
Contents

Part I Equipment and Technique for Nerve Stimulation and Ultrasound Guidance in Regional Anesthesia

1 Regional Block Area Setup, Equipment, and Monitoring	3
Vivian H.Y. Ip and Ban C.H. Tsui	
1.1 Differences Between the Pediatric and Adult Populations That Affect Regional Blocks	4
1.2 Block Area and Monitoring	4
1.2.1 General Equipment.....	5
1.2.2 Emergency Drugs and Resuscitating Equipment.....	5
1.2.3 Resuscitation Equipment	6
1.2.4 Resuscitation Drugs (Intravenous Doses).....	6
1.2.5 Monitoring	6
1.2.6 Nerve Block and Catheter Equipment	6
1.2.7 Needles	6
1.2.8 Peripheral Nerve Catheters.....	9
1.2.9 Neuraxial Nerve Blocks/Catheters	9
1.2.10 Additional Equipment	9
Suggested Reading	10
2 Pediatric Electrical Nerve Stimulation	11
Kelly P.A. Byrne and Ban C.H. Tsui	
2.1 Nerve Stimulation Procedure	12
2.2 Electrophysiology.....	12
2.2.1 Characteristics of Electrical Impulses	12
2.2.2 Current Intensity and Duration.....	13
2.2.3 Rate of Current Change	13
2.2.4 Polarity of Stimulating and Returning Electrodes	13
2.2.5 Distance-Current Relationship	14
2.2.6 Current Density of Electrodes and Injectates.....	15
2.2.7 Electrodes	15
2.2.8 Injectates.....	15
2.2.9 Electrical Impedance	16
2.3 Electrical Epidural Stimulation	17
2.3.1 Test Equipment and Procedure.....	17
2.4 Mechanisms of the Epidural Stimulation Test	18
2.4.1 Stimulating Epidural Catheter Requirements.....	19
2.4.2 Effective Conduction of Electrical Current	19
2.4.3 Advancement of the Catheter	20
2.4.4 Considerations for Test Performance and Interpretation	20
2.4.5 Limitations of Epidural Stimulation.....	20

2.5	Useful Equipment Features in Nerve Stimulation	21
2.5.1	Constant Current Output and Display	21
2.5.2	Variable Pulse Width and Frequency	22
2.5.3	Other Features	22
2.6	Practical Considerations	23
2.6.1	Documentation	23
2.6.2	Population Considerations	23
2.6.3	Does Nerve Stimulation Make a Difference?	23
	References	23
	Suggested Reading	23
3	Ultrasound Basics	25
	Michelle L. Noga, Vivian H.Y. Ip, and Ban C.H. Tsui	
3.1	Basic Ultrasound Physics and Technology	27
3.1.1	Basic Principles	27
3.2	Transducers	27
3.2.1	Types of Ultrasound Transducers	28
3.3	Sound Wave Properties in Tissue	29
3.3.1	Speed of Sound	30
3.3.2	Reflection	30
3.3.3	Scattering	30
3.3.4	Resolution	30
3.3.5	Refraction	30
3.3.6	Absorption	30
3.4	Optimization of Image Quality: Knobology	31
3.4.1	Frequency	31
3.4.2	Depth	31
3.4.3	Gain	31
3.4.4	Time Gain Compensation	31
3.4.5	Focal Zone	31
3.4.6	Doppler Ultrasound	31
3.5	Anisotropy and Artifacts	33
3.5.1	Anisotropy	33
3.5.2	Artifacts	33
3.6	Echogenic Appearance of Various Tissues	35
3.7	Equipment Selection	38
3.8	Current Advances for Future Developments	39
3.8.1	Compound Imaging	39
3.8.2	Single-Crystal Transducers	39
3.8.3	Capacitive Micromachined Ultrasound Transducers (CMUT)	39
3.8.4	Sonix GPS (Ultrasonix Medical Corp, Richmond, BC, Canada)	39
3.8.5	Power Doppler	39
3.8.6	Robot-Assisted Regional Anesthesia	39
	Suggested Reading	40
4	Clinical and Practical Aspects of Ultrasound Use	41
	Michelle L. Noga, Vivian H.Y. Ip, and Ban C.H. Tsui	
4.1	Image Acquisition	42
4.2	Probe Preparation	42
4.3	Image Optimization	44
4.3.1	Probe Alignment	44
4.3.2	Practical Approach: Traceback Method	46

