Contents

Pre	face xi
Inti	roduction xiii
	D. pm Over
_	PART ONE
I.	Parent Education and Problem Prevention 3
II.	Step One—Identifying the Problem 19
III.	Step Two—Planning 34
IV.	Step Three—Action 46
	PART TWO
V.	Parent Power I 61
VI.	Parent Power II 68
VII.	Parent Power III 85
VIII.	Child Power 96
	PART THREE
737	
IX.	Parenthood Is Not a Natural State 111

X.	They Never Say Anything Nice 122	
XI.	What Kind of a Parent Are You? 129	
XII.	Supermom 144	
XIII.	"And a Little Child Shall Lead Them"	158
XIV.	Double Message: Yes/No 168	
XV.	The Indifferent Parent 176	
XVI.	Permissiveness 188	
XVII.	Who's Ready for What? 200	
XVIII.	Sex Education for the Under Six 208	
XIX.	What Does It Take? 219	

Epilogue 228 Index 231