
Contents

Contributors	xv
Acknowledgments	xvii
PART ONE	1
<hr/>	
1 • The Birth of Psychotheatrics	3
Introduction	3
How the Concept of Spectator Began	3
Playwright's Source	5
The First Environmental Experience	7
Conclusion	8
2 • Complements of Psychotheatrics	9
Birth Versus Origins	9
The First Step	11
Mind and Body	12
Perception and Knowledge	13
Cause and Effect	14
Content and Structure	15
Our Search for the Answers	16
Our Choice of Beliefs	17
The Promise of Possibilities	18
On Becoming	19
Conclusion	20

PART TWO	23
3 • An Overview	25
The Role of Facilitator	27
The Essential Stages of the PT Process	28
The Biography and Discussion Stage	28
The Action Stage	28
The Coalescence Stage	30
Summary	30
4 • The Qualities of Psychotheatrics	32
There Is No One Answer	32
Thought → Will → Action	34
Producer–Director–Creator	36
The Producer	36
The Director	36
The Creator	37
Transformation	38
The Transformation Personality Role	38
5 • The Playwright Process	41
A Model for Presentation	42
Two Case Histories	44
The Dancer	44
Biography and Discussion	44
Writing the Situation	47
The Vampire Victim	49
Biography and Discussion	50
Writing the Situation	53
Coalescence	53
Alternate Models	55
6 • Spectator Psychotheatrics	57
An Introduction to Spectator PT	57
Biography and Discussion in Spectator PT	58

Spectator's Action Stage	59
The Coalescence Stage in Spectator	61
Three Case Histories	61
The Enticer	61
The Pushover	71
The Hidden Man	73
Variations of Spectator	77
7 • The Techniques of Playwright and Spectator	80
The PT Players: A Definition	80
Two Major Categories of Techniques	80
Inside Techniques	80
Outside Techniques	84
Technique Modifications	88
The Variables of Time and Space	88
In the Absence of a PT Facilitator	89
8 • The Use of Environmental PT	90
A Three-Stage Process	90
Biography and Discussion Stage	90
The Action Stage	93
Participation in the EAS	93
Environmental Coalescence	95
The Unlimited Variations of Environmental PT	95
PART THREE	99
<hr/>	
9 • A Therapy Model	101
Psychotheatrics as a Psychotherapeutic Tool	101
Selecting the Optimal Element	101
Preparing the Client	104
PT's Value in Therapeutic Crises	104
Introducing the Playwright Action Phase	106
The Main Therapy Playwright Form	106
Coalescence in Therapy	108
A Case History: The Vacillator	109

Dealing with Client Resistance	115
Modifications of the Model	115
How to Use Spectator in Therapy	116
Facilitating the Spectator Group	116
A Case History: The Magnet	117
The Environmental Process and Therapy	119
Conclusion	121
10 • An Education Model	122
The Playwright Form in the Educational Setting	124
Case Study: A Biology Lesson	125
The Educational Spectator Model	129
Workshop: Band-Aids and Laughing Gas	130
The Educational Impact of Environmental PT	131
11 • The Theater Model	133
Playwright as a Theatrical Implement	135
Suggested Forms for Use in the Theater	135
Theater Actor	135
Theater Director	135
Theater Playwright	136
Spectator PT for Theatrical Help	137
Two Modes of Procedure	138
Theater Director	138
Group of Actors	138
Environmental PT as a Theatrical Training Tool	138
Theater Director	138
Theater Actors	139
A Case History: The Virginia Woolf Experience	139
12 • An Awareness Model	146
Personalized Biography and Discussion	148
The Awareness Action Process	149
Variations of Awareness Action	149
A Spectator Model for Awareness	151
The Environmental Approach Toward Awareness	151

13 • Potpourri	153
The Family	153
Children Outside the Family Setting	155
Case Study: The Avoider	157
Addiction Problems	159
Two Case Histories	
The Bottomless Pit	160
The Slave	166
In an Organizational Setting	171
In Career Exploration	172
The Value of Fantasy	173
Conclusion	173
APPENDICES	175
Appendix A • Psychotheatrics Research	177
Appendix B • <i>Sweet Myra</i>	185
Appendix C • <i>Professor Meriadoc</i>	198
Bibliography	211
Index	213