

# Contents

- Contributors, viii
- Foreword, xiv
- Preface, xv
- About the companion website, xvi

## **Part 1: Gastrointestinal Diseases and Disorders: The Public Health Perspective**

- 1 The Burden of Gastrointestinal and Liver Disease Around the World, 3  
*Hannah P. Kim, Seth D. Crockett, & Nicholas J. Shaheen*

## **Part 2: How to Critically Read the Gastrointestinal Epidemiology Literature**

- Introduction and Overview, 17  
*Joe West*
- 2 How to Read a Cohort Study, 18  
*Laila J. Tata*
- 3 How to Read a Case-Control Study, 30  
*Joe West, Laila J. Tata, & Timothy R. Card*
- 4 How to Read a Randomized Controlled Clinical Trial, 39  
*Matthew J. Grainge*
- 5 How to Read a Systematic Review and Meta-Analysis, 48  
*Alexander C. Ford & Paul Moayyedi*
- 6 How to Decide if Any of This Matters, 58  
*Kate M. Fleming & Timothy R. Card*

## **Part 3: How to Do Clinical Research in GI**

- 7 How to Develop and Validate a GI Questionnaire, 67  
*Enrique Rey & G. Richard Locke III*
- 8 How to Do Population-Based Studies and Survey Research, 75  
*Sanjiv Mahadeva & Hematram Yadav*
- 9 How to Find and Apply Large Databases for Epidemiologic Research, 83  
*Jonas F. Ludvigsson, Joe West, Jessica A. Davila, Timothy R. Card, & Hashem B. El-Serag*
- 10 How to Do Genetic and Molecular Epidemiologic Research, 98  
*Yuri A. Saito*

11 Diagnostic Studies, 106

*Paul Moayyedi*

12 Randomized Controlled Trials, 113

*Paul Moayyedi & Richard H. Hunt*

**Part 4: Epidemiology of Major GI Diseases**

13 Epidemiology of GERD, Barrett’s Esophagus and Esophageal Cancer, 121

*David Armstrong*

14 Epidemiology of *Helicobacter Pylori* Infection, Peptic Ulcer Disease and Gastric Cancer, 135

*Grigorios I. Leontiadis & Olof Nyrén*

15 Epidemiology of Dyspepsia, 158

*Alexander C. Ford & Nicholas J. Talley*

16 Epidemiology of Upper Gastrointestinal Bleeding, 172

*Colin J. Crooks, Joseph Sung, & Timothy R. Card*

17 Epidemiology of Celiac Disease, 185

*Alberto Rubio-Tapia, Jonas F. Ludvigsson, & Joseph A. Murray*

18 Measuring Utilization of Endoscopy in Clinical Practice, 196

*Frances Tse & Alan Barkun*

19 Epidemiology of Colorectal Carcinoma, 213

*Harminder Singh, Joselito M. Montalban, & Salaheddin Mahmud*

20 Epidemiology of Irritable Bowel Syndrome, 222

*Rok Seon Choung & Yuri A. Saito*

21 Epidemiology of Constipation, 235

*Brian E. Lacy & John M. Levenick*

22 Epidemiology of Diverticular Disease, 249

*Robin Spiller & David Humes*

23 Epidemiology of Infectious Diarrhea, 262

*Christina M. Surawicz & Crenguta Stepan*

24 Epidemiology of Inflammatory Bowel Disease, 273

*Edward V. Loftus, Jr.*

25 Epidemiology of Fecal Incontinence, 285

*Adil E. Bharucha*

26 Epidemiology of Gallstones and Biliary Tract Cancers, 296

*Guy D. Eslick & Eldon A. Shaffer*

27 Epidemiology of Pancreatitis, 306

*Dhiraj Yadav, Santhi Swaroop Vege, & Suresh T. Chari*

28 Epidemiology of Pancreatic Cancer, 313

*Aravind Sugumar & Santhi Swaroop Vege*

29 Epidemiology of Hepatitis B and C in the United States, 322

*Sumeet K. Asrani & W. Ray Kim*

- 30 Epidemiology of Alcoholic Liver Disease, 332  
*Sumeet K. Asrani & William Sanchez*
- 31 Epidemiology of Cirrhosis and Hepatocellular Carcinoma, 344  
*Joe West & Guruprasad P. Aithal*
- 32 Epidemiology of Nonalcoholic Fatty Liver Disease (NAFLD), 357  
*Guruprasad P. Aithal, Kshaunish Das, & Abhijit Chowdhury*
- 33 Epidemiology of Common Tropical GI Diseases, 373  
*Magnus Halland, Rodney Givney, & Anne Duggan*
- 34 Nutritional Epidemiology and GI Cancers, 383  
*Linda E. Kelemen & Ilona Csizmadi*
- 35 The Epidemiology of Obesity Among Adults, 394  
*Cynthia L. Ogden, Brian K. Kit, Tala H.I. Fakhouri, Margaret D. Carroll, & Katherine M. Flegal*

Index 405