

# Table of Contents

<b>Preface</b>	<b>ix</b>	
<b>1. The Developing Field of Health Psychology</b>		<b>1</b>
<i>Shelley E. Taylor</i>		
Health Psychology Research: An Example	12	
<b>2. Social Psychological Models of Health Behavior: An Examination and Integration</b>		<b>23</b>
<i>Barbara Strudler Wallston and Kenneth A. Wallston</i>		
Models	24	
Comparisons of the Models	45	
Integration of the Models	48	
<b>3. Practitioners, Patients, and Compliance with Medical Regimens: A Social Psychological Perspective</b>		<b>55</b>
<i>D. Dante DiNicola and M. Robin DiMatteo</i>		
The Forms and Extent of Medical Noncompliance	57	
Assessment of Patient Compliance	58	
Compliance and the Patient's Relationship to the Practitioner		61
Compliance and the Patient's Relationship to the Regimen		64
Developing Solutions to Problems of Compliance	66	
Behavioral Intentions: Prerequisite to Compliance	67	
From Behavioral Intentions to Patient Compliance	68	
The Therapeutic Relationship and Compliance	73	
Conclusions	76	

<b>4. A Three-Stage Model of Treatment Continuity: Compliance, Adherence, and Maintenance</b>		
<i>Jean L. Kristeller and Judith Rodin</i>		<b>85</b>
Attention and Information Processing in Health Behavior		97
Conclusions	107	
<b>5. Improving Adherence to Medical Recommendations: Prescriptive Hypotheses Derived from Recent Research in Social Psychology</b>		
<i>Irving L. Janis</i>		<b>113</b>
<b>6. Preferences for Self-Care and Involvement in Health Care</b>		
<i>Roy Clymer, Andrew Baum, and David S. Krantz</i>		<b>149</b>
<b>7. Psychological Interventions and Coping with Surgery</b>		
<i>Jean E. Johnson</i>		<b>167</b>
The Research	168	
Theoretical Considerations	175	
The Challenge of Research on Surgical Patients		181
Conclusions	185	
<b>8. Accuracy of Symptom Perception</b>		
<i>James W. Pennebaker</i>		<b>189</b>
<b>9. Illness Representations and Coping With Health Threats</b>		
<i>Howard Leventhal, David R. Nerenz, and David J. Steele</i>		<b>219</b>
The Theoretical Model	219	
Studies of Illness Cognition: I. Compliance with Hypertension Treatment	224	
Coping with Stressful Treatments	237	
Interventions for Stress Control and Health Promotion		241
Conclusions	247	
<b>10. Social Support, Stress, and the Buffering Hypothesis: A Theoretical Analysis</b>		
<i>Sheldon Cohen and Garth McKay</i>		<b>253</b>
Some Alternative Buffering Mechanisms	255	
A Stressor-Support Specificity Model of the Buffering Process	261	
Conclusion	265	

<b>11. The Role of Social Support in Coping With Chronic or Life-Threatening Illness</b>		
<i>Jerome E. Singer and Diana Lord</i>		<b>269</b>
<b>12. Life Changes, Moderators of Stress, and Health</b>		
<i>Irwin G. Sarason and Barbara R. Sarason</i>		<b>279</b>
Measures of Stressful Life Events	280	
Variables that Moderate Stress	283	
Assessing Social Support	288	
Life Events, Moderators, and Health—Methodological Questions	291	
Life Change as Part of a Theoretical Framework	293	
Future Directions	295	
<b>13. Deterring Cigarette Smoking in Adolescents: A Psychosocial-Behavioral Analysis of an Intervention Strategy</b>		
<i>Richard I. Evans, Constance K. Smith, and Bettye E. Raines</i>		<b>301</b>
Social Psychological Processes Impacting Smoking Behavior		303
Tactical and Strategic Decisions in Developing Interventions		307
A Social Psychological-Behavioral Approach to Smoking Prevention	310	
Summary and Concluding Observations	315	
<b>14. Institutional Relocation and Its Impact on Mortality, Morbidity, and Psychosocial Status</b>		
<i>Marvin J. Horowitz and Richard Schulz</i>		<b>319</b>
<b>Author Index</b>	345	
<b>Subject Index</b>	359	