Contents

Preface Acknowledgments		X XİV	
Part I: Foundations			1
1	Mora	Morality for Persons	
	1.1	Utilitarianism	4
	1.2	Contemporary Concept of Person	7
	1.3	* . · · · · · · · · · · · · · · · · · ·	9
		Subject-centered approach	10
		Human-nature approach	13
	1.4	Survival of Traditional Morality	16
		Persons, truth, and moral necessity	16
		Inadequacy of utilitarianism	19
		Criterion of morality	20
		Morality and natural law	25
		Moral pluralism	26
2	Life, l	Health, Ethics, and the Bible	28
	2.1	Biblical Interpretation and Bioethics	28
	2.2	Life, Health, Sickness, and Death: Old Testament	30
		Gift of life	30
		Sickness and health	32
		Death	33
	2.3	Life and Healing: New Testament	34
		True life	34
		Healing miracles of Jesus	36
	2.4	Life after Death in the Bible	37
	2.5	Relevance of the Bible for Health Ethics	39

vi Contents

3	Ethi	cal Principles for Healthcare	41
	3.1	Christian Vision of Human Dignity	41
	3.2	Respect for Human Life	42
		Theological perspective	42
		Philosophical perspective	43
	3.3	Duty of Reasonable Care of Health and Life	44
	3.4	Doing Good and its Side Effects	46
	3.5	Responsibilities of Healthcare Professionals	47
		Primacy of the human person	47
		Clinicians' responsibilities	48
		Need of informed consent for treatment	48
		Doctors, community, and the law	49
	3.6	Christian and Secular Ethicists in a Democracy	50
Pa	rt II: E	thical Issues	53
4	The I	luman Embryo	55
	4.1	Beginning of the Embryo	55
	4.2	Research and Clinical Use of Embryos	56
		Infertility treatment	57
		Medical research	58
		Cloning human embryos	60
		Preimplantation genetic diagnosis	61
	4.3	Respect Due to the Embryo	62
		Biblical and theological reasons	63
		The embryo as a person	63
		The early embryo as a potential person	65
		Other reasons	68
	4.4	Ethical Evaluation of the Use of Embryos in	
		Research and Clinical Practice	70
5	The P	regnant Woman and her Fetus	75
	5.1	Support for Pregnant Women	75
	5.2	Embryonic and Fetal Mortality and Morbidity	76
	5.3	Induced Abortion	79
		Incidence	79
		Reasons	79
		Surgical and medical methods	80
		Postcoital methods	81
		Contraceptives - abortifacients?	82
	5.4	Long-term Sequelae of Abortion	84
	5.5	Fetus with Anencephaly	86

Contents	VII
MILLERINS	VII

	5.6	Ethical Evaluation of Issues During Pregnancy	88
		Reasons in favor of abortion	88
		Reasons opposed to direct abortion	91
		Treatment of women who have been raped	93
		Early delivery of a fetus with anencephaly	95
6	Infer	tility and Artificial Reproductive Technology	100
	6.1	Infertility	100
		Incidence and causes	100
		Treatment	102
		Outcomes of treatment	104
		Burdens and costs of treatment	107
	6.2	Artificial Reproductive Technology and Ethics	109
		Utilitarian perspectives	109
		Protection of children's interests	113
		Professional ethical guidelines	116
		Marriage and procreation in the Catholic Christian tradition	117
		Challenges ahead	119
7	Prena	atal Screening and Diagnosis	121
	7.1	Prevalence of Fetal Congenital Malformations	121
	7.2	Pregnant Women's Anxieties	123
	7.3	Current Procedures	124
		Maternal serum	125
		Cystic fibrosis	125
		Thalassemia	126
		Nuchal translucency	126
		Ultrasound	127
		Amniocentesis	127
		Chorionic villus sampling	128
		Testing fetal blood and cells	129
		Testing pregnant women for HIV	129
	7.4	Sex-selected Insemination	130
	7.5	Therapeutic Benefits	130
	7.6	Ethical Evaluation of Prenatal Screening and Diagnosis	131
		Prenatal screening and diagnosis per se	131
		Respect for the life of the fetus	132
		Informed consent, counseling, and pastoral care	134
		Prenatal diagnosis and selective abortion	136
		Genetic screening and responsible parenthood	138
		Professional confidentiality	140
		Sensitivity for people with disabilities	141
		Justice and public policy	143

viii Contents

8	The	Fetus	144
	8.1	Fetal Therapies	144
		Medication	144
		Intravascular therapy	145
		Fetal surgery	145
		Fetal tissue transplants in utero	147
		Fetal gene therapy	149
		Twin abnormalities	151
		Multiple pregnancy	152
	8.2	Use of Fetal Tissue	152
		Fetal tissue transplants to children and adults	152
		Source of fetal tissue	154
	8.3	Fetal Pain	155
	8.4	Care of the Fetus and Ethics	156
		Pregnant woman responsible for her fetus	156
		Doctor's duty to the mother and her fetus	157
		Fetal surgery	158
		Fetal tissue transplants	161
		Fetal gene therapy	164
		Monochorionic twin abnormalities	165
		Multifetal pregnancy reduction	166
		Fetal pain	166
9	Newborns		168
	9.1	Breastfeeding	168
	9.2	Perinatal Mortality	168
	9.3	Low Birthweight Babies	169
		Terminology	169
		Causes	170
		Neonatal intensive care	171
		Survivors with disabilities	172
		Costs	173
	9.4	Delivery for HIV Infected Pregnant Women	174
	9.5	Neonatal Transplants	174
		Heart	175
		Liver	175
		Kidney	176
		Umbilical cord blood	176
		Brain death and neonatal transplants	177
	9.6	Ethical Issues in the Treatment of Newborns	177
		General principles and criteria	177
		Delivery options and HIV transmission	181

Contents	ix

Notes Glossary Select Bibliography Index		250			
		188 240 245			
				Resource allocation and neonatal treatment	187
				Neonatal transplants	185
	Treatment of extremely low birthweight babies	182			
	Artificial nutrition and hydration	182			