4.4	Control of Needle Trajectory	49
4.4.1	Visibility of Needles.....	49
4.4.2	Hand-Eye Coordination	51
4.4.3	Needling Technique	52
	References.....	57
	Suggested Reading	57
5	Regional Block Catheter Insertion Using Ultrasonography and Stimulating Catheters	59
	Vivian H.Y. Ip and Ban C.H. Tsui	
5.1	Indications, Contraindications, and Safety of Peripheral Nerve Catheter Placement.....	60
5.2	Equipment and Injectates	60
5.2.1	Equipment Required.....	60
5.2.2	Sterile Transducer Preparation	65
5.2.3	Choice of Injectates	65
5.3	Technique	66
5.3.1	Confirming Catheter Tip Location with Ultrasonography	66
5.3.2	Confirming Catheter Tip Location with Nerve Stimulation.....	67
5.3.3	Catheter-Over-Needle Assembly Insertion.....	67
5.3.4	Securing the Catheter	68
5.4	Examples of Common Peripheral Nerve Catheterization Procedures Used in Children	69
5.4.1	Infraclavicular Nerve Block Catheterization	69
5.4.2	Femoral Nerve Block Catheterization	69
5.4.3	Sciatic Nerve Block Catheterization.....	70
5.5	Summary.....	71
	References.....	72
	Suggested Reading	72

Part II Considerations in Pediatric Regional Anesthesia

6	Pain Assessment in Children Undergoing Regional Anesthesia	75
	Bruce D. Dick, Kathy Reid, Michelle J. Verrier, and Alex Baloukov	
6.1	Background.	76
6.2	Principles of Pain Assessment in Infants and Children	76
6.3	Assessing Pain in Neonates and Infants	77
6.3.1	The Premature Infant Pain Profile (PIPP).	78
6.3.2	Neonatal Pain Agitation and Sedation Scale (N-PASS).....	79
6.3.3	CRIES.....	80
6.3.4	Assessing Postoperative Pain in Infants and Young Children	81
6.4	Assessing Pain in Children and Adolescents	82
6.4.1	Faces Pain Scale-Revised	82
6.4.2	Numeric Rating Scales (NRS)	82
6.4.3	Oucher	82
6.4.4	Pieces of Hurt/Poker Chip Scale	82
6.4.5	Wong-Baker FACES Pain Scale.....	82
6.4.6	Visual Analogue Scale (VAS).	82
6.4.7	Children's Hospital of Eastern Ontario Pain Scale (CHEOPS)	83
6.5	Assessing Postoperative Pain in Critically Ill Children	84
6.6	Assessing Postoperative Pain in Children with Cognitive Impairments	86
6.7	Summary.....	88
6.8	Developmental, Familial, and Psychological Factors.....	90

