

# Contents



Foreword	ix
<i>Daniel Offer</i>	
Preface	xiii
The Author	xix
<i>One</i> Essential Concepts	1
<i>Two</i> The Younger Adolescent	15

<b>xviii</b>		<b>Contents</b>
<i>Three</i>	Limit Setting on the Younger Adolescent	53
<i>Four</i>	Depression in the Older Adolescent	73
<i>Five</i>	Acting Out in the Older Adolescent	99
<i>Six</i>	Problems of Transference and Countertransference	125
<i>Seven</i>	Advising Parents	143
<i>Eight</i>	Guidelines for the Therapist	171
	Selected Annotated Bibliography	179
	References	195
	Index	199