

Contents

I. CONCEPTUAL OVERVIEW

1. Ethnicity and Family Therapy: An Overview 3

MONICA MCGOLDRICK

Ethnicity: We and They, 4. Ethnic Identity, 5. Ethnicity and the Medical Model, 5. Ethnicity and Families, 9. Factors Influencing Ethnicity, 12. The Family Life Cycle, 17. Intermarriage, 20. Therapy, 23. Ethnicity Training, 24. Conclusion, 27. Acknowledgment, 28. References, 28.

2. An Ecological Model of Ethnic Families 31

JOHN SPIEGEL

Commonalities, 31. Divergences, 32. The Institutional Context, 34. The Value Orientations of Italian and Irish, 43. Implications for Therapy, 45. References, 50.

II. THE PARADIGMS

3. American Indians and Alaska Native Families: Emigrants in Their Own Homeland 55

CAROLYN ATTNEAVE

Initial Contact, 58. Therapeutic Relationships from the Indian Perspective, 60. The Source of Problems and Their Typical Forms, 61. Time, 62. Relationship of Man and the Natural World, 65. Social Relationships: General Consensus and Collaterality, 66. Being-Doing-Becoming, 69. The Nature of Man: Mostly Good, Somewhat Mixed, 73. Specific Family-Focused Problems, 78. The Problem of Sex-Appropriate Roles, 78. Alcoholism and Suicide, 80. Strengths of Indian Families, 81. References, 82.

4. Black Families 84

PAULETTE MOORE HINES AND NANCY BOYD-FRANKLIN

Cultural Context, 85. Ecological Realities and the Treatment of Black Families, 99. Other Considerations for Family Therapists, 100. Concluding Statement, 105. References, 106.

5. Afro-American Families and the Victim System 108
 ELAINE PINDERHUGHES
 Afro-American Identity and the Functional Family, 108. The Victim System, 109. Conflicting Values, 109. The Family–Environment Interface, 111. Power and Conflict in Relationships, 112. Adaptability in Roles: Response to System Stress, 112. Biculturalism and Identity Confusion, 114. Implications for Treatment, 114. Resistance to Change, 118. The Role of the Therapist, 121. References, 122.
6. West Indian Families 123
 JANET BRICE
 Historical Heritage, 123. Migration, 124. Demographics, 125. Therapy with British West Indian Families, 129. Summary, 132. References, 133.
7. Mexican Families 134
 CELIA JAES FALICOV
 Mexican History and Migration, 134. Cultural Family Patterns, 137. Effects of Cultural Transition on the Mexican Family System, 143. Therapeutic Process, 145. Summary, 161. Acknowledgment, 161. References, 161.
8. Puerto Rican Families 164
 NYDIA GARCIA-PRETO
 Historical Background, 165. The Puerto Rican Economy, 166. Cultural Values, 168. Migration and Its Effect on Family Structure, 175. Therapeutic Techniques and Issues, 177. General Approaches, 183. Conclusion, 184. References, 185.
9. Cuban Families 187
 GUILLERMO BERNAL
 The Cuban Migration in Context, 188. Cuban Cultural Heritage, 191. Clinical Considerations, 196. Summary and Implications, 203. Acknowledgment, 205. References, 205.
10. Asian Families 208
 STEVEN P. SHON AND DAVIS Y. JA
 East Asian Family Structure, 211. Issues of Obligation and Shame, 213. The Communication Process, 215. The Family in Transition, 217. Treatment, 221. Summary, 228. References, 228.
11. French Canadian Families 229
 RÉGIS LANGELIER
 Historical and Cultural Introduction—*Claire Quintal*, 230. Family Patterns, 233. Family Therapy, 238. Summary, 243. Acknowledgment, 244. References, 244. Supplementary References, 245.