6.8.1	Age	90
6.8.2	Developmental Delays	90
6.8.3	Psychological Factors	91
6.8.4	Gender	92
6.8.5	Cultural Factors	93
Conclusion		93
References		94
Suggested Reading		96
7	Pediatric Pharmacological Considerations.	97
Derek Dillane		
7.1	Introduction	98
7.2	Structure and Physiochemical Properties	98
7.2.1	Onset of Action, Potency, and Duration	99
7.2.2	Sodium Channel	100
7.2.3	Physiological Considerations	101
7.3	Pharmacokinetics	102
7.3.1	Absorption	102
7.3.2	Absorption from Epidural Space	102
7.3.3	Absorption from Other Routes of Administration	102
7.3.4	Distribution	103
7.3.5	Plasma Protein Binding	103
7.3.6	Hepatic Metabolism	104
7.4	Toxicity	105
7.4.1	Central Nervous System Toxicity	106
7.4.2	Cardiac Toxicity	106
7.4.3	Treatment of Toxicity	107
7.4.4	Prevention of Toxicity	108
7.5	Dosing	108
References		108
Suggested Reading		110
8	Complications of Regional Anesthesia in the Pediatric Population	111
Adam M. Dryden and Ban C.H. Tsui		
8.1	General Principles	112
8.2	Adverse Events Related to Local Anesthetics	115
8.2.1	Allergic Reactions	115
8.2.2	Systemic Toxic Reactions	115
8.3	Complications Related to Regional Anesthesia Equipment	119
8.3.1	Introduction	119
8.3.2	Adverse Events Caused by Needles	119
8.3.3	Adverse Events Caused by Nerve Stimulators	124
8.3.4	Adverse Events Caused by Ultrasound Probes	124
8.3.5	Summary	124
8.4	Block Complications	125
8.4.1	Introduction	125
8.4.2	Complications of Peripheral Nerve Blocks	125
8.4.3	Complications of Neuraxial Blocks	126
8.4.4	Summary	127
Conclusion		127
References		129
Suggested Reading		131

Part III Clinical Anatomy

9 Clinical Anatomy of the Head and Neck	135
Glenn Merritt, Anil H. Walji, and Ban C.H. Tsui	
9.1 Clinical Anatomy of Trigeminal Nerve	136
9.1.1 Ophthalmic Nerve (V1 Division of the Trigeminal Nerve, Pure Sensory)	138
9.1.2 Maxillary Nerve (V2 Division of the Trigeminal Nerve, Pure Sensory)	140
9.1.3 Mandibular Nerve (V3 Division of the Trigeminal Nerve, Sensory and Motor to Muscles of Mastication)	142
9.2 Clinical Anatomy of the Cervical Plexus	142
9.3 Clinical Anatomy of Occipital Nerves	145
9.3.1 Lesser Occipital Nerve (C2)	145
9.3.2 Greater Occipital Nerve (C2)	146
9.4 Clinical Anatomy of the Nerve of Arnold	146
Suggested Reading	147
10 Clinical Anatomy of the Brachial Plexus	149
Anil H. Walji and Ban C.H. Tsui	
10.1 Brachial Plexus: Overview	150
10.2 Branches of the Brachial Plexus	153
10.2.1 Branches from the Roots (Ventral Rami)	153
10.2.2 Branches from the Trunks	153
10.2.3 Branches from the Cords	154
10.2.4 Terminal Nerves	154
Suggested Reading	163
11 Clinical Anatomy of the Lumbar Plexus	165
Anil H. Walji and Ban C.H. Tsui	
11.1 Lumbar Plexus	166
11.1.1 Branches of the Lumbar Plexus	168
11.1.2 Iliohypogastric Nerve	169
11.1.3 Ilioinguinal Nerve	170
11.1.4 Genitofemoral Nerve	170
11.1.5 Lateral Femoral Cutaneous Nerve (Lateral Cutaneous Nerve of Thigh)	170
11.1.6 Femoral Nerve	171
11.1.7 Obturator Nerve	173
Suggested Reading	175
12 Clinical Anatomy of the Sacral Plexus	177
Anil H. Walji and Ban C.H. Tsui	
12.1 Sacral Plexus	178
12.2 Direct Muscular Branches of the Sacral Plexus	179
12.2.1 Nerve to the Piriformis	179
12.2.2 Nerve to Obturator Internus and Gemellus Superior	179
12.2.3 Nerve to Quadratus Femoris and Gemellus Inferior	179
12.3 Major Terminal Nerves of the Sacral Plexus	179
12.3.1 Superior Gluteal Nerve	179
12.3.2 Inferior Gluteal Nerve	179
12.3.3 Posterior Femoral Cutaneous Nerve	179
12.3.4 Sciatic Nerve	180
12.3.5 Tibial Nerve	182

