

Contents

<i>Preface</i>	ix
CHAPTER ONE Introduction	1
CHAPTER TWO Setting Up the Theory	23
CHAPTER THREE The Theory	51
CHAPTER FOUR Extensions of the Theory	93
CHAPTER FIVE Counterarguments	127
CHAPTER SIX Placing the Theory in the IR Theory Landscape	148
CHAPTER SEVEN Evaluating the Theory from Within	172
CHAPTER EIGHT Evaluating the Theory—Important Cases and Useful Comparisons	206
CHAPTER NINE Applying the Theory to Arms Races; Testing It with Counterfactuals	228
CHAPTER TEN Summary and Policy Implications	269
<i>Bibliography</i>	283
<i>Index</i>	305