Contents

- 1 Introduction | 7
- 1.1 Approaching Miranda July | 7
- 1.2 Self-Reliance, the Individualized Society, and the Expressive Individualist | 10
- 1.3 The Figure of the Artist, Self-Expression, and Self-Help | 17
- 1.4 The Structure of This Book | 22
- 2 Healing the Audience? Virtual Community Versus Individualization in the Internet Project *Learning to Love You More* | 25
- 2.1 Healing Through Participation | 27
- 2.2 The Media and the Virtual Community |41
- 2.3 A Community of Authentic Individuals | 55
- 3 Self-Help Strategies For Disembedded Individuals: The Film Me and You and Everyone We Know | 71
- 3.1 A Critique of Appropriation | 79
- 3.2 Spiritual Materialism | 87
- 3.3 Children and Sexuality | 98
- 3.4 Art as Self-Help | 122
- 4 The Search for the Self: The Short Story Collection *No One Belongs Here More Than You* | 135
- 4.1 Loneliness | 136
- 4.2 Expressive Individualism | 168
- 4.3 Sexual Inadequacy | 192
- 5 Conclusion: The Ambivalences of Self-Help + 209

Works Cited | 217

Acknowledgements | 225

digitalisiert durch