12.3.6	Common Peroneal (Fibular) Nerve	183
12.3.7	Pudendal Nerve	184
12.3.8	Pelvic Splanchnic Nerves	185
	Suggested Reading	185
13	Clinical Anatomy of the Trunk and Central Neuraxis	187
	Anil H. Walji and Ban C.H. Tsui	
13.1	Spinal Nerves and the Vertebral Column	188
13.1.1	Origin of Spinal Nerves	188
13.1.2	Vertebral Column	188
13.2	Development of the Vertebral Column	190
13.2.1	Developmental Anatomy of the Thoracic and Lumbar Vertebral Column (Spine)	191
13.2.2	Developmental Anatomy of the Sacrum	193
13.3	Costovertebral Articulations	194
13.4	Paravertebral Space	196
13.5	Thoracic Spinal Nerves and Intercostal Nerves	196
13.6	Vertebral (Spinal) Canal	201
13.6.1	Vertebral Levels, Spinal Nerve Roots, and Spinal Cord Segments	201
13.6.2	Spinal Nerves Above the Sacrum	202
13.6.3	Termination of the Spinal Cord and Dural Sac	203
13.6.4	CSF Volume	204
	Reference	204
	Suggested Reading	204
14	Clinical Anatomy of the Dermatomes and Innervation of the Joints	205
	Anil H. Walji and Ban C.H. Tsui	
14.1	Introduction	206
14.1.1	Dermatomes	206
14.1.2	Myotomes	206
14.1.3	Osteotomes	207
14.2	Innervation of the Upper Extremity	207
14.2.1	Dermatomes and Cutaneous Distribution of the Peripheral Nerves	207
14.2.2	Myotomes	209
14.2.3	Osteotomes	210
14.2.4	Innervation of the Major Joints of the Upper Extremity	211
14.3	Innervation of the Lower Extremity	215
14.3.1	Dermatomes and Cutaneous Distribution of the Peripheral Nerves	215
14.3.2	Myotomes	216
14.3.3	Osteotomes	218
14.3.4	Innervation of the Major Joints	219
	Suggested Reading	222
Part IV Nerve Blocks of the Head and Neck		
15	Trigeminal Nerve Blocks	225
	Glenn Merritt and Ban C.H. Tsui	
15.1	Indications	226
15.2	Block Techniques	226
15.2.1	Superficial Transcutaneous Approach to Trigeminal Nerve Blocks: Supraorbital, Infraorbital, and Mental Nerve Block	226

15.2.2	Intraoral Approach to Trigeminal Nerve Blocks: Infraorbital, Mental, and Greater Palatine Nerves	233
15.2.3	Deep Trigeminal Nerve Blocks	237
15.3	Current Literature in Ultrasound-Guided Approaches	239
15.4	Case Study	239
	References	239
	Suggested Reading	240
16	Cervical Plexus Blocks	241
	Ban C.H. Tsui	
16.1	Indications for Cervical Plexus Block	242
16.1.1	Indications for Superficial Cervical Plexus Block	242
16.1.2	Indications for Combined Superficial and Deep Cervical Plexus Block	242
16.2	Classic (Deep) Cervical Plexus Block	242
16.2.1	Patient Positioning	243
16.2.2	Landmarks and Surface Anatomy	243
16.2.3	Needle Insertion Technique	243
16.2.4	Nerve Localization and Local Anesthetic Application	244
16.2.5	Current Literature for Deep Cervical Plexus Block	246
16.3	Ultrasound-Guided Superficial Cervical Plexus Block	247
16.3.1	Patient Positioning	248
16.3.2	Landmarks and Surface Anatomy	248
16.3.3	Scanning Technique	249
16.3.4	Sonographic Appearance	249
16.3.5	Needle Insertion Technique	251
16.3.6	Local Anesthetic Application	252
16.3.7	Current Literature for Superficial Cervical Block	252
16.4	Great Auricular Nerve Blocks	252
16.4.1	Patient Positioning	252
16.4.2	Landmarks and Surface Anatomy	253
16.4.3	Needle Insertion Technique	254
16.4.4	Nerve Localization and Local Anesthetic Application	254
16.4.5	Current Literature for Great Auricular Nerve Block	254
16.5	Case Study	254
	References	254
	Suggested Reading	254
17	Occipital Nerve Blocks	255
	Ban C.H. Tsui	
17.1	Indications	256
17.2	Block Techniques	256
17.2.1	Patient Positioning	256
17.2.2	Landmarks and Surface Anatomy	258
17.2.3	Needle Insertion Technique	258
17.2.4	Local Anesthetic Application	259
17.3	Current Literature in Ultrasound-Guided Approaches	259
17.4	Case Study	259
	References	259
	Suggested Reading	259

