

Contents

Part I Epidemiology and Risk Factors

- 1 Enhancing Women's Heart Health from a Global Perspective 3**
Sarah P. Wamala
- 2 Epidemiology and Standard Risk Factors in Relation
to Psychosocial Risk Factors for Coronary Heart Disease..... 7**
Annika Rosengren and Karin Manhem
- 3 Coronary Heart Disease in Women:
Evolution of Our Knowledge 13**
Nanette Kass Wenger
- 4 Psychosocial Risk Factors for Coronary Heart Disease
in Women: The Stockholm Studies of Women's Hearts..... 27**
Kristina Orth-Gomér
- 5 Depression and Cardiovascular Disease in Women:
Behavioral and Biological Mechanisms Involved
in this Association 41**
Diana A. Chirinos and Neil Schneiderman
- 6 Psychosocial Risk Factors in Women: Special Reference
to Depression and Posttraumatic Stress Disorder..... 63**
Viola Vaccarino

Part II Psycho-biological Mechanisms and Pathways

- 7 On Basic Physiological Stress Mechanisms in Men
and Women: Gender Observations on Catecholamines,
Cortisol and Blood Pressure Monitored in Daily Life 89**
Töres Theorell

8	Sleep as a Means of Recovery and Restitution in Women: The Relation with Psychosocial Stress and Health	107
	Johanna Schwarz, Eva Lindberg, and Goran Kecklund	
9	Psychoneuroimmunological Pathways and Sex Differences in Coronary Artery Disease: The Role of Inflammation and Estrogen	129
	Willem J. Kop and Paula M.C. Mommersteeg	
10	Gene by Environment Interactions: Impact on Women's Health	151
	Redford B. Williams	
11	Neurobiology of Early Life Stress in Women	161
	J. Douglas Bremner and Viola Vaccarino	
Part III Clinical Interventions		
12	Inhibited Breathing and Salt-Sensitive Hypertension in Women	181
	David E. Anderson and Margaret A. Chesney	
13	“Lifeskills” Training: Both Women and Men Benefit—But for Different Reasons	197
	Virginia Williams	
14	Cognitive Programs, Dynamic Concepts, and Interpersonal Relations: Some Results of the Berlin Anxiety Clinical Trial	209
	Hans-Christian Deter	
15	Gender Considerations in Psychosocial–Behavioral Interventions for Coronary Heart Disease	233
	Neil Schneiderman, Kristina Orth-Gomér, and Gunilla Burell	
16	How Did the Stress Reduction Program Help Women to Survive? The Patient's View in the SWITCHD Study	251
	May Blom, Hans-Christian Deter, and Kristina Orth-Gomér	
17	Summary, Conclusions and Future Directions of Research	261
	Kristina Orth-Gomér and Hans-Christian Deter	
	Common Abbreviations	283
	Author Index	285
	Subject Index	295