Table of Contents

Ackno	wledgements	V
1	Description	. 1
1.1	Terminology	
1.2	Definition	
1.2.1	Diagnostic Criteria	
1.2.2	Applicability of Criteria for Adults	
1.3	Epidemiology	
1.3.1	Prevalence and Incidence	
1.3.2	Sex	
1.3.3	Age	
1.3.4	Ethnicity	
1.4	Course and Prognosis	
1.5	Differential Diagnosis	
1.5.1	Disruptive, Impulse-Control, and Conduct Disorders	12
1.5.2	Depressive Disorders	13
1.5.3	Anxiety Disorders	13
1.5.4	Trauma and Stress-Related Disorders	13
1.5.5	Bipolar and Related Disorders	14
1.5.6	Personality Disorders	14
1.5.7	Substance-Related and Addictive Disorders	15
1.5.8	Neurodevelopmental, Physical, and Medical Conditions	15
1.5.9	Environmental and Psychosocial Factors	16
1.6	Comorbidity	16
1.6.1	Disruptive, Impulse-Control, and Conduct Disorders	17
1.6.2	Depressive Disorders	17
1.6.3	Anxiety Disorders	18
1.6.4	Bipolar and Related Disorders	18
1.6.5	Substance-Related and Addictive Disorders	18
1.6.6	Personality Disorders	19
1.6.7	Sleep-Wake Disorders	19
1.7	Diagnosis	20
1.7.1	Diagnostic Interviews	21
1.7.2	Rating Scales	21
1.7.3	Psychocducational Testing	23
1.7.4	Neuropsychological Testing.	24
1.7.5	Laboratory Testing	24
2	Theories and Models of ADHD in Adults	. 26
2 2.1		. 26
2.1 2.1.1	Neurobiological Factors in ADHD	26
2.1.1	Genetic Contributions	20
	Neurological Factors	
2.1.3	Cognitive Determinants	29
2.2 2.2.1	Environmental Risk Factors	30 31
4.4.1	DIURUSINAL MUVELNUV FALIUUS	

8	Appendix: Tools and Resources	. 86
7	References	. 74
6	Further Reading	. 72
5 5.1 5.2	Case Vignettes Julie (A College Student). Peter (An Adult).	68 68 70
4.8 4.9	Efficacy and Prognosis	64 67
4.6.2 4.7	Psychotherapeutic Considerations	61 63
4.6.1	Pharmacological Considerations	59
4.6	Treating Adults With ADHD and Comorbid Conditions	59
4.5	Mechanisms of Action	58
4.3.3	Variations and Combinations of Methods	5 5
4.3.4	Psychoeducation	54 54
4.3.3 4.3.4	Supportive and Family Therapies	54 54
	Organizational Skills Training	52 54
4.3.1 4.3.2	Coaching and Cognitive Behavior Therapy Meta-Cognitive Therapy and Time-Management and	32
4.3	Psychosocial and Psychological Therapies	52 52
4.2.2	Nonstimulant Medications	50
4.2.1	Stimulant Medications	48
4.2	Psychopharmacology	46
4.1	Methods of Treatment	45
4	Treatment	45
3.3	Treatment Considerations	42
3.2	The Decision-Making Process	41
3.1.6	Testing	40
3.1.5	Differential Diagnosis and Comorbidities	40
3.1.4	Behavioral Rating Scales.	39
3.1.2	Clinical Interview	36
3.1.1	Developmental History	36
3.1 3.1.1	Assessment Procedures	35
3	Diagnosis and Treatment Indications	34 34
	Psychosocial Adversity Factors	32
2.4	Interactions Among Neurobiological, Environmental, and	
2.3	Psychosocial Adversity Factors	32
2.2.2	Food Additives and Dietary Factors	32
2.2.2	Environmental Toxins	31