18 Blockade of the Auricular Branch of the Vagus Nerve (Nerve of Arnold)	261
Ban C.H. Tsui	
18.1 Indications	262
18.2 Block Technique	262
18.2.1 Patient Positioning	262
18.2.2 Landmarks and Surface Anatomy	262
18.2.3 Needle Insertion Technique	263
18.2.4 Local Anesthetic Application	263
18.3 Current Literature in Ultrasound-Guided Approaches	263
18.4 Case Study	264
Reference	264
Suggested Reading	264
Part V Nerve Blocks Above the Clavicle	
19 Interscalene Brachial Plexus Block	267
Ban C.H. Tsui	
19.1 Indications	268
19.2 Surface Anatomy	268
19.2.1 Patient Positioning	268
19.3 Nerve Stimulation Technique	269
19.3.1 Needle Insertion	270
19.3.2 Current Application and Appropriate Responses	271
19.3.3 Modifications to Inappropriate Responses	272
19.4 Ultrasound-Guided Technique	273
19.4.1 Preparing the Site	275
19.4.2 Scanning Technique	275
19.4.3 Sonographic Appearance	277
19.4.4 Needle Insertion	278
19.5 Local Anesthetic Application	279
19.5.1 Clinical Pearls: Interscalene Block	279
19.6 Current Literature in Ultrasound-Guided Approaches	279
19.7 Case Study	280
References	281
Suggested Reading	281
20 SuprACLAVICULAR Brachial Plexus Block	283
Ban C.H. Tsui	
20.1 Indications	284
20.2 Surface Anatomy	284
20.3 Nerve Stimulation Technique	285
20.3.1 Needle Insertion	286
20.3.2 Current Application and Appropriate Responses	287
20.3.3 Modifications to Inappropriate Responses	288
20.4 Ultrasound-Guided Technique	288
20.4.1 Scanning Technique	290
20.4.2 Sonographic Appearance	291
20.4.3 Needle Insertion	292
20.5 Local Anesthetic Application	292
20.6 Current Literature in Ultrasound-Guided Approaches	293
20.7 Case Study	294
References	295
Suggested Reading	295

Part VI Nerve Blocks Below the Clavicle

21 Infraclavicular Brachial Plexus Block	299
Ban C.H. Tsui	
21.1 Indications	300
21.2 Surface Anatomy	300
21.3 Nerve Stimulation Technique	301
21.3.1 Needle Insertion	301
21.3.2 Modifications to Inappropriate Responses	303
21.4 Ultrasound-Guided Technique	304
21.4.1 Preparing the Site	306
21.4.2 Scanning Technique	306
21.4.3 Sonographic Appearance	306
21.4.4 Needle Insertion	307
21.5 Local Anesthetic Application	308
21.6 Current Literature in Ultrasound-Guided Approaches	308
21.7 Case Study	309
References	310
Suggested Reading	310
22 Axillary Block of the Brachial Plexus	311
Ban C.H. Tsui	
22.1 Indications	312
22.2 Surface Anatomy	312
22.3 Nerve Stimulation Technique	312
22.3.1 Modifications to Inappropriate Responses	314
22.4 Ultrasound-Guided Technique	315
22.4.1 Preparing the Site	315
22.4.2 Scanning Technique	317
22.4.3 Sonographic Appearance	317
22.4.4 Needle Insertion	318
22.5 Local Anesthetic Application	319
22.6 Current Literature in Ultrasound-Guided Approaches	319
22.7 Case Study	320
References	320
Suggested Reading	320
23 Terminal Nerve Blocks of the Upper Extremity	321
Ban C.H. Tsui	
23.1 Median Nerve Block	322
23.1.1 Surface Anatomy	322
23.1.2 Nerve Stimulation Technique	323
23.1.3 Ultrasound-Guided Technique	323
23.1.4 Local Anesthetic Application	324
23.1.5 Case Study	325
23.2 Radial Nerve Block	326
23.2.1 Surface Anatomy	326
23.2.2 Nerve Stimulation Technique	327
23.2.3 Ultrasound-Guided Technique	327
23.2.4 Local Anesthetic Application	330
23.2.5 Case Study	330
23.3 Ulnar Nerve Block	330
23.3.1 Surface Anatomy	331
23.3.2 Nerve Stimulation Technique	332

