CONTENTS

Contributors xi Preface xiii Acknowledgments xv

1 Epidemiology of Bulimia Nervosa 1

Janis H. Crowther, Eve M. Wolf, and Nancy E. Sherwood

Bulimia Nervosa: An Evolving Disorder
Epidemiology of Bulimia Nervosa 4
Purpose of This Volume 17
References 21

I DEVELOPMENTAL AND FAMILIAL FACTORS

2 Overview 29
Peggy A. Crawford and Dana Watts

3 Developmental Issues in the Study of Eating Problems and Disorders 35

Ilana Attie and Jeanne Brooks-Gunn

What Developmental Processes Are Germane to the Study of the Emergence of Eating Disorders and Problems? 37

VIII CONTENTS

	What Individual and Social Risk Factors Increase Vulnerability for Developing an Eating Disorder? 39 Does a Continuum of Eating Psychopathology Exist? 43 When Do Eating Disorders Coevolve with Other Forms of Psychopathology? 45 Do Developmental Trajectories Differ for Girls in Different Contexts? 46 Are There Developmental Changes in the Meaning and Expression of Eating Problems Over Time? 50 Conclusion 52 References 53
4	Toward a Model of the Developmental Psychopathology of Eating Disorders: The Example of Early Adolescence 59 Michael P. Levine and Linda Smolak
	General Model 60 Early Adolescent Transition 68 Test of the Model 72 Discriminant Ability of the Model 74 Conclusion 75 References 75
5	Body Image, Weight Control, and Eating Disorders Among Children 81 Mark H. Thelen, Chris M. Lawrence, and Anne L. Powell
	Occurrence of Eating Disorders 82 Factors Associated with Eating Disorders in Children 86 Eating-Related Problems in Children 90 Childhood Factors Associated with Body Dissatisfaction and Dieting 92 Methodological Issues and Future Research 96 Conclusion 97 References 98

6 Relationship of Family and Personality Factors in Bulimia 103
Stephen Wonderlich

Theoretical Perspectives on the Association of Familial Relationships and Bulimia Nervosa 104

CONTENTS

Empirical Studies of the Association of Familial Relationships and Bulimia Nervosa 107

Personality and Bulimia Nervosa 114

Differences in Family Functioning Based on Personality
Disturbance 115

Relationship of Personality and Familial Processes in Bulimia 117

Summary and Future Directions 120

References 121

II INDIVIDUAL FACTORS

7 Overview 129
Deborah S. Rosch and Kristen L. Shepherd

8 Chronic Dieting and Eating Disorders: A Spiral Model 133 Todd F. Heatherton and Janet Polivy

Deciding to Diet 133

Causes and Consequences of Dietary Failure 138

Mechanisms of Disinhibited Eating 141

Path to Eating Disorders 144

Research Implications 146

Clinical Implications 147

Summary and Conclusion 148

References 148

9 Body-Image Disorder: Definition, Development, and Contribution to Eating Disorders 157

James C. Rosen

Definition of Body-Image Disorder 157

Body-Image Disorder in the Development and Maintenance of Eating Disorders 164

Development of Body-Image Disorder 165

Mechanisms That Maintain Preoccupation with Appearance Defects 170

Conclusion 171

References 172

CONTENTS X

Personality Characteristics as a Risk Factor in the Development of 10 **Eating Disorders** 179

Craig Johnson and Stephen Wonderlich

179 Comorbidity of Eating Disorders and Axis II Diagnosis

Personality Characteristics as a Risk Factor for Eating Disorders 191

Conclusion 194

194 References

Ш **FUTURE DIRECTIONS**

199 11 Overview

Deanne L. Zotter and Nancy E. Sherwood

12 203 Prevention of Bulimia Nervosa: Questions and Challenges Ruth H. Striegel-Moore

Defining Bulimia Nervosa 204

Bulimia Nervosa: A Gender-Linked Disorder 206

Etiological Models of Bulimia Nervosa 208

Eliminating Noxious Factors

Creating Supportive Environments 215

Family Environment 216

Conclusion 218

References 218

13 Etiology of Bulimia Nervosa: Conceptual, Research, and **Measurement Issues**

Janis H. Crowther and J. Scott Mizes

Heterogeneity of Bulimia Nervosa 226

Heterogeneity of Eating Disorders: The "Continuum Notion"

Revisited 226

Heterogeneity of Bulimia Nervosa: Associated Psychopathology 230

Conceptual Model for Understanding the Heterogeneity of Bulimia

Nervosa 231

Need for Prospective Research 232

Measurement Issues 237

Conclusion 239

References 239

Index 245