Recall what had been lost": Gabrielle Pina Chasing Sophea (2006)   363
19 "It's almost like there are two of me":  Jess Walter <i>The Zero</i> (2007)   375
20 "It's all staged": Siri Hustvedt <i>Sorrows of an American</i> (2008)   391
21 Voices of Imagination: Valid Cases of Fiction Fugues and Storytelling Selves   409
Conclusion   415
Works Cited   423 Primary Literature   423 Secondary Literature   425
Filmography   449

12.2 The "Spy Inside": Dissociation in Spy Thrillers | 271