

## *Contents*

List of Tables and Figures	ix
Foreword by Thomas P. Rohlen	xi
Preface	xv
A Note on Names	xx
1 What Is Adolescence?	1
2 Oak Grove and Kotani	18
3 The Common Problem of Responsibility	37
4 Puberty and Sexuality — Hormones, Energy, and Rebellion	58
5 Toward Maturity: Self-Control and Academic Goals	78
6 Managing Crises	99
7 The Disruptive Adolescent, Defiance, Delinquency and the Family	119
8 Creativity and Self-Expression	142
9 How Adolescence Gets Institutionalized	162

*viii Contents*

Conclusion: Adolescence, Self, and Life Course 178

Appendix 1: Field Sites 189

Appendix 2: Glossary of Japanese Terms 194

Notes 197

Index 229