## Contents

	Foreword	v
	Preface	ix
	PART ONE PURPOSES: AN OVERVIEW OF CONCEPTS AND PROCEDURES	1
1	THE GROUP: JOY ON THURSDAY Newsweek	5
2	PURPOSE AND PROCESS IN GROUPS Herbert A. Thelen	13
3	Using Group Procedures to Improve Human Relations in the School Social System Alan R. Anderson and Donald L. Johnson	17
4	GROUP DISCUSSION AND GROUP COUNSELING APPLIED TO STUDENT PROBLEM SOLVING Bernard C. Kinnick	29
5	LABORATORY TRAINING AND ENCOUNTER GROUPS William B. Eddy and Bernard Lubin	39
6	WHAT IS SENSITIVITY TRAINING? Charles Seashore	55
7	ON BEING IN A GROUP: ANOTHER STEP IN BECOMING Gerald E. Osborne, Richard C. Diedrich, and H. Allan Dye	60
	PART TWO PROCESSES: GROUP LEADERSHIP, MEMBER- SHIP, AND DEVELOPMENT	65
	Group Leadership	
8	A Description of the Group-Centered Leader Thomas Gordon	71
9	LIMITATIONS, FANTASIES, AND SECURITY OPERATIONS OF BEGINNING GROUP PSYCHOTHERAPISTS Meyer Williams	102

10	An Inventory of Trainer Interventions William G. Dyer	115
11	Some Considerations for School Counselors Who Work with Groups $H.$ Allan $Dye$	120
	Group Membership	
12	Observation Guide: On Seeing, Hearing, and Feeling Oron P. South	127
13	Pressures Toward Conformity in Group Counseling Warren C. Bonney	144
14	THERAPEUTIC INTERACTION IN ADULT THERAPY GROUPS Ernest E. Andrews	151
15	The Self-Directed Therapeutic Group: Three Studies Betty Berzon and Lawrence N. Solomon	171
	Group Process and Development	
16	THE PROCESS OF THE BASIC ENCOUNTER GROUP Carl R. Rogers	185
17	An Experiential Approach to Group Therapy Eugene T. Gendlin and John Beebe, III	212
18	A DEVELOPMENTAL MODEL FOR COUNSELING GROUPS Walter J. Foley and Warren C. Bonney	228
19	Developmental Sequence in Small Groups $Bruce W$ . $Tuckman$	236
	PART THREE APPLICATIONS: ILLUSTRATIVE STUDIES AND DESCRIPTIONS	265
20	A TIME FOR FEELINGS Joann Anderson and Wesley I. Schmidt	269
21	GROUP COUNSELING WITH CHILDREN: A COGNITIVE-BEHAVIORAL APPROACH G. Roy Mayer, Terrence M. Rohen, and A. Dan Whitley	278
22	MILIEU GROUP COUNSELING IN ELEMENTARY SCHOOL GUID- ANCE G. Edward Stormer	292

23	A PUBLIC HIGH SCHOOL Burl E. Gilliland	303
24	GROUP COUNSELING FOR GIFTED UNDERACHIEVING HIGH SCHOOL STUDENTS Ben C. Finney and Elizabeth Van Dalsem	314
25	EVALUATION OF DEVELOPMENTAL COUNSELING WITH GROUPS OF LOW ACHIEVERS IN A HIGH SCHOOL SETTING Ronald L. Benson and Don H. Blocher	330
26	Transitional Adolescents, Anxiety, and Group Counseling Barton E. Clements	339
27	GROUP COUNSELING WITH MALE UNDERACHIEVING COLLEGE VOLUNTEERS Stuart H. Gilbreath	347
28	EVALUATION OF A GROUP COUNSELING PROCEDURE William Ofman	360
	PART FOUR OUTCOMES: RESEARCH AND EVALUATION	375
29	Some Conceptual and Research Problems in Group Counseling David G. Zimpfer	379
30	PROBLEMS IN THE DESIGN AND INTERPRETATION OF RESEARCH ON HUMAN RELATIONS TRAINING Roger Harrison	389
31	LABORATORY EDUCATION: RESEARCH RESULTS AND RESEARCH NEEDS John P. Campbell	404
32	A Comprehensive Appraisal of Group and Multiple Counseling Research George M. Gazda and Mary J. Larsen	422
33	GROUP COUNSELING Alan R. Anderson	436
	PART FIVE ETHICS: ISSUES, QUESTIONS, AND RECOMMENDATIONS	457
34	Some Ethical Issues in Sensitivity Training Martin Lakin	461

35	GROUP THERAPY: LET THE BUYER BEWARE Everett L. Shostrom	471
36	Confrontation Groups: Hula Hoops? Lawrence Beymer	478
37	PROFESSIONAL ISSUES IN GROUP WORK George M. Gazda, Jack A. Duncan, and P. J. Sisson	492
38	Innovative Group Techniques: Handle with Care Edward A. Dreyfus and Elva Kremenliev	502
39	THE RESPONSIBILITY OF THE GROUP PSYCHOTHERAPY PRACTITIONER FOR A THERAPEUTIC RATIONALE Max Rosenbaum	509
40	STANDARDS FOR THE USE OF LABORATORY METHOD NTL Institute for Applied Behavioral Science	520
	Index	529