23.3.3	Ultrasound-Guided Technique	332
23.3.4	Local Anesthetic Application.....	334
23.3.5	Case Study	334
23.4	Current Literature in Ultrasound-Guided Approaches.....	334
	Reference	334
	Suggested Reading	334
Part VII Nerve Blocks of the Lumbar Plexus		
24	Posterior Lumbar Plexus Block.....	337
	Karen R. Boretsky and Ban C.H. Tsui	
24.1	Indications	338
24.2	Surface Anatomy	338
24.3	Nerve Stimulation Technique.....	339
24.3.1	Needle Insertion	339
24.3.2	Current Application and Appropriate Responses.....	340
24.3.3	Modifications to Inappropriate Responses.....	340
24.4	Ultrasound-Guided Technique	342
24.4.1	Scanning Technique	344
24.4.2	Sonographic Appearance	346
24.4.3	Needle Insertion	350
24.5	Local Anesthetic Application.....	351
24.6	Current Literature in Ultrasound-Guided Approaches.....	352
24.7	Case Study	352
	References.....	353
	Suggested Reading	353
25	Terminal Nerve Blocks of the Lower Extremity	355
	Ban C.H. Tsui	
25.1	Femoral Nerve Block	356
25.1.1	Indications	356
25.1.2	Surface Anatomy	356
25.1.3	Nerve Stimulation Technique.....	357
25.1.4	Ultrasound-Guided Technique	359
25.1.5	Local Anesthetic Application.....	363
25.1.6	Current Literature in Ultrasound-Guided Approaches.....	363
25.1.7	Case Study	364
25.2	Lateral Femoral Cutaneous Nerve Block.....	365
25.2.1	Indications	365
25.2.2	Surface Anatomy	365
25.2.3	Nerve Stimulation Technique.....	365
25.2.4	Ultrasound-Guided Technique	366
25.2.5	Local Anesthetic Application.....	368
25.2.6	Current Literature in Ultrasound-Guided Approaches.....	368
25.2.7	Case Study	369
25.3	Obturator Nerve Block	369
25.3.1	Indications	369
25.3.2	Surface Anatomy	370
25.3.3	Nerve Stimulation Technique.....	370
25.3.4	Ultrasound-Guided Technique	371
25.3.5	Current Literature in Ultrasound-Guided Approaches.....	373
25.3.6	Case Study	373

25.4	Saphenous Nerve Block	374
25.4.1	Indications	374
25.4.2	Surface Anatomy	374
25.4.3	Nerve Stimulation Technique	375
25.4.4	Ultrasound-Guided Technique	375
25.4.5	Current Literature in Ultrasound-Guided Approaches	378
25.4.6	Case Study	378
	References	379
	Suggested Reading	379

