

## Table of Contents

Introduction	...	...	...	...	...	...	11
<b>1</b> Psychotherapy and Social Change	...	...	...	...	...	...	17
The Psychiatrist's Healing Role							
A Social Psychiatric Model							
The Psychiatrist's Outlook							
Psychiatric Treatment in an Oppressive Environment							
The Political Nature of Psychiatric Practice							
<b>2</b> Psychotherapy: Individual, Family, and Group	...	...	...	...	...	...	39
The Patient and His Environment							
Psychiatric Intervention in Small Social Systems							
Psychiatric Intervention in Large Social Systems							
Improving Psychotherapy							
Family Therapy							
Group Therapies							
<b>3</b> Politics of Symptoms	...	...	...	...	...	...	67
The Social Meaning of Symptoms							
The Repressive Use of Drugs							
Behavior Therapy							
<b>4</b> Community Psychiatry	...	...	...	...	...	...	85
Goals of Community Psychiatry							
The Radical Psychiatrist							
The Conservative Psychiatrist							
A Middle Position							
Clarifying the Meaning of Community Psychiatry							

<b>5</b>	The Uses of Abnormality	...	...	...	...	99
	The Oppression of a Label					
	The Justification of Oppression					
	The Homosexual					
	Oppression of Women					
	The Poor and the Black					
	The Elderly					
	A Further Note on the Use of Psychiatric Pronouncements					
<b>6</b>	Privacy and Social Control	...	...	...	...	119
	“Double Agent” Problems					
	Requests for Information					
	Psychological Testing					
	The Uses of Research					
<b>7</b>	The Power of the Psychiatric Excuse	...	...	...	...	135
	Some Personal Experiences with Excuse-Giving in a Small Social System					
	Therapeutic Abortion					
	Criminal Responsibility					
	Psychiatry and the Draft					
	A Concluding Note on Psychiatric Excuses					
<b>8</b>	Psychiatry and Individual Freedom	...	...	...	...	157
	Social Control of Violence					
	Social Control of Self-Destructiveness					
	Current Practices					
	Some Directions for Reform					
	Specialized Commitments					
<b>9</b>	The Need for Vision	...	...	...	...	175
	The Challenge of Technology					
	Social Reform in a Technological Society					
	The New Technologies					
	The Futurists					
	Current Reform					
	The Psychiatrist’s Role in Social Reform					

<b>10</b>	The Human Condition	...	...	...	...	203
	Intimacy					
	Influence					
	Freedom					
	Openness					
	Action					
	The Search for Meaning					
	Privacy					
	Hope					
	Stability					
	Nonviolence					
<b>11</b>	The Future of Psychiatry	...	...	...	...	237
	Reform and the Establishment					
	Immediate Social Reform					
	Self-Reform					
	A Final Note					
	References	...	...	...	...	255