

Contents

PART 1 HISTORICAL TRENDS AND METHODOLOGICAL ISSUES

1. Social Skills: History and Prospect, 3
E. Lakin Phillips
2. New Directions in the Assessment of Social Competence and Social Skills, 22
David G. Schlundt and Richard M. McFall
3. Conceptual and Methodological Issues in the Behavioral Assessment of Heterosocial Skills, 50
David J. Kolko and Michael A. Milan

PART 2 PROGRAMS FOR SPECIAL PROBLEMS

4. Life Skills Training, 77
George M. Gazda and David K. Brooks
5. Social Skills Training and Complementary Strategies in Anger Control and the Treatment of Aggressive Behavior, 101
Michael A. Milan and David J. Kolko
6. Heterosocial Skills Training, 136
James P. Curran, Jan L. Wallander, and Albert D. Farrell
7. The Enhancement of Sexual Skills and Competence: Promoting Lifelong Sexual Unfolding, 170
Anthony D'Augelli and Judith Frankel D'Augelli
8. Social Skills Training for Divorced Individuals, 192
Harvey Joanning

PART 3 PROGRAMS FOR SPECIAL POPULATIONS

9. Social Skill Training and Children's Peer Relations, 219
Gary W. Ladd and Steven R. Asher

10. Parents as Mediators in the Social Skills Training of Children, 245
Karen S. Budd
11. Parent Education as Skills Training, 263
Gregory Brock and Jeanette D. Coufal
12. Structured Learning: Research and Practice in Psychological Skill Training, 284
Arnold P. Goldstein, N. Jane Gershaw, and Robert P. Sprafkin
13. Social Skills Problems Experienced by Women, 303
Laura Solomon and Esther D. Rothblum
14. Social Skills Training with the Elderly, 326
Eileen Gambrill

PART 4 PROGRAMS FOR THE SEVERELY IMPAIRED

15. A Behavioral Approach to Social Skills Training with Psychiatric Patients, 361
Karen A. Christoff and Jeffrey A. Kelly
16. A Program of Modular Psychoeducational Skills Training for Chronic Mental Patients, 388
Richard E. Gordon and Katherine K. Gordon
17. Social Skills Training for the Mentally Retarded, 418
Frank Andrasik and Johnny L. Matson

PART 5 PROGRAMS FOR COUPLES AND FAMILIES

18. The Couple Communication Program, 457
Daniel B. Wackman and Karen Smith Wampler
19. Structured Approaches to Couples' Adjustment, 477
Norman Epstein
20. The Relationship Enhancement Family of Family Therapies, 506
Louise Guerney and Bernard Guerney, Jr.

PART 6 CURRENT STATUS AND FUTURE DIRECTIONS

21. Skills Training for Professional Helpers, 527
Maryanne Galvin
22. Toward Effective Supervision in Business and Industry, 539
Judith L. Komaki and Stacey Zlotnick
23. Social Skills Training: A European Perspective, 555
Adrian Furnham

24. Enrichment, Structured Enrichment, Social Skills Training, and
Psychotherapy: Comparisons and Contrasts, 581
Luciano L'Abate, David Kearns, William Richardson, and Wayne Dow

25. Implications of Social Skills Training for Social and Interpersonal
Competence, 604
Dennis Bagarozzi

Author Index 619

Subject Index 639