

# Contents

*Foreword* vii

*List of Contributors* x

## **Part I Introduction 1**

**Chapter 1** Heartland and Hinterland: A Framework for Regional Analysis 2

**Chapter 2** Canada, the United States, and the World-System: The Metropolis-Hinterland Paradox 36

## **Part II The Heartland Regions 63**

**Chapter 3** The Emergence of the Industrial Heartland c. 1750–1950 64

**Chapter 4** The Industrial Heartland in Transition: Problems and Prospects of an Urbanized Region 100

**Chapter 5** Cultural Hearth, Continental Diaspora: The Place of Québec in North America 132

## **Part III The Hinterland Regions 155**

**Chapter 6** The Maritimes: The Geography of Fragmentation and Underdevelopment 156

**Chapter 7** Newfoundland: Economy and Society at the Margin 214

**Chapter 8** The Western Interior: The Transformation of a Hinterland Region 250

**Chapter 9** Alberta Since 1945: The Maturing Settlement System 294

- Chapter 10** British Columbia: Metropolis and Hinterland  
in Microcosm 338
- Chapter 11** The Canadian Shield: The Development of a  
Resource Frontier 372
- Chapter 12** The North: Metropolitan Frontier, Native  
Homeland? 410

**Part IV Conclusion 457**

- Chapter 13** Regionalism and the Canadian  
Archipelago 458

*Index* 485