

# *C O N T E N T S*

<b>PREFACE</b>	<b>ix</b>
<b>Prologue: The Historic Ocean</b>	<b>1</b>
<b>1 Depleted European Seas and the Discovery of America</b>	<b>12</b>
<b>2 Plucking the Low-Hanging Fruit</b>	<b>49</b>
<b>3 The Sea Serpent and the Mackerel Jig</b>	<b>88</b>
<b>4 Making the Case for Caution</b>	<b>121</b>
<b>5 Waves in a Troubled Sea</b>	<b>169</b>
<b>6 An Avalanche of Cheap Fish</b>	<b>223</b>
<b>Epilogue: Changes in the Sea</b>	<b>265</b>
<b>APPENDIX: FIGURES</b>	<b>285</b>
<b>NOTES</b>	<b>291</b>
<b>GLOSSARY</b>	<b>335</b>
<b>ACKNOWLEDGMENTS</b>	<b>357</b>
<b>INDEX</b>	<b>361</b>