

Contents

Introduction <i>Edna B. Foa and Alan Goldstein</i>	1
1 Behavioral Analysis and Therapeutic Strategy <i>Joseph Wolpe</i>	7
• BEHAVIORAL TECHNIQUES	
2 Systematic Desensitization <i>Edna B. Foa, Gail S. Steketee, and L. Michael Ascher</i>	38
3 Implementing the Technique of Implosive Therapy <i>Donald J. Levis</i>	92
4 Covert Conditioning in Clinical Practice <i>Joseph R. Cautela and Carol Carberry Wall</i>	152
5 Biofeedback Techniques in Psychosomatic Disorders <i>Thomas H. Budzynski, Johann M. Stoyva, and Kirk E. Peffer</i>	186
6 Paradoxical Intention <i>L. Michael Ascher</i>	266

• BEHAVIORAL INTERVENTION IN SPECIFIC ADULT NEUROTIC PATTERNS	
7 The Treatment of Agoraphobia	322
<i>Dianne Chambless and Alan Goldstein</i>	
8 The Treatment of Obsessive-Compulsive Neurosis	416
<i>Edna B. Foa and Arnd Tillmanns</i>	
9 The Treatment of Communication Problems with Assertiveness Training	501
<i>Iris Goldstein Fodor</i>	
10 The Behavioral Treatment of Sexual Deviation	604
<i>Kelly D. Brownell and David H. Barlow</i>	
11 The Treatment of Stuttering	673
<i>David Burns and John Paul Brady</i>	
AUTHOR INDEX	723
SUBJECT INDEX	731