

# Contents

<b>Foreword</b> .....	vii
<b>About the Contributors</b> .....	xiii
<b>Part I Processing Transitions in the Life Span</b>	
<b>1 Life Stress and Transitions in the Life Span</b> .....	3
Thomas W. Miller	
<b>2 Life Transitions and Stress in the Context of Psychosocial Development</b> .....	19
James E. Marcia	
<b>3 The Neurobiology of Stress Throughout the Life Cycle</b> .....	35
Jerald Kay	
<b>4 Life as a Source of Theory: Erik Erikson's Contributions, Boundaries, and Marginalities</b> .....	59
James J. Clark	
<b>Part II Education and Career Transitions</b>	
<b>5 College-to-Workplace Transitions: Becoming a Freshman Again</b> .....	87
Paul I. Hettich	
<b>6 Coping with Job Transitions over the Work Life</b> .....	111
John R. Rudisill, Jean M. Edwards, Paul J. Hershberger, Joyce E. Jadwin, and John M. McKee	
<b>7 Transitioning into Retirement as a Stressful Life Event</b> .....	133
Thomas F. Holcomb	

**Part III Marriage, Family, and Sexual Life Cycle Transitions**

**8 Family Transitions Following Natural and Terrorist Disaster: Hurricane Hugo and the September 11 Terrorist Attack**..... 149  
 Catherine L. Cohan

**9 The Transition to Adoptive Parenthood** ..... 165  
 Abbie E. Goldberg

**10 Transitioning the Impact of Divorce on Children Throughout the Life Cycle** ..... 185  
 Brian Barczak, Thomas W. Miller, Lane J. Veltkamp, Sarah Barczak, Clay Hall, and Robert Kraus

**11 Stress, Mindful Parenting, and the Transition to Adulthood**..... 217  
 Jeanne Joseph Chadwick

**12 Sexual Transitions in the Lives of Adult Women** ..... 235  
 Emily Koert and Judith C. Daniluk

**13 Family and Spousal Adaptation to Transitioning a Traumatic Event**..... 253  
 Thomas W. Miller, Cindy Dunn, and Ila Patel

**Part IV Legal, Ethical, and Financial Transitions**

**14 Ethical and Legal Issues in Transitioning the Lifespan** ..... 271  
 Steven Nisenbaum, Madelaine Claire Weiss, and Daniel Shapiro

**15 Money in (E)Motion Experienced in Stressful Financial Transitions** ..... 297  
 John V. Boardman

**16 Assessing, Moderating, and Modifying Implicit Cognitive Processes in Alcohol and Drug Misuse in Transitioning Adulthood** ..... 311  
 Marvin Krank

**Part V Life Threatening Transitions in Maturation and Health**

**17 Life Stress and Managing Transitions Unanticipated Change of Course: The Diagnosis of Chronic Progressive Neurological Disease: No Deal!** ..... 341  
 William D. Weitzel and Judith K. Carney

**18 Transitions Throughout the Cancer Experience: Diagnosis, Treatment, Survivorship, and End of Life**..... 355  
 Dorothy Ann Brockopp, Krista Moe, Judith A. Schreiber, and Sherry Warden

<b>19</b>	<b>Loss of the Safety Signal in Childhood and Adolescent Trauma</b> .....	367
	Thomas W. Miller and Allan Beane	
<b>20</b>	<b>An Unexpected Traumatic Change in Life: Where to Go from Here?</b> .....	377
	Richard Welsh, Lane J. Veltkamp, Thomas W. Miller, Ronald Goodman, and Emily Rosenbaum	
<b>21</b>	<b>The Role of Self-Awareness and Communication in Issues of Health and Aging</b> .....	389
	Joseph P. Fox	
<b>Part VI Cultural, Religious, and Spiritual Influences in Life's Transitions</b>		
<b>22</b>	<b>Self-Regulation Across Some Life Transitions</b> .....	411
	Katica Lacković-Grgin and Zvezdan Penezić	
<b>23</b>	<b>Time, Culture, and Life-Cycle Changes of Social Goals</b> .....	441
	Helene H. Fung and Tasia M. Y. Siu	
<b>24</b>	<b>Refugees' Life Transitions from Displacement to Durable Resettlement</b> .....	465
	Marie-Antoinette Sossou	
<b>25</b>	<b>Religious Worldviews and Stressful Encounters: Reciprocal Influence from a Meaning-Making Perspective</b> .....	485
	Crystal L. Park, Donald Edmondson, and Mary Alice Mills	
<b>26</b>	<b>Life Stress Buffer: The Salubrious Role of African-Centered Spirituality</b> .....	503
	Evangeline A. Wheeler	
<b>Part VII Directions and Interventions in Stressful Life Transitions</b>		
<b>27</b>	<b>Surviving and Thriving: How Transition Psychology May Apply to Mass Traumas and Changes</b> .....	523
	Dai Williams	
<b>28</b>	<b>Posttraumatic Growth: A Positive Consequence of Trauma</b> .....	569
	Cassie M. Lindstrom and Kelli N. Triplett	
<b>29</b>	<b>Psychological Impact of Genetic Testing</b> .....	585
	David T. Miller	
<b>30</b>	<b>Functional Fitness, Life Stress, and Transitions Across the Life Span</b> .....	605
	John Nyland and James D. Abbott	

<b>31 Nutrition Through the Life Span: Needs and Health Concerns in Critical Periods .....</b>	<b>625</b>
Jasminka Z. Ilich and Rhonda A. Brownbill	
<b>32 The Role of Animals and Animal-Assisted Therapy in Stressful Life Transitions .....</b>	<b>643</b>
Jeanine M. Miller Adams	
<b>33 The Role of Humor in Transforming Stressful Life Events .....</b>	<b>653</b>
Clifford C. Kuhn, Michael R. Nichols, and Barbara L. Belew	
<b>34 Concluding Comments and Future Considerations for Stressful Life Events and Transitions Across the Life Span.....</b>	<b>663</b>
Thomas W. Miller	
<b>Index.....</b>	<b>675</b>