Part VIII Nerve Blocks of the Sacral Plexus

26	Sciatic and Popliteal Nerve Blocks	383
	Heather Y.Z. Ting and Ban C.H. Tsui	
26.1	Indications	384
26.2	Posterior Gluteal (Labat) Sciatic Nerve Block	384
26.2.1	Surface Anatomy	384
26.2.2	Nerve Stimulation Technique	385
26.2.3	Ultrasound-Guided Technique	389
26.2.4	Local Anesthetic Application	391
26.3	Infragluteal/Subgluteal Sciatic Nerve Block Approach	393
26.3.1	Surface Anatomy	393
26.3.2	Nerve Stimulation Technique	394
26.3.3	Ultrasound-Guided Technique	397
26.3.4	Case Study	400
26.4	Anterior Sciatic Nerve Block Approach	401
26.4.1	Surface Anatomy	401
26.4.2	Nerve Stimulation Technique	403
26.4.3	Ultrasound-Guided Technique	406
26.4.4	Local Anesthetic Application	409
26.5	Popliteal or Mid-Thigh Sciatic Nerve Block	410
26.5.1	Surface Anatomy	410
26.5.2	Nerve Stimulation Technique	411
26.5.3	Ultrasound-Guided Technique	415
26.5.4	Local Anesthetic Application	419
26.5.5	Case Study	420
26.6	Current Literature in Ultrasound-Guided Approaches	421
	References	422
	Suggested Reading	422

Part IX Nerve Blocks at the Ankle

27	Ankle Blocks	425
	Ban C.H. Tsui	
27.1	Indications	426
27.2	Surface Anatomy	426
27.3	Nerve Stimulation Technique	427
27.3.1	Needle Insertion	427
27.3.2	Current Application and Appropriate Responses	427
27.3.3	Modifications to Inappropriate Responses	427
27.4	Ultrasound-Guided Technique	428
27.4.1	Scanning Technique	428
27.4.2	Sonographic Appearance	431
27.4.3	Needle Insertion	431

27.5 Local Anesthetic Application	433
27.6 Current Literature in Ultrasound-Guided Approaches	433
27.7 Case Study	433
References	433
Suggested Reading	433
Part X Nerve Blocks at the Trunk	
28 Paravertebral Blocks	437
Heather Yizhen Z. Ting, Karen R. Boretsky, and Ban C.H. Tsui	
28.1 Indications	438
28.2 Clinical Anatomy	438
28.3 Block Techniques	438
28.3.1 Landmark-Based Technique	438
28.3.2 Nerve Stimulation Technique	441
28.3.3 Ultrasound-Guided Technique	442
28.4 Current Literature in Ultrasound-Guided Approaches	452
28.5 Case Study	452
References	452
Suggested Reading	453
29 Intercostal Nerve Blocks	455
Ban C.H. Tsui	
29.1 Clinical Anatomy	456
29.1.1 Intercostal Nerves	456
29.1.2 Costovertebral Articulations	456
29.2 Landmark-Based Technique	456
29.2.1 Patient Positioning	456
29.2.2 Landmarks and Surface Anatomy	457
29.2.3 Needle Insertion	457
29.2.4 Local Anesthetic Application	458
29.3 Nerve Stimulation Technique	458
29.4 Ultrasound-Guided Technique	458
29.4.1 Scanning Technique	459
29.4.2 Sonographic Appearance	459
29.4.3 Needle Insertion	460
29.4.4 Local Anesthetic Application	460
29.5 Current Literature in Ultrasound-Guided Approaches	460
29.6 Case Study	461
References	461
Suggested Reading	461
30 Rectus Sheath and Transversus Abdominis Plane (TAP) Blocks	463
Bryan J. Dicken and Ban C.H. Tsui	
30.1 Rectus Sheath Block	464
30.1.1 Clinical Anatomy	464
30.1.2 Landmark-Based Technique	464
30.1.3 Ultrasound-Guided Technique	465
30.1.4 Current Literature in Ultrasound-Guided Approaches	468
30.1.5 Case Study	469
30.2 Transversus Abdominis Plane (TAP) Block	470
30.2.1 Clinical Anatomy	470
30.2.2 Landmark-Based Technique	470

