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## 1 Tuning in to the language

Activ	wity	Time (minutes)	Aims	
1.1	Relaxing to learn	2–20	Improving learning, articulation, and voice quality	15
1.2	Put on your English shoes	10–15	Slipping into a foreign personality	18
1.3	What I can do in English	10–15	Building learner confidence	20
1.4	English in my life	10–15	Looking at learners' past experience of English, dealing with prejudice about how the language sounds	21
1.5	My perception of English	15–20	Making students aware of how they perceive English, helping them to overcome their prejudices	24
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1.8	Play back	5-10	Preparing to speak	31
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1.10	The ventriloquist	5–10	Encouraging your students to use their faces like native speakers do	33
1.11	Finding my English/ American voice	5–10	Helping your students to use their speech organs like native speakers do, especially Americans	34

1.12	Imitate native speakers	20	Overcoming fears of sounding 'ridiculous', providing a mental model for learners to aim at	35
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