

Contents

Preface	vii
Part I Historical Perspectives	1
Chapter 1 The Romantic Science of Julius Kuhl	3
<i>Sander L. Koole and Nicola Baumann</i>	
Chapter 2 The Integration of Motivation and Volition in Personality Systems Interactions (PSI) Theory	15
<i>Miguel Kazén and Markus Quirin</i>	
Part II Motivation: What Moves People to Action?	31
Chapter 3 The Goal Theory of Current Concerns and Its Applications at Year 45	33
<i>Eric Klinger</i>	
Chapter 4 Motivation and Lifespan Development	55
<i>Jutta Heckhausen</i>	
Chapter 5 Implicit Prosocial Power Motivation: Views From Evolutionary and Developmental Cross-Cultural Psychology	73
<i>Athanasios Chasiotis and Jan Hofer</i>	
Chapter 6 Goal Disengagement and Action Crises	87
<i>Veronika Brandstätter and Marcel Herrmann</i>	
Part III Volition: How Do People Regulate Their Action?	109
Chapter 7 A Dynamic Perspective on Intention, Conflict, and Volition: Adaptive Regulation and Emotional Modulation of Cognitive Control Dilemmas	111
<i>Thomas Goschke and Annette Bolte</i>	
Chapter 8 Does Prospective Memory Decline With Age? An Unsolved Riddle Unless State Orientation Is Taken Into Account	131
<i>Reiner Kaschel and Miguel Kazén</i>	
Chapter 9 Why the Road to Hell Is Paved With Good Intentions: Paradoxical Effects of Volitional Action Control	151
<i>Hester A. H. Ruigendijk, Nils B. Jostmann, and Sander L. Koole</i>	
Chapter 10 Impulsivity and Self-Control in Adaptive and Problem Behaviors	167
<i>Charles S. Carver</i>	
Chapter 11 An Action-Based Model of Cognitive Dissonance Theory: Considering the Impact of Julius Kuhl's Action-Control Theory	187
<i>Eddie Harmon-Jones and Cindy Harmon-Jones</i>	
Chapter 12 When Consciousness Needs to Explain Unconsciously Activated Behavior	201
<i>Ana P. Gantman, Peter M. Gollwitzer, and Gabriele Oettingen</i>	

Part IV	Self and Personality: Are People's Actions Integrated Into the Self?	215
Chapter 13	Personality and Its Coherence: Insights from Social-Cognitive and Personality Systems Interactions Theories <i>Daniel Cervone and Markus Quirin</i>	217
Chapter 14	Sibling Theories: Some Reflections on the Commonalities Between PSI and SDT <i>Richard M. Ryan</i>	237
Chapter 15	Preserve the Status Quo, or Move to Mexico? How to Tell When a Radical Leap Is Really Warranted <i>Kennon M. Sheldon</i>	243
Chapter 16	How Do We Know If You Know Your Self? Measures, Causes, and Consequences of Self-Access <i>Nicola Baumann, Miguel Kazén, and Markus Quirin</i>	259
Chapter 17	The Significance of Implicit Personality Systems and Implicit Testing: Perspectives From PSI Theory <i>David Scheffer and Björn Manke</i>	281
Part V	Applications	301
Chapter 18	Action-State Orientation at Work: Dynamic Effects in Organizational Contexts <i>James M. Diefendorff, Erin M. Richard, Peter V. Dinh, and Chelsea LeNoble</i>	303
Chapter 19	Personality Systems Interactions in Skilled Motor Performance: Implications for Sport Psychology <i>Peter Gröpel and Jürgen Beckmann</i>	323
Chapter 20	Educational Implications of PSI Theory <i>Claudia Solzbacher and Christina Schwer</i>	343
Chapter 21	Parental Empathy as a Source of Child's Scholastic Performance: Linking Supportive Parental Empathy and School Grades by Particular Aspects of Children's Self-Regulation <i>Ann-Kathrin Hirschauer, Frank Aufhammer, Regina Bode, Anita Chasiotis, and Thomas Künne</i>	359
Chapter 22	The Supportive Role of Fathers for Childrens' Development of the Authentic Self: A View Through the PSI Lense <i>Kerstin Liesenfeld</i>	375
Chapter 23	Personality-Oriented Counseling and Psychotherapy <i>Gudula Ritz</i>	393
Chapter 24	Freeing the Self: The Freedom Motive in Counseling and Therapy <i>Philipp Alsleben</i>	411
Contributors	429