30.2.3	Ultrasound-Guided Technique	471
30.2.4	Catheter Placement Under Direct Visualization.	473
30.2.5	Current Literature in Ultrasound-Guided Approaches.	474
30.2.6	Case Study	475
	References	476
	Suggested Reading	476
31	Ilioinguinal and Iliohypogastric Nerve Blocks	477
	Ban C.H. Tsui	
31.1	Clinical Anatomy	478
31.2	Landmark-Based Technique (Fascial “Click” Method)	478
31.2.1	Patient Positioning	478
31.2.2	Landmarks and Surface Anatomy	478
31.2.3	Needle Insertion	478
31.2.4	Local Anesthetic Application	479
31.3	Nerve Stimulation Technique	479
31.4	Ultrasound-Guided Technique	479
31.4.1	Scanning Technique	480
31.4.2	Ultrasonographic Appearance	480
31.4.3	Needle Insertion	480
31.4.4	Local Anesthetic Application	481
31.5	Current Literature in Ultrasound-Guided Approaches	481
31.6	Case Study	482
	References	483
	Suggested Reading	483
32	Penile Blocks	485
	Heather Yizhen Z. Ting, Peter D. Metcalfe, and Ban C.H. Tsui	
32.1	Clinical Anatomy	486
32.2	Landmark-Based Technique (Subpubic Approach)	488
32.2.1	Patient Positioning	488
32.2.2	Landmarks and Surface Anatomy	488
32.2.3	Needle Insertion	488
32.2.4	Local Anesthetic Application	488
32.3	Ultrasound-Guided Technique	489
32.3.1	Scanning Technique	489
32.3.2	Ultrasonographic Appearance	489
32.3.3	Needle Insertion	490
32.3.4	Local Anesthetic Application	490
32.4	Current Literature in Ultrasound-Guided Approaches	491
32.5	Case Study	491
	References	492
	Suggested Reading	492
	Part XI Neuraxial Blockade	
33	Epidural and Caudal Anesthesia	495
	Ban C.H. Tsui	
33.1	Epidural Anesthesia	496
33.1.1	Introduction	496
33.1.2	Patient Positioning	496
33.1.3	Surface Anatomy	497
33.1.4	Approaches	497

33.1.5	Nerve Stimulation Technique	499
33.1.6	Electrocardiograph (ECG) Monitoring Technique	502
33.1.7	Ultrasound-Guided Technique	503
33.1.8	Needle Insertion Technique	511
33.1.9	Catheter Insertion and Confirmation	512
33.1.10	Case Study: Lumbar Epidural	513
33.2	Caudal Anesthesia	514
33.2.1	Introduction	514
33.2.2	Patient Positioning	515
33.2.3	Surface Anatomy	515
33.2.4	Nerve Stimulation Technique	515
33.2.5	Ultrasound-Guided Block	515
33.2.6	Case Study: Caudal Epidural	519
33.3	Advancing a Catheter to the Lumbar or Thoracic Area from a Caudal Insertion Site	520
33.3.1	Epidural Stimulation Guidance Technique	520
33.3.2	Local Anesthetic Application (“Test”) to Confirm Avoidance of Intravascular Placement	521
33.3.3	Ultrasound-Guided Technique	521
33.3.4	Scanning Technique	521
33.3.5	Sonographic Appearance	522
33.3.6	Catheter Insertion and Local Anesthetic Application	522
33.3.7	Case Study: Thoracic Epidural	523
33.4	Current Literature in Ultrasound-Guided Approaches	524
	References	525
	Suggested Reading	525
34	Spinal Anesthesia	527
	Adam O. Spencer, Santhanam Suresh, and Ban C.H. Tsui	
34.1	Introduction	528
34.2	Indications	528
34.2.1	Clinical Use and Special Concerns	528
34.2.2	Contraindications	529
34.3	Technique	529
34.3.1	Preparation	529
34.3.2	Patient Positioning	530
34.3.3	Surface Anatomy	530
34.3.4	Sonographic Assessment	531
34.3.5	Nerve Stimulation Technique	531
34.4	Equipment and Spinal Needle	532
34.4.1	Needles	532
34.5	Local Anesthetics	533
34.5.1	Adjuvants	533
34.6	Assessment of the Block Level	534
34.7	Complications	534
34.8	Current Literature in Ultrasound-Guided Approaches	535
34.9	Case Study	536
	References	537
	Suggested Reading	537
	Index	539