
CONTENTS

Preface 9

I

PERSONAL AND SOCIAL LIFE

1. The Basic Human Being 15

Some of Our Animal Aspects 15

Hereditv and Environment 20

Mind and Body 24

The Subconscious 26

Reason and Intuition 32

2. The Environment 37

Oneness of Man and Nature 37

Natural and Man-made Disasters 42

Urban Problems 45

Returning to Rural Areas 51

Imminent Doom 54

Ending Environmental Pollution 57

3. The Intellect 61

Education 61

Literature's Influence 69

CONTENTS

Intellectuals and the Masses	75
Intellectual and Artistic Involvement	80
Limits of the Scientific Intellect	83

4. Health and Welfare 87

Practitioners of the Healing Art	87
Organ Transplantation	90
Medical Treatment: Scientific and Total	93
Assisting the Aged	97
GNP or Gross National Welfare	100
The Profession of Motherhood	107
Breeding to the Limit	110

5. Man as the Social Animal 117

The Labor Movement	117
Leisure and Its Uses	123
Sense of Value in Social Organization	126
Allegiance to Organizations	130
The Establishment and the Generation Gap	135
Neutrality of the Mass Media	140
Restrictions on Freedom of the Press	144
Abolition of the Death Penalty	147
Suicide and Euthanasia	150

II

POLITICAL AND INTERNATIONAL LIFE

6. The Second Half of This Century 161

The United States	161
The Space Exploration Race	166
Japan and Britain	167
No Candidate for King	171
Demise of the Local State	174

CONTENTS

Countries Susceptible to Communism	179
World-embracing Patriotism	183
7. Arms and War	186
Economic Growth and War	186
Peaceful Utilization of Atomic Power	188
Proxy Wars and Asia	190
Self-defense and the Japanese Constitution	193
Future Police Forces	197
The Nature and Future of War	201
8. Choosing a Political System	205
Qualities of a Good Leader	205
Safeguards against Fascism	208
The Nature, Means, and Ends of Power	211
Democracy or Dictatorship	215
Democracy or Meritocracy	220
9. One World	225
International Currency	225
East Asia's Role	228
Japan's Contribution to the Future	236
From Bipolarity to Multipolarity	239
World Unification	243

III

PHILOSOPHICAL AND RELIGIOUS LIFE

10. The Nature of Things	249
Origin of Life	249
The Question of Eternal Life	252
The Universe	260

CONTENTS

Intelligent Beings on Other Planets	265
Beyond Waves and Subatomic Particles	269
Religious Approaches to Ultimate Reality	272
The Buddhist Approach	276
11. Roles Religion Plays	286
Religion as the Source of Vitality	286
Three Western Religions	290
Returning to Pantheism	296
12. Good and Evil	304
The Mixture of Good and Evil	304
Dealing with Desires	308
The Meaning of Fate	316
Defining True Progress	322
Love and Conscience	326
Compassion as Practicable Love	331
Expanding the Sphere of Love	334
The Highest Human Value	339
Index	343