TABLE OF CONTENTS

List of Tables and Figures	v
Foreword	x
CHAPTER 1: THE FARMING LANDSCAPE OF EARLY MEDIEVAL IRELAND By Finbar McCormick, Aidan O'Sullivan and Thomas R. Kerr	1
Introduction	
Fields and the Organisation of the Farming Landscape	2
Fencing	
Enclosure as an Indicator of Arable Land	3
Archaeological Evidence for Field Boundaries and Enclosures	
Fields at Raths/Ringforts/Cashels Fields at Settlements with Attached Enclosures	
Fields and Enclosures: Conclusions	
Tools and Tillage	
Plough and Harrow	
Hand Tools	
Cereal Production and Processing	
Introduction	
Grain Processing	
Cereal-drying Kilns	
The Location of Kilns	
Kilns and Associated Features	
Mills and Milling	
Early Medieval Horizontal and Vertical Mills	
Livestock Farming	37
Conclusion	38
CHAPTER 2: THE PLANT REMAINS FROM EARLY MEDIEVAL IRELAND by Meriel McClatchie	39
Introduction	39
Research Background	39
Methodology	40
Selection of Sites	
Recording of Data	40
Sites Analysed	
Analyses	
Relative Occurrence of Different Cereal Types	
Relative Dominance of Cereal Types	44
Relative Occurrence of Non-Cereal Crops and Wild Plants	
Discussion	
Overview	
Cereals	
Non-Cereal Crops: Flax and Legumes	
Potentially Managed and Wild Plants Future Potential and Conclusions	
Future Fotential and Conclusions	49
CHAPTER 3: THE ANIMAL REMAINS FROM EARLY MEDIEVAL IRELANDby Thomas R. Kerr	61
Literature Background	61
Zooarchaeological Background	
Archaeological Record	

(1) Do the faunal remains indicate a change in the composition of the farming economy in In early medieval period?	
(2) Do the faunal remains indicate a regional pattern in the farming economy in Ireland during t	he early medieval
period?	
(3) Do the faunal remains indicate a change in the size of domesticates in Ireland during the	
period?	
(4) Can the age/death pattern of the cattle bones be related to changes in farming practice?	
(5) Can the age/death pattern of the sheep bones be related to changes in farming practice?	
Discussion	

APPENDIX 1: PLANT REMAINS GAZETTEER	101
by Meriel McClatchie	

APPENDIX 2: ANIMAL REMAINS GAZETTEER	305
by Thomas R. Kerr	

BIBLIOGRAPHY	1	66	6
--------------	---	----	---