
CONTENTS

PREFACE TO REVISED EDITION	viii
ACKNOWLEDGEMENTS	ix
LIST OF ABBREVIATIONS	x
1 THE CONCEPTUALIZATION OF FUNCTIONING, HEALTH AND QUALITY OF LIFE	1
Measuring health outcome	1
The concept of functional ability	3
The concept of positive health	4
The concept of social health	5
The concept of quality of life	6
Quality of life as an outcome measure: whose assessment?	7
Measures of health status in relation to quality of life	7
2 THEORY OF MEASUREMENT	9
Choice of health indicator	9
Measurement theory	9
Measurement problems	10
Types of instruments	12
Self-report measures	12
Scaling item responses	13
Weighting scale items	13
Utility rating scales	14

3	THE MEASUREMENT OF FUNCTIONAL ABILITY	16
	The Older Americans' Resources and Services Schedule (OARS): Multi-dimensional Functional Assessment Questionnaire	18
	The Stanford Arthritis Center Health Assessment Questionnaire (HAQ)	20
	The Arthritis Impact Measurement Scales (AIMS)	22
	The Index of Activities of Daily Living (ADL)	25
	Townsend's Disability Scale	27
	The Karnofsky Performance Index	29
	The Barthel Index	31
	The Quality of Well-Being Scale (QWBS)	32
	The Crichton Royal Behaviour Rating Scale (CRBRS)	34
	The Clifton Assessment Procedures for the Elderly (CAPE)	36
4	BROADER MEASURES OF HEALTH STATUS	38
	The Sickness Impact Profile (SIP)	39
	The Nottingham Health Profile (NHP)	43
	The McMaster Health Index Questionnaire (MHIQ)	48
	The Rand Health Insurance/Medical Outcomes Study Batteries	49
	Physical Health Battery	50
	Mental Health Battery	51
	Depression Screener	52
	Social Health Battery	54
	Social Support Scale	55
	General Health Perceptions Battery	56
	The Short Form-36 Health Survey Questionnaire (SF-36)	57
	The Short Form-12 Health Survey Questionnaire (SF-12)	60
	The Dartmouth COOP Function Charts	61
	The Cornell Medical Index (CMI)	63
	Spitzer's Quality of Life Index (QL)	65
	Linear Analogue Self Assessment (LASA)	67
	The McGill Pain Questionnaire (MPQ)	68
5	MEASURES OF PSYCHOLOGICAL WELL-BEING	71
	Depression	71
	Zung's Self Rating Depression Scale	72
	Montgomery-Asberg Depression Rating Scale (MADRS)	73
	Hamilton Depression Scale	75
	The Beck Depression Inventory (BDI)	76
	Hospital Anxiety and Depression Scale (HAD)	79
	The Symptoms of Anxiety and Depression Scale (SAD)	80
	Goldberg's General Health Questionnaire (GHQ)	82
	The Geriatric Mental State (GMS)	85

Short Mental-Confusion Scales	87
The Mental Status Questionnaire (MSQ)	87
The Abbreviated Mental Test Score (AMT)	88
6	MEASURING SOCIAL NETWORKS AND SOCIAL SUPPORT
Social-network analysis	90
Methods of measurement	91
Available measures of social support	93
Inventory of Socially Supportive Behaviours (ISSB)	94
Arizona Social Support Interview Schedule (ASSIS)	95
Perceived Social Support from Family and Friends	97
Social Support Questionnaire	97
Interview Schedule for Social Interaction (ISSI)	99
The Social Network Scale (SNS)	100
The Family Relationship Index (FRI)	102
The Social Support Appraisals Scale (SS-A) and the Social Support Behaviours Scale (SS-B)	103
Interpersonal Support Evaluation List (ISEL)	104
The Network Typology: the Network Assessment Instrument	106
Loneliness	108
The Revised University of California at Los Angeles (UCLA) Loneliness Scale	108
7	MEASURES OF LIFE SATISFACTION AND MORALE
Happiness	111
Life satisfaction	112
Morale	112
Global measures	113
The Life Satisfaction Index A (LSIA) and Index B (LSIB)	113
The Life Satisfaction Index Z 13-Item Version (LSIZ)	116
The Affect-Balance Scale (ABS)	116
The Philadelphia Geriatric Center Morale Scale (PGCMS)	118
Delighted-Terrible Faces (D-T) Scale	119
The (Psychological) General Well-Being Schedule (GWBS)	120
Sense of Coherence Scale (SOC)	122
Scales of Self-Esteem	123
The Self-Esteem Scale	124
The Tennessee Self-Concept Scale	125
Coopersmith Self-Esteem Inventory	126
APPENDIX A: A SELECTION OF USEFUL SCALE DISTRIBUTORS AND ADDRESSES	128
REFERENCES	130
INDEX	156