

# Contents

<b>1</b>	<b>Implementing Evidence-Based Practices Wisely .....</b>	<b>1</b>
	Nirbhay N. Singh	
<b>Part I Foundations</b>		
<b>2</b>	<b>Definition and Nature of Intellectual Disability .....</b>	<b>11</b>
	James C. Harris and Stephen Greenspan	
<b>3</b>	<b>Evidence-Based Practices .....</b>	<b>41</b>
	Karen C. Stoiber, Samuel Purdy, and David A. Klingbeil	
<b>4</b>	<b>Functional Assessment .....</b>	<b>69</b>
	Raymond G. Miltenberger, Sarah E. Bloom, Sindy Sanchez, and Diego A. Valbuena	
<b>5</b>	<b>Preference Assessments for Clinical Decision Making .....</b>	<b>99</b>
	Andrew L. Samaha, Sarah E. Bloom, and Leah J. Koehler	
<b>6</b>	<b>Prevention of Severe Problem Behavior .....</b>	<b>123</b>
	Don E. Williams, Gabrielle T. Lee, and Deborah L. Grossett	
<b>7</b>	<b>Community Support Needs .....</b>	<b>137</b>
	James R. Thompson and Stephanie DeSpain	
<b>8</b>	<b>Quality of Life .....</b>	<b>169</b>
	Robert A. Cummins	
<b>9</b>	<b>Functional Skills .....</b>	<b>229</b>
	Robert H. LaRue, Christopher J. Manente, Erica Dashow, and Kimberly N. Sloman	
<b>Part II Treatment and Training Modalities</b>		
<b>10</b>	<b>Complementary and Alternative Therapies .....</b>	<b>243</b>
	Marianne M. Glanzman and Marisa Toomey	
<b>11</b>	<b>Cognitive Behavioral Therapy .....</b>	<b>283</b>
	Paul Willner and William R. Lindsay	
<b>12</b>	<b>Mindfulness .....</b>	<b>311</b>
	Yoon-Suk Hwang and Nirbhay N. Singh	

<b>13</b>	<b>Psychopharmacology</b> .....	347
	Shoumitro Deb	
<b>14</b>	<b>Assistive Technology</b> .....	383
	Giulio E. Lancioni, Nirbhay N. Singh, Mark F. O'Reilly, Jeff Sigafos, Doretta Oliva, and Robert Didden	
<b>15</b>	<b>Positive Behavior Support</b> .....	415
	Kelsey R. Morris and Robert H. Horner	
<b>16</b>	<b>Staff Training in Positive Behavior Support</b> .....	443
	Anne MacDonald	
<b>17</b>	<b>Parent Training</b> .....	467
	Laura Lee McIntyre and Cameron L. Neece	
<b>18</b>	<b>Social Skills</b> .....	493
	Laci Watkins, Michelle Kuhn, Mark F. O'Reilly, Russell Lang, Jeff Sigafos, and Giulio E. Lancioni	
<b>19</b>	<b>Early Intensive Behavioral Intervention</b> .....	511
	Adrienne Perry, Julie Koudys, and Ksusha Blacklock	
<b>20</b>	<b>Active Support</b> .....	537
	Sandy Toogood, Vasiliki Totsika, Edwin Jones, and Kathy Lowe	
<b>21</b>	<b>Self-Determination and Choice</b> .....	561
	Michael L. Wehmeyer and Karrie A. Shogren	
<b>22</b>	<b>Telehealth</b> .....	585
	David P. Wacker, Kelly M. Schieltz, Alyssa N. Suess, Patrick W. Romani, Yaniz C. Padilla Dalmau, Todd G. Kopelman, John F. Lee, and Scott D. Lindgren	
<b>23</b>	<b>Skills Training for Parents with Intellectual Disabilities</b> .....	615
	Maurice A. Feldman and Munazza Tahir	
 <b>Part III Evidence-Based Interventions</b>		
<b>24</b>	<b>Self-Injury</b> .....	635
	Theodore A. Hoch, Carl R. Dzyak, and Brian L. Burkhalter	
<b>25</b>	<b>Rumination</b> .....	677
	Carl R. Dzyak, Brian L. Burkhalter, and Theodore A. Hoch	
<b>26</b>	<b>Pica</b> .....	715
	Don E. Williams and David McAdam	
<b>27</b>	<b>Aggressive Behavior</b> .....	727
	Robert Didden, William R. Lindsay, Russell Lang, Jeff Sigafos, Shoumitro Deb, Jan Wiersma, Nienke Peters-Scheffer, Peter B. Marschik, Mark F. O'Reilly, and Giulio E. Lancioni	

<b>28</b>	<b>Stereotypy</b> .....	751
	John T. Rapp and Marc J. Lanovaz	
<b>29</b>	<b>Inappropriate Sexual Behavior and Sexual Offending</b> .....	781
	William R. Lindsay	
<b>30</b>	<b>Sleep Disorders</b> .....	809
	Deborah L. Grossett, C. Merle Johnson, Don E. Williams, and Domonique L. Randall	
<b>31</b>	<b>Communication</b> .....	823
	Jeff Sigafoos, Giulio E. Lancioni, Mark F. O'Reilly, Russell Lang, Nirbhay N. Singh, Robert Didden, Vanessa A. Green, and Peter B. Marschik	
<b>32</b>	<b>Vocational Training</b> .....	851
	John Kregel and Meg Sander	
<b>33</b>	<b>Leisure Skills</b> .....	871
	Brian J. Feeney, Rebecca K. Arvans, and W. Larry Williams	
<b>34</b>	<b>Community Living and Participation</b> .....	891
	Amy S. Hewitt, Kristin Hamre, Kelly Nye-Lengerman, Jennifer Hall-Lande, and Libby Hallas-Muchow	
<b>35</b>	<b>Health and Wellness</b> .....	907
	James K. Luiselli	
<b>36</b>	<b>Safety Skills</b> .....	923
	Jina Jang, Anurati Mehta, and Dennis R. Dixon	
<b>37</b>	<b>Toilet Training</b> .....	943
	James S. Smith and Brandy Chaneb	
<b>38</b>	<b>Substance Use Disorders</b> .....	957
	Robert Didden, Joanneke VanDerNagel, and Neomi van Duijvenbode	
	<b>Index</b> .....	967