TABLE OF CONTENTS

I. Test Anxiety Theory and Research	1
 Test anxiety: An overview of theory and research. Ralf Schwarzer, Henk M. van der Ploeg and Charles D. Spielberger Towards a process analysis of test anxiety: Some theoretical and methodological observations. 	3
 and methodological observations. Peter Becker 3. Theoretical and empirical analyses of test anxiety from an ecopsychological perspective. 	11
Frank Stein, Manfred Fischer and Egon Stephan 4. Determinants of test anxiety and helplessness.	19
Christine Schwarzer and Miriam Cherkes-Julkowski 5. Two concepts of fear of failure motivation.	33
Heinz-Dieter Schmalt	45
II. Worry and emotionality as components of test anxiety	53
 6. The relationship of worry and emotionality to performance in Dutch school children. Henk M. van der Ploeg 7. A longitudinal study of worry and emotionality in German secondary school children. Ralf Schwarzer, Matthias Jerusalem and Bernward Lange 	55 67
III. Test anxiety in school settings	83
8. A brief review of test anxiety in West German schools.Rosemarie Bowler9. Test anxiety with respect to school reference groups.	85
Ralf Schwarzer and Christine Schwarzer 10. Social comparison and emotional reactions in the classroom.	95
Miriam Cherkes-Julkowski, Jo Groebel and Hartmut Kuffner 11. Diagnostic sensitivity of teachers and parents with respect to the test anxiety of students.	105
Andreas Helmke and Helmut Fend	115

IV.	Reducing test anxiety in educational and clinical settings	129
	12. Reducing anxiety in classroom settings: Some theoretical observations.	
	Falko Rheinberg	131
	13. Achievement anxiety, performance and behavioral instruction: A cost/benefits analysis.	
	Martin V. Covington and Carol L. Omelich	139
	14. From test anxiety research to treatment: Some critical considerations and propositions.	
	Eric Depreeuw	155