

# Contents

<b>Foreword S. Rachman</b>	viii
<b>Acknowledgements</b>	ix
<b>List of Contributors</b>	x
<b>List of Abbreviations</b>	xii
<b>Editors' Introduction</b>	xvi
1 Practical Issues of Investigation in Clinical Psychology S. J. E. Lindsay and G. E. Powell	1
2. An Introduction to Treatment G. E. Powell and S.J.E. Lindsay	33
Obsessions and Compulsions:	
3 Investigation P. de Silva	47
4 Treatment P. de Silva	67
Depression:	
5 Investigation V. Rippere	88
6 Treatment B. Bradley	108
Fears and Anxiety:	
7 Investigation S. J. E. Lindsay	134
8 Treatment S. J. E. Lindsay	161
Sexual Dysfunction:	
9 Investigation P. de Silva	183
10 Treatment P. de Silva	197

Social Behaviour in Adults:	
11 Investigation S. H. Spence	213
12 Treatment S. H. Spence	240
Marital Dysfunction:	
13 Investigation I. S. Bennun	256
14 Treatment I.S. Bennun	267
Schizophrenia:	
15 Investigation D. R. Hemsley	281
16 Treatment D. R. Hemsley	297
Problems Related to Sexual Variation:	
17 Investigation A. J. Chalkley	315
18 Treatment A. J. Chalkley	331
Major Addictions:	
19 Investigation M. Gossop	346
20 Treatment M. Gossop	364
Problems in the Elderly:	
21 Investigation R. T. Woods	380
22 Treatment R. T. Woods	400
Rehabilitation:	
23 Investigation F. N. Watts and A. Lavender	420 —
24 Treatment F. N. Watts and A. Lavender	433
Personality:	
25 Investigation R.A. Stewart	446
Disorders of Eating and Weight:	
26 Investigation J. Wardle	467
27 Treatment J. Wardle	488
Cardiovascular and Respiratory Disorders:	
28 Investigation A. Steptoe	512
29 Treatment A. Steptoe	525
Disorders of Sleep:	
30 Investigation S. J. E. Lindsay and M. Jahanshahi	537 —
31 Treatment S. J. E. Lindsay	548
Chronic Pain:	
32 Investigation S. Pearce and P. H. Richardson	561 —
33 Treatment S. Pearce and P. H. Richardson	578
Neurological Problems:	
34 Investigation G. E. Powell and B. Wilson	595
35 Treatment B. Wilson and G. E. Powell	632

Forensic Problems:	
36 Investigation K. Howells	649
37 Treatment K. Howells	669
38 Presenting Forensic Evidence L. R. C. Haward	684
Methodology for Investigation:	
39 Single-Case Methodology in Behaviour Therapy S. Morley	699
40 Experimental Research Designs B. Everitt	719
41 Single-Case Methodology in Neuropsychology A. Canavan	734
Author Index	765
Subject Index	785