INTRODUCTION

The Range, Nature, and Study of	LIVING	THINGS					
§ 1. The origin and aim of this book § 2. What do we mean by life? § 3. The limitation of life in space. § 4. Is there extra-terrestrial life?. § 5. The subjective side of life.	3 4 6 8	§ 6. A preliminary view of living forms	IO II				
	BOOK	\mathcal{C} I					
THE LIVING BODY							
CHAPTER I. THE BODY IS A MACI	HINE						
§ 1. The fundamental routine of two living creatures		§ 2. Why we call these bodies machines	21				
CHAPTER II. THE COMPLEX BODY	-Machin	NE AND HOW IT WORKS					
§ I. What every schoolboy knows about the body	24	§ 5. Breathing § 6. Kidneys and other exhaust or-	40				
§ 2. About cells; the lesser lives within our life	28	gans	43 47				
§ 3. Blood § 4. The course of the blood	33 35	§ 8. The continual struggle against infection and chill	58				
CHAPTER III. THE HARMONY AND	DIRECT	TION OF THE BODY-MACHINE					
§ 1. A study of adjustment § 2. Chemical messengers § 3. Man and Mouse as individuals . § 4. The controlling system	63 66 67 68	§ 5. Sensation and the senses § 6. The nervous mechanism and the brain	71 84				
CHAPTER IV. THE WEARING OUT OF THE MACHINE AND ITS REPRODUCTION							
§ 1. Age and decay	88	§ 4. Rhythm and birth § 5. Childhood, adolescence, and	96				
§ 2. Reproduction and fertilization. § 3. The growth and development of the Embryo	90 93	maturity	98				
the Embryo	93						
	BOOK	· II					
THE CHIEF	PATT	ERNS OF LIFE					
CHAPTER I. THE FIRST GREAT PH	YLUM:	Vertebrates					
§ 1. Classification	105 106	§ 3c. The more ancient class of Reptiles	113				
		§ 3D. The linking Amphibians .	114				
Phylum § 3A. Mammals	109	§ 3E. Fishes	115				
§ 3B. Birds	112	graded antiques § 3G. Semi-vertebrates	117				

CHAPTER II. THE SECOND GREAT PHYLUS	M: Arthropods	
§ 1. A contrast of Arthropod and Vertebrate	§ 3B. Spiders, Mites, and Scorpions § 3C. Insects § 3D. Centipedes and Millipedes . § 3E. Peripatus	126 126 126 128
CHAPTER III. FURTHER PATTERNS OF IND	DIVIDUALIZED ANIMAL LIFE	
§ 1. Other animal Phyla 130 § 2. The Molluscs 130 § 3. Echinoderms; nature's pentagonal experiment 134	§ 5. Roundworms	137 138 140 142
CHAPTER IV. Less Individualized Anima	ıls	
§ 1. A preliminary note on individuality	§ 3. Polyps, Jelly-fish, Sea-Anemones, Corals	
CHAPTER V. VEGETABLE LIFE		
§ 1. Stems, Leaves, and Roots . 154 § 2. Individuality in plants . 157 § 3. Flowers and seeds 158		162 162
CHAPTER VI. THE LOWLY AND MINUTE		
§ 1. Amæba	§ 5. Lichens	176 178 181 185
CHAPTER VII. Is our Knowledge of the	HE FORMS OF LIFE COMPLETE?	
§ 1. Sea-serpents and living Dinosaurs 187		
BOOK	III	
THE INCONTROVERTIBLE		
CHAPTER I. THE FACT TO BE PROVED		
§ 1. Evolution and creation 191	\S 2. The nature of the proof	192
CHAPTER II. THE EVIDENCE OF THE ROCK	KS	
§ 1. The nature and scale of the record of the rocks 194 § 2. Defects and happy finds in the record 199 vi	§ 4. The continuity of evolution as shown by Sea-urchins	202 210 211
Y 4		

