CONTENTS

Assertion Training: A General Overview
John V. Flowers, John M. Whiteley, and Cynthia G.
Cooper 1

ASSERTION TRAINING 15

A Procedural Model for the Training of Assertive Behavior Curtis D. Booraem and John V. Flowers 15 Assertive Training: Rationales, Procedures, and Controversies

Spencer A. Rathus 48

Assertion Training: A Road Leading Where?
Sherwin B. Cotler 84

Cognitive-Behavioral Assertion Training Procedures
Arthur J. Lange, David C. Rimm, and Janet
Loxley 101

Assertion Training: Acquiring Interpersonal Skills
Milton Wolpin 111

2 APPLICATIONS TO SPECIAL PROBLEMS AND POPULATIONS 119

Assertion Training with Suicidal and Depressed Clients
Bruce J. Tapper 119

A Cognitive / Behavioral Approach to	Modifying	Assertive
Behavior in Women		

Janet L. Wolfe and Iris G. Fodor 141

Sexuality Assertiveness Training: A Workshop for Women Noel R. Carlson and Diane A. Johnson 159

A Program of Sexual Assertiveness Training for Women Nechama Liss-Levinson, Emily Coleman, and Laura Brown 172

Assertion Training for Job Interviews

Thomas V. McGovern, Diane J. Tinsley, Nechama Liss-Levinson, Rene O. Laventure, and Ginny Britton 183

Assertiveness and the Elderly

Nan Corby 191

Assertion Training as an Entry Strategy for Consultation with School Administrators

B. L. Smith 198

Short Term Group Assertion Training with Token Feedback as an Adjunct to Ongoing Group Psychotherapy Terry Paulson 208

3 ASSESSMENT IN TRAINING 217

The Assessment of Assertion Training: Past, Present, and Future Trends

Gary E. Bodner, Curtis D. Booraem, and John V. Flowers 217

Assessment Procedures in Assertion Training
Patricia Ann Jakubowski and Patricia B. Lacks 231
Training Assertion Trainers: A Systematic, Sequential
Program

Rita M. Whiteley, Arthur J. Lange, Jr., and John V. Flowers 244

Index 262