## **CONTENTS**

Preface	x
Acknowledgments	xii
Contributors	×
Part I. Sociology and Psychotherapy	1
INTRODUCTION	3
Chapter 1. Ideologies and Utopias of Psychotherapy by Pauline B. Bart	9
AMERICAN PSYCHIATRY: FROM MORAL MANAGEMENT	
TO THE CLASSLESS CLINIC	9
PSYCHOTHERAPEUTIC PESSIMISM: FREUD	11
PSYCHOTHERAPEUTIC QUIETISM: IT'S WHAT'S INSIDE	
THAT COUNTS	13
PSYCHOTHERAPEUTIC ACTIVISM: YES, VIRGINIA, THERE	v
IS A SOCIAL STRUCTURE	18
PSYCHOTHERAPEUTIC POPULISM: PSYCHOTHERAPY AS	
A FORM OF RECREATION AND A SOCIAL MOVEMENT	22
THE NEW THERAPIES	27
SOVIET PSYCHOTHERAPY: A TEST OF THE SOCIOLOGY	·
OF KNOWLEDGE	43
CONCLUSION	48
REFERENCES	55
Chapter 2. Social Factors and Working Through by Berton M. Kaplan	58
LEIGHTON'S DEFINITION OF INTEGRATION-	
DISINTEGRATION	<b>5</b> 9

,	viii	Contents

THE CONCEPT OF INTEGRATION-DISINTEGRATION	
REEXAMINED	61
INDIVIDUAL VIEW: THE PROBLEM OF WORKING	
THROUGH	71
WORKING THROUGH AND SOCIAL SYSTEM SKILLS	75
CONCLUSION	80
REFERENCES	8 <i>1</i>
Chapter 3. Peer Self-Help Psychotherapy Groups: Psychotherapy Without Psychotherapists by Nathan Hurvitz	84
TYPES OF SELF-HELP PROGRAMS	85
PEER SELF-HELP PSYCHOTHERAPY GROUPS: PROS AND	·
CONS	89
THE RELIGIOUS SOURCES OF PSHPG'S	96
THE SECULAR SOURCES OF PSHPG'S	100
THE METHOD OF INVESTIGATION	107
SIMILARITIES AND DIFFERENCES BETWEEN	
conventional psychotherapy and PSHPG's	110
THE PSHPG MODEL AND SOME PROPOSITIONS ABOUT	
PSYCHOTHERAPY	120
THE IMPLICATION OF PSHPG'S FOR PSYCHOTHERAPY	
AND SOCIETY	124
REFERENCES	132
Part II. Sociologists and Psychotherapists	139
INTRODUCTION	141
Chapter 4. The Psychotherapist in Community Mental	
Health	148
by Paul R. Dommermuth and Rue Bucher	
THE RESPONSE OF TRADITIONAL PROGRAMS	153
ALTERNATIVES TO THE TRADITIONAL MODEL	155
THE ELABORATED OR SUBSPECIALTY ALTERNATIVE	158
SOME POSSIBLE OUTCOMES	159
REFERENCES	162
Chapter 5. Therapeutic Sociology in a Mental Health	
Service	164
by Charles W. Tucker	
PERSPECTIVE, METHODS, AND BACKGROUND	165

Contents			
THE SOCIOLOGIST'S ACTIVITIES	169		
SOME CONSEQUENCES REGARDING THERAPEUTIC			
ACTIVITIES	183		
SUMMARY AND CONCLUSIONS	188		
REFERENCES	190		
Chapter 6. What Troubles the Trouble Shooters by Arlene Kaplan Daniels			
FINDINGS: GENERAL THEMES OF COMPLAINTS	198		
ANALYSIS OF INFORMANT RESPONSES FOR THE TOTAL	-90		
SAMPLE POPULATION	206		
ANALYSIS OF DIFFERING RESPONSES BETWEEN			
SUBPOPULATIONS IN THE SAMPLE	208		
CONCLUSIONS	209		
APPENDIX—SENTENCE-COMPLETION LIST	2 <i>11</i>		
TABLES	212		
REFERENCES	214		
Chapter 7. Indigenous Non-professionals in Community			
Mental Health: Boon or Boondoggle? by George Ritzer	215		
REFERENCES	233		
Chapter 8. The Indigenous Mental Health Worker:			
The Cure-All For What Ailment? by Gary L. Albrecht	235		
THE INTERNATIONAL HEALTH CARE CRISIS	236		
CONCEPTUAL BASIS OF THE INDIGENOUS WORKER			
MOVEMENT	24I		
CONFUSION OVER GOALS	243		
References	250		
Index	257		