CONTENTS	xxi
12. German Families	247
HINDA WINAWER-STEINER AND NORBERT A. WETZEL	
Origins and Demography, 248. Characteristics of the German National Heritage, 253. Family Patterns, 258. Reflections on German Americans in Therapy, 262. Summary, 267. References, 267.	
13. Greek Families	269
EVE PRIMPAS WELTS	
History, 270. Immigration, 272. The Family, 273. Therapy, 281. Summary, 287. References, 287.	
14. Iranian Families	289
BEHNAZ JALALI	
National and Cultural Characteristics, 291. Family Structure and Relationships, 294. Immigration, 300. Treatment Issues, 306. Family Therapy with Iranian Families, 308. References, 309.	
15. Irish Families	310
MONICA MCGOLDRICK	
The Paradigm, 311. Family Patterns, 321. Irish Americans in Therapy, 325. Conclusion, 335. Acknowledgments, 336. References, 336.	
16. Italian Families	340
MARIE ROTUNNO AND MONICA MCGOLDRICK	
Historical Background: Its Impact on Core Values, 341. Family Patterns and Roles, 345. The Effects of Acculturation, 350. Implications for Family Therapy, 352. Summary, 360. Acknowledgments, 361. References, 362.	
17. Jewish Families	364
FREDDA M. HERZ AND ELLIOTT J. ROSEN	
Family Characteristics, 365. Family Patterns, 372. Life Cycle Rituals, 381. The Jewish American Family in Treatment: Problems and Their Resolution, 383. References, 390.	
18. Polish Families	393
SANDRA M. MONDYKOWSKI	
Historical Setting, 394. The Polish Family and Acculturation, 398. Therapy with Polish American Families, 400. Conduct of Therapy, 406. Summary, 410. References, 410.	
19. Portuguese Families	412
EVERETT MOITOZA	
The Portuguese Experience, 413. Family Structure and Values, 415. Family Member Roles, 417. Religion, 421. Concepts of Psychopathology, 422. Family	

- Therapy with Portuguese Americans, 424. Summary, 435. Acknowledgment, 435. References, 435.
20. **Norwegian Families** 438
 C. F. MIDELFORT AND H.C. MIDELFORT
 Historical Factors, 439. Emigration, 440. In the New Country, 441. Traditional Family Values, 441. Dualities, 444. Religion, 445. Pathways to Cure, 447. Case Examples, 448. Summary, 454. References, 455. Additional Readings, 455.
21. **British Families** 457
 DAVID MCGILL AND JOHN K. PEARCE
 Values, 458. Regional Differences, 460. Family Structure and Life Cycle, 464. Therapy, 470. Theory, 476. British American Families and Non-British American Therapists, 478. Summary, 478. References, 478.
- III. SPECIAL ISSUES**
22. **Intervention in a Vietnamese Refugee Family** 483
 JAY LAPPIN AND SAM SCOTT
 Summary, 490. Acknowledgment, 491. References, 491.
23. **The Latin Lover Revisited** 492
 CARLOS E. SLUZKI
 Face-to-Face Distances, 493. Punctuations of the Sequence of Events, 495. Summary and a Moral, 497. References, 497.
24. **The Myth of the Shiksa** 499
 EDWIN H. FRIEDMAN
 Clinical Experience, 500. Ethnic Mythology and Jewish Family Life, 503. Family Process and Cultural Costume, 509. The Universality of Cultural Camouflage, 519. Summary, 526.
25. **A Social Systems Approach to Assessment and Treatment for Chinese American Families** 527
 EVELYN LEE
 Assessment and Evaluation, 528. Therapeutic Relationships: Special Cultural Considerations, 540. Therapeutic Considerations, 547. Service Setting, 549. Conclusion, 550. References, 550.
26. **Therapy with Families in Cultural Transition** 552
 JUDITH LANDAU
 Cultural Transition, 553. Factors Affecting Cultural Transition, 553. Changes Associated with Cultural Transition, 555. Typical Problems Associated with

Cultural Transition, 555. Therapeutic Techniques with Families in Cultural Transition, 557. Summary, 571. Acknowledgments, 572. References, 572.

About the Editors	573
Author Index	579
Subject Index	587