

# Contents

## Exposure Techniques

### CHAPTER 1

#### **The Design and Operation of Systems for Inhalation Exposure of Animals**

R. T. DREW. With 6 Figures

A. Introduction . . . . .	3
B. Design . . . . .	3
I. Facilities . . . . .	3
II. Simple Systems . . . . .	4
III. Current Chamber Design . . . . .	5
IV. Rooms as Chambers . . . . .	7
V. Isolation Systems . . . . .	8
VI. General Design Features . . . . .	8
C. Operation . . . . .	9
I. Static Systems . . . . .	9
II. Dynamic Systems . . . . .	10
III. Chamber Concentration . . . . .	11
IV. Airflow . . . . .	12
V. Static Pressure . . . . .	12
VI. Temperature and Humidity . . . . .	13
VII. Exposure Duration . . . . .	13
VIII. Noise . . . . .	13
IX. Animal Loading . . . . .	14
X. Cages and Racks . . . . .	14
D. Limited Exposure Systems . . . . .	15
E. Summary . . . . .	18
References . . . . .	18

### CHAPTER 2

#### **Gases and Vapors: Generation and Analysis. M. LIPPMANN**

With 11 Figures

A. Introduction . . . . .	23
B. Generation and Atmospheres . . . . .	25
I. Static Systems . . . . .	25
II. Dynamic Systems . . . . .	27

C. Monitoring and Control of Concentrations . . . . .	30
I. Basic Considerations in Monitoring . . . . .	31
II. Control of Concentration . . . . .	32
III. Types of Monitors . . . . .	33
D. Sampling and Analysis . . . . .	44
I. Sampling Procedures . . . . .	44
II. Sampling Train . . . . .	51
III. Analysis of Gases and Vapors . . . . .	51
E. Calibration and Record Keeping . . . . .	51
I. Calibration Techniques . . . . .	51
II. Data Handling . . . . .	54
F. Summary . . . . .	55
References . . . . .	55

### CHAPTER 3

#### **Determination of Retained Lung Dose. P. A. VALBERG. With 5 Figures**

A. General Principles . . . . .	57
I. Types of Aerosols . . . . .	57
II. Description of the Aerosol . . . . .	60
III. Characterization of Retained Dose . . . . .	63
B. Predicting Dose from Exposure: Determining Factors . . . . .	64
I. Deposition as Related to Particle Properties . . . . .	65
II. Pattern of Ventilation . . . . .	70
III. Respiratory Tract Anatomy . . . . .	72
IV. Effect of Disease and Age . . . . .	72
V. Models of Lung Deposition . . . . .	73
C. Dose by Measurement of Inspired and Expired Aerosol . . . . .	75
I. Mass Balance Measurement . . . . .	75
II. Within-Breath Analysis . . . . .	75
D. Infectious Particles . . . . .	75
E. Techniques Utilizing Radioactivity . . . . .	76
I. Radiopacity . . . . .	76
II. Whole Body Counting . . . . .	76
III. Collimated Detectors and Gamma Cameras . . . . .	76
IV. Tissue Samples and Dissection . . . . .	77
F. Morphological Methods . . . . .	82
I. Measurement at Autopsy . . . . .	82
II. Light and Electron Microscopy . . . . .	82
III. Morphometry . . . . .	82
G. Magnetopneumography . . . . .	83
I. Retention from Occupational Exposure . . . . .	83
II. Measurement of Lung Clearance . . . . .	83
III. Particle Environment Measurements: "Relaxation" . . . . .	83
H. Tomography: The Imaging Problem . . . . .	84
I. Computed X-Ray Transmission Tomography . . . . .	84
II. Emission Tomography: $\gamma$ -Ray and Positron . . . . .	84
III. Nuclear Magnetic Resonance . . . . .	84
References . . . . .	85

## General Assessment of Toxic Effects

### CHAPTER 4

#### Animal Models. P. J. HAKKINEN and H. P. WITSCHI

A. Introduction . . . . .	95
B. Advantages and Disadvantages of Different Species . . . . .	96
I. Mice . . . . .	96
II. Rats . . . . .	98
III. Hamsters . . . . .	100
IV. Rabbits . . . . .	101
V. Guinea Pigs . . . . .	102
VI. Dogs . . . . .	103
VII. Cats . . . . .	104
VIII. Sheep . . . . .	104
IX. Horses and Donkeys . . . . .	105
X. Goats . . . . .	105
XI. Pigs . . . . .	105
XII. Cattle . . . . .	106
XIII. Nonhuman Primates . . . . .	106
C. Conclusions . . . . .	106
References . . . . .	107

### CHAPTER 5

#### Epidemiologic Studies in Human Populations. MARGARET R. BECKLAKE

A. Introduction . . . . .	115
B. Scope . . . . .	115
C. Uses of Epidemiology in the General Assessment of the Toxic Effects of Inhaled Materials . . . . .	117
D. Exposure . . . . .	117
E. Epidemiologic Studies in Human Populations . . . . .	119
I. Definitions, Some Basic Concepts, and the General Assessment of a Problem . . . . .	119
II. The Elements of a Planned Study . . . . .	120
F. Design . . . . .	122
I. Experimental Designs . . . . .	122
II. Nonexperimental Designs . . . . .	123
G. Types of Survey . . . . .	123
H. Population . . . . .	126
J. Variables . . . . .	127
K. Measurement . . . . .	129
I. Health Measurements . . . . .	129
II. Measurements Underlying the Exposure Variable . . . . .	133
L. Analysis and Inference . . . . .	135
M. Uses of Epidemiologic Studies in the General Assessment of Toxic Effects of Inhaled Agents . . . . .	136
I. Identification . . . . .	136

II. Etiologic Studies . . . . .	138
III. Evaluation . . . . .	140
N. Summary . . . . .	141
References . . . . .	142

## CHAPTER 6

**The Isolated Perfused Lung. A. B. FISHER. With 5 Figures**

A. Perspective . . . . .	149
I. Historical Developments . . . . .	149
II. Lung Perfusion Systems . . . . .	150
III. Merits of the Perfused Lung Preparation . . . . .	150
B. Technique of Lung Perfusion . . . . .	151
I. Introduction . . . . .	151
II. Isolation of the Lung for Perfusion . . . . .	151
III. Lung Perfusion Apparatus . . . . .	152
IV. Ventilation of the Lung . . . . .	154
V. Perfusion of the Lung . . . . .	156
C. Properties of the Perfused Lung . . . . .	161
I. Monitors of Lung Stability . . . . .	161
II. Lung Tissue Compartments . . . . .	163
III. Pulmonary Edema . . . . .	