

# TABLE OF CONTENTS

	Page
Preface	11
Acknowledgements	12
<b>I HISTORY</b>	
E. Florey: Franz Anton Mesmer: Scientist, Artist, Politician	17
<b>II EXPERIMENTAL HYPNOSIS</b>	
<b>Cognitive Aspects</b>	
R. Dewaraja, M. Ikezuki, and Y. Sasaki: Right Hemispheric Information Processing Speed and the Depth of Hypnosis: Evidence from Reaction Times to a Laterally Presented Visual Matching Test	47
R. Lundy: Hypnosis and the Ability to Ignore Distractions	53
J.W. Rhue and S.J. Lynn: Fantasy Proneness: The Effects of Context on Hallucination	57
<b>Physiological Aspects</b>	
V. De Pascalis: Sensory Suggestibility and Individual Differences in EEG-Alpha Variability	63
H.-J. Hautkappe and W. Bongartz: Heart Rate Variability as an Indicator for Post-Hypnotic Amnesia in Real and Simulating Subjects	75
E. Unterweger, J. Lamas, and W. Bongartz: Heart Rate Variability of High and Low Susceptible Subjects during the Administration of the Stanford Scale, Form C	85

## **Sequelae**

- J. Siuta: Hypnotic Aftereffects: Negative, Positive or None? 91
- S.J. Lynn, J.T. Brentar, B. Carlson, R. Kurzhals, and J. Gree: 99  
Controlled Research on Hypnotic Aftereffects:  
The Posthypnotic Experience Questionnaire

## **III THEORETICAL ASPECTS**

### **Clinical Considerations and Theoretical Hypnosis**

- J.F. Chaves: Hypnotic Analgesia: The Social-Psychological Perspective 109
- D. Revenstorf: Hypnosis: A Therapy without Theory 119

### **Non-hypnotic Suggestion**

- V.A. Gheorghiu and P. Kruse: Suggestion as a Cognitive Strategy 131
- H.G. Wallbott: Nonverbal Behavior and Suggestion 143
- L. Lundh: Placebo, Cognition, and Emotion 151

### **Recent Models**

- P. Kruse and V.A. Gheorghiu: Self-Organization Theory 161  
and Radical Constructivism: A New Concept  
for Understanding Hypnosis, Suggestion, and Suggestibility
- I. Kirsch: The Social Learning Theory of Hypnosis 173

## **IV HYPNOSIS IN PSYCHOTHERAPY**

### **Hypnosis as an Adjunct to Therapy**

#### **Hypnosis and Behavior Therapy**

- H.-C. Kossak: Behavior Therapy and Hypnosis: Methods of Self-Management 189

#### **Hypnosis and Psychoanalysis**

- N.E. Brink: Dealing with the Patient's Inner Power Struggle 201
- J.P. Zindel: How Can Hypnosis Enrich Psychoanalytic Therapy and Vice Versa? 207

#### **Ericksonian Hypnosis**

- W. Bongartz: Utilization of Life Experiences for Treatment of Functional Disorders 213
- D.H. Clayton: Treating Psychosomatic Disorders: Negotiating with the Unconscious 219
- M. Dormaar and J. Olthof: Individualized Metaphors in Hypnotherapy 227
- W. Gerl: The Multilingual Approach in Hypnotic Work 233
- S. Livnay: Intra and Interpersonal Functioning of the Therapist during Hypno-Analytic Treatment 241

### **Treatment of Specific Disorders**

#### **Hypnosis and Psychosomatic Disorders**

- B. Bongartz: Using Self-Hypnosis for Behavioral Change in the Treatment of Neurodermatitis 247
- B. Peter: A Case of Chronic Migraine 251
- C.-F. Schmidt: Hypnotic Suggestions and Imaginations in the Treatment of Colitis Ulcerosa 257

