

Contents

Acknowledgements	7
Contents	9
Foreword	11
1 Introduction	13
1.1 An Overview	16
1.2 The Path is the Question.....	18
1.3 Clarification on Process and Terminology.....	20
2 (Re)search Methodology	25
2.1 Why Transrational Peace Research?	26
2.2 A Definition of Transrational Peace Research.....	28
2.3 Tool One: Autobiographical Embodied Writing.....	35
2.4 Tool Two: Flow Inquiry.....	36
2.5 Tool Three: Literature Review	39
3 Conceptual Considerations	45
3.1 The Art of Living Sideways	46
3.2 The Aesthetics of Transrational Peace Philosophy	50
4 Kabul, Peace & Skateboarding	55
4.1 Skateistan: Sharing the Stoke.....	55
4.2 I Used to Harness the Power of Skateboarding for Peace.....	58
4.3 Finding my Stance between War and Non-War.....	61

4.4	Plank-Pushing in Afghanistan	65
4.5	Sport for Development & Peace: A Space for Peace Work?	69
5	Medicine for the Soul	79
5.1	Skating to Escaping Cycles of Despair: A Discovery	79
5.2	The Magical Gifts of Living Sideways	82
5.3	On Being 'Stoked' from Skateboarding	87
5.4	Humanistic Roots, Embodiment and Transformation	90
5.5	Thoughts on Working with Peace in the Early 21 st Century	96
6	Epilogue	103
	References	107
	Appendix	117