

# Contents

Symbols and abbreviations *xiii*

## Part I Approach to clinical problems

1	Examining the respiratory system	3
2	Poorly controlled asthma	11
3	Recurrent or persistent 'chest infection'	17
4	Chronic cough	23
5	Stridor	31
6	Infant apnoea	39
7	Cystic fibrosis: poor weight gain	45
8	Cystic fibrosis: loss of lung function	51
9	Chest pain	55
10	Haemoptysis	61
11	The immunocompromised child	67
12	Muscle weakness	73
13	Pneumonia on the intensive care unit	79

## Part II Specific conditions

14	Asthma	87
15	Cystic fibrosis	113
16	Respiratory pathogens	155
17	Community-acquired pneumonia	163
18	Bacterial infections	177
19	Viral infections	207
20	Fungal infections	239
21	Parasitic and protozoal infections	249
22	Tuberculosis	257

23	Human immunodeficiency virus infection	279
24	Structural problems of upper and lower airways	287
25	Sleep-disordered breathing and other sleep problems	323
26	Respiratory control disorders	335
27	Sudden infant death syndrome	353
28	Apparent life-threatening events	357
29	Cerebral palsy	359
30	Gastro-oesophageal reflux and aspiration lung disease	365
31	Foreign body aspiration	375
32	Inhalational lung disease	381
33	Non-cystic fibrosis bronchiectasis	387
34	Primary ciliary dyskinesia	397
35	Primary immune deficiency	407
36	Post-infectious bronchiolitis obliterans	425
37	Pleural effusion	431
38	Pneumothorax	439
39	Chronic lung disease of prematurity	449
40	Chest wall deformity and scoliosis	457
41	Congenital lung anomalies	469
42	Craniofacial abnormalities	487
43	Atopic eczema and allergic rhinitis	497
44	Food allergy	503
45	Heart disease	509
46	Interstitial lung disease	515
47	Hypersensitivity pneumonitis	525
48	Neuromuscular weakness	531
49	Thoracic tumours	555

50	Pulmonary complications of cancer treatment	567
51	Pulmonary hypertension	575
52	Pulmonary infiltrates with eosinophilia	583
53	Sickle-cell disease	589
54	Rare diseases affecting the lungs or airway	595
55	Lung transplantation	639

### Part III Supportive care

56	Use of oxygen	653
57	Inhalers and nebulizers	665
58	Airway clearance techniques	673
59	Immunization	681
60	Dealing with non-adherence to therapy	685
61	Non-invasive ventilation	689
62	Tracheostomy	697

### Part IV Practical procedures

63	Airway management	707
64	Bronchoscopy	717
65	Chest drains	727
66	Changing a tracheostomy tube	731
67	Ciliary brush biopsy	735
68	Lower airway samples	739
69	Exercise testing	743
70	Exhaled and nasal nitric oxide measurement	749
71	Skin prick testing	753

### Appendices

1	Blood gases and acid–base balance	759
2	Fitness to fly	763

3	Polysomnography	<b>767</b>
4	Measuring lung function	<b>777</b>
5	Lung function: reference values	<b>795</b>

Index 798