P.O. Wikström: Treating Tinnitus by Relaxation: Hypnotherapy and Music Hallucinations through Recorded Cassettes	261
 <b>Hypnosis and Sexual Disorders</b>	
H.B. Crasilneck: The Use of Hypnotherapy in the Treatment of Psychogenic Impotency	267
P.C. Misra: Psychosexual Hypnotherapy	275
 <b>Hypnosis in Addiction</b>	
G. Collot and M. Saina: Hypnosis and Alcoholism	279
W. Maden and J. Mackett: Group versus Individual Therapy for Treating Cigarette Addiction	285
J. Vanderlinden, W. Vandereycken, R. van Dyck, and O. Delacroix: Hypnotizability and Dissociation in a Group of Fifty Eating Disorder Patients: Preliminary Findings	291
K. Sedlak: Single Treatment Approach to Smoking Cessation	295
 <b>Hypnosis in Psychotic Disorders:</b>	
J. Murray-Jobsis: Hypnotherapy with Severely Disturbed Patients: Presentation of Case Studies	301
J.P. Zindel: Hypnosis in the Psychotherapy of Schizophrenic and Borderline Patients	309
 <b>Hypnosis and Dissociation Disorders</b>	
J.G. Watkins and H.H. Watkins: A Comparison of "Hidden Observers", Ego States and Multiple Personalities	315
R.P. Kluff: Dissociation and Subsequent Vulnerability and Revictimization: Implications for the Facilitation of Psychotherapy with Hypnosis	323

## V HYPNOSIS IN THE MEDICAL SETTING

### **Obstetrics and Gynecology**

- J. Lehembre: A Case of Polymenorrhea Treated by Hypnosis 339
- L. Zanotti: Giving Birth with Hypnosis: Ten Years of Experience  
in a Hospital Obstetrical Ward 343

### **Rehabilitation**

- L. Olivier: The Use of Hypnosis in Helping a Paraplegic Patient  
to Obtain a Psychic Orgasm: A Case Study 349
- M.J. Celinski: Hypnosis in Neurological Rehabilitation 357

### **Cancer**

- C. Simonton: Psychoneuroimmunology, the Mind, Counseling, and Cancer 363
- W. Lenk: Hypnotherapeutic Treatment of a Cancer Patient 367
- G. Campanella: Hypnosis and Cancer Pain 375

### **Pain and Surgery**

- F.J. Evans: Hypnosis and the Management of Clinical Pain 381
- H. Ebell: Can Hypnosis Play a Part in a Diversified,  
Comprehensive Therapeutic Concept for the Treatment of Cancer Related Pain? 393
- G. Matheson and J.M. Drever: Psychological Preparation  
of the Patient for Aesthetic Surgery 397
- E. Laurinaitis: The Use of Hypnosis in the Cardiosurgery Department 401

### **Motor Disorders**

- R. Kampman: New Aspects of the Dynamics of the  
Torticollis Spastica Syndrome 405

K. Hoogduin and R. Van Dyck: Open Trial with Patients with Conversion Paralysis: Results and Follow-up	411
<b>Fear of Medical Procedures</b>	
P.J. Friday and W.S. Kubal: Magnetic Resonance Imaging: Improved Patient Tolerance Utilizing Medical Hypnosis	419
I. Dafinoiu: Suggestive Psychotherapy in a Hemodialysis Center	423
<b>VI HYPNOSIS IN DENTISTRY</b>	
A. Schmierer: The Use of Relaxation Tapes in Dental Practice	431
B. Kenne, B. Fagerberg-Mohlin, and S. Sagne: Suggestion-Hypnosis in Symptomatic Treatment of Oral Aphtha	439
M. Rosen: Hypnotic Induction and Nitrous Oxide Sedation in Children	445
<b>VII HYPNOSIS IN SPORTS</b>	
W.O. Ward: Hypnosis, Mental Imagery, and "Peer Coaching" in Gymnasts	451
A. Lanari and G. Gramaccioni: Hypnosis and the Athlete's Mental Training	461
<b>VIII LIST OF FIRST AUTHORS</b>	
	469
<b>IX REFERENCES</b>	
	475