CHAI	PTER I	III.	THE I	Evidence	FROM	PLANT	AND	Animal Structure	
§ 1.	Structu invisibl		plans,	visible · ·	and	216		Vestiges: the evidence of the useless	220 222
CHA	PTER 1 Things		Тне	Evidence	E FRO	м тне	Vari	AATION AND DISTRIBUTION OF LIV	VING
				living th		228 230			236 244
CHA	PTER Y	V. 7	Гне Е	VOLUTION	of N	MAN.			
	Man: mal; a Fossil n	a Prir	nate	te; a M		²⁴⁷ ₂₅₀			253 255
					i	воок	IV		
TH	E HO	W A	ND I	THE W	HY (OF DE	EVEL	OPMENT AND EVOLUTIO	ΟN
CHAI	PTER 1	І. Т	не Ess	SENCE OF	THE	Contro	VERSI	ES ABOUT EVOLUTION	
§ 1.	The ch	nief tl	heories	of evolu	ition	26 r	§ 2.	Method of treatment	265
CHA	PTER 1	II. I	How I	NDIVIDUA	als O	RIGINATE	S		
§ 2. § 3. § 4.	Sexless method Sex is a duction The Ga Some e	repro l . a con a . amete vasion	oductio mplicat es, or r ns and	ontaneou n the orig ion of re narrying replacem	epro- cells	267 268 271 272 274	§ 7. § 8.	A note on the regeneration of lost parts	275 277 278 280
CHAI	PTER I	III.	Тне 1	MECHANI	SM OF	Inheri	FANCE	3	
§ 2.	How th	ne Ga	metes	tiply . are form 	ed .	283		What the Chromosomes are for Chromosomes in plants	284 286
CHAI	PTER I	IV.	THE A	ВСо	f Gen	ETICS			
§ 2. § 3. § 4. § 5.	The di Mendel Mendel heredity Numeri laws Genes human Colour example	iscove l . l's tw y . ical and chara Gene e of	eries of control of co	of the Anary law of Men ceffects a merica a laple app	Abbé	287 290 291 296 297	§ 10 § 11	Plant breeding—some practical applications. Is inbreeding evil? Reversion to ancestral type. How much of inheritance is Mendelian?. Some common superstitions	300 303 304 307 308 310
									vii

CHAPTER V. THE GROWTH OF THE	E INDIVI	DUAL		
 § 1. Normal and monstrous development	314 316 319 321 323	§ 7·	The limitation and control of growth	326 330 335
CHAPTER VI. WHAT DETERMINES S	Sex		•	
 § 1. The normal causation of sex. § 2. The proportion of the sexes. § 3. Can we control the sex of our children? § 4. Sex-linked inheritance and sex-detectors 	337 338 340 341	§ 6. § 7.	Gynanders	343 344 346 346
CHAPTER VII. VARIATION OF SPEC	CIES			
 § 1. The open questions of variation § 2. Mutation: the experimenting of the germ-plasm § 3. Are there forward bounds in mutation? 	350 350	§ 5. § 6.	Are acquired characters inherited?	353 360 361
CHAPTER VIII. SELECTION IN EVO	352 LUTION	§ 7. § 8.	The significance of sex Variations in plants	362 363
 § 1. The vindication of Darwinism § 2. Natural selection as a conservative force § 3. Natural selection under changing conditions 	364 367 369	§ 5. § 6.	Selection of characters useless to the species	372 373 375 377
CHAPTER IX. Is THERE A MYSTICA	AL EVOL	UTIO	NARY URGE?	
§ 1. Straight-line Evolution § 2. Do races become senile?	380 382		The élan vital and the life force Is there purpose in evolution?	384 385
	ВООК	V		
THE HISTORY AN	ND AD	VEN	TURES OF LIFE	
CHAPTER I. THE PROLOGUE				
§ 1. The scale of the Universe	391 393		The origin of life Changes in the terrestrial scenery	394 396
CHAPTER II. LIFE BEFORE FOSSILS				
§ 1. The carliest life § 2. Union is strength: the building of the plant-body § 3. Marthas and Marys among cells: the origin of the higher animals	401 401 404	§ 4. § 5.	The first brains Blood as a step in evolution: the cœlomates appear	402

CHAPTER III. THE ERA OF CRAWI	LING AND S	WIMMING: EVOLUTION IN THE WA	TER			
§ 1. The opening eras: the Archeozoic and the Proterozoic. § 2. The age of ancient life: the Paleozoic. § 3. The Cambrian period: Age of Trilobites	410 § 5 412 § 6 § 7	The age of the Sea-scorpions. Echinoderms: a Phylum which has never produced land forms. The ancient history of Molluscs. The earliest fish	415 416 418 422			
CHAPTER IV. LIFE CONQUERS THE § 1. The desert land of the early world § 2. The curious history of the landplant and its seed § 3. The plants of the ancient world CHAPTER V. THE FULL CONQUEST § 1. The reptilian adventurers § 2. A digression upon adaptive radiation § 3. The "back-to-the-water" movement	426 § 6 426 § 6 434 § 7 OF THE LA 447 § 4 450 § 6	Coal	436 437 442 444 453 457 461			
CHAPTER VI. THE MODERN ERA § 1. Modern life § 2. The troubled earth of Cenozoic times	468 § 3	dwarfs	465 470 475 477			
S I. Why we say "man dawns". § 2. The remote ancestors of man. § 3. A short history of Pleistocene and recent climate	481 § 4 481 § 5	Traces of man before and in the Pleistocene period				
BOOK VI THE SPECTACLE OF LIFE CHAPTER I. Habitats § 1. Ways and worlds of life						
§ 2. The surface life of the sea .	508 § 5 512 § 6 517 § 7 523	5. Seashore life	5 ² 4 5 ² 7 5 ² 9			

BOOK VIII

BEHAVIOUR, FEELING, AND THOUGHT

CHAPTER I. RUDIMENTS OF BEHAVI	OUR		
§ 1. The three elements of behaviour § 2. Receptivity § 3. Response	664 670 § 7	. Instinctive and intelligent behaviour	680 683 686
CHAPTER II. How Insects and O			
§ 1. The arthropod mind as the culmination of instinct § 2. An anatomy of instinct § 3. Solitary wasps § 4. Insect societies	689 § 6 691 § 7 695 § 8 697	Ways of life among ants	701 705 707 709
CHAPTER III. THE EVOLUTION OF	Behaviour	IN VERTEBRATES	
§ 1. The vertebrate nervous system § 2. The mind of a fish § 3. The amphibian mind § 4. The brain in reptile, bird, and mammal § 5. Courtship in animals	726 728 § 7 § 8	The evolution of mammalian intelligence	742 747 749 753
CHAPTER IV. Consciousness			
§ 1. Objective and subjective . § 2. Is consciousness passive or active?	760 § 3. 761 § 4.	What is the range of consciousness?	761 763
CHAPTER V. THE CULMINATING BE	RAIN		
\S 1. The expansion of the cortex .	764		
CHAPTER VI. THE CORTEX AT WO)RK		
§ 1. Pavlov	770 § 6. 773 § 7.	Boredom, alertness, and sleep. The dog hypnotized.	780 780 783 785
CHAPTER VII. Human Behaviour	AND THE H	UMAN MIND	
§ 1. Human behaviourism	790 § 6 793 § 16 794 § 11 795 § 13	3. Exaltation	801 804 805 806 807 811 814 821

CHAPTER III. LIFE IN FRESH WAT	ER AND	ON LAND				
§ 1. Fresh-water life	531 534 537 539 540	§ 6. The tropical forest § 7. Regions of rock, snow, and ice § 8. Island-dwellers § 9. Cave-dwellers § 10. Out-of-the-way modes of life .	544 547 550 551 553			
CHAPTER IV. SOME SPECIAL ASPE	CTS OF L	IFE				
§ 1. Partnership and parasitism . § 2. The scale of living things .	555 562	§ 3. Colour and pattern in life .	568			
CHAPTER V. THE SCIENCE OF ECO	LOGY					
 § 1. Ecology is biological economics § 2. The chemical wheel of life . § 3. The parallelism and variety of life-communities 	578	 § 4. The growth and development of life-communities. § 5. The grading of life-communities § 6. Food-chains and parasite-chains § 7. Storms of breeding and death. 	584 589 593 597			
CHAPTER VI. LIFE UNDER CONTRO	OL					
§ 1. The balance of nature § 2. Pests and their biological control		§ 3. The beginnings of applied biology	612			
BOOK VII HEALTH AND DISEASE						
CHAPTER I. INFECTIOUS AND CONT	agious I	DISEASE				
§ 1. Is man particularly unhealthy? § 2. Microbes § 3. Insects as microbe-carriers .	621 622 625	§ 4. Immunity § 5. Avoiding and killing microbes	630 631			
CHAPTER II. THE NOURISHMENT OF THE BODY						
§ 1. Mr. Everyman at table § 2. The six vitamins	634 636	§ 3. Some possible poisons § 4. Drugs, their uses and dangers .	639 642			
CHAPTER III. Fresh Air and Sun	NLIGHT					
§ 1. Town air and country air . § 2. The air of a stuffy room	646 648	§ 3. Sunlight as a tonic	65 r			
CHAPTER IV. THE PRESENT HEAD	тн ог <i>Н</i>	OMO SAPIENS				
§ 1. The control of epidemic diseases § 2. The heart and the lungs § 3. Cancer	653 653 655	§ 4. Tuberculosis	6 ₅ 7			

CHAPTER VIII. MODERN IDEAS OF	Conduc	TT .				
§ 1. The conduct of life § 2. What is the self we conduct? . § 3. The primary biological duties . § 4. Of self-knowledge and moods .	827 827 827 830 831	§ 5. Candour § 6. Restraint and poise	_{Вз} 83; 83;			
CHAPTER IX. BORDERLAND SCIENCE	E AND	THE QUESTION OF PERSONAL SURVIVA	L			
 § 1. The theory of body-soul-spirit § 2. Dream anticipation and telepathy § 3. Clairvoyance, table-tapping, and telekinesis 	8 ₃₉ 8 ₄₀ 8 ₄₂	§ 5. Mythology of the future life . § 6. The survival of the personality	84! 85:			
BOOK IX						
BIOLOGY OF THE HUMAN RACE						
CHAPTER I. PECULIARITIES OF THE	Species	Homo Sapiens				
§ 1. Fire, tools, speech, and economics	857	§ 4. The development of human	86g 86g			
CHAPTER II. THE PRESENT PHASE	ог Ним	AN ASSOCIATION				
§ 1. The religious tradition § 2. The passing of traditionalism . § 3. The supersession of war § 4. The change in the nature of	866 870 871	§ 6. The superfluous energy of man § 7. The possibility of one collective human mind and will	873 876 877			
education	872		878			
INDEX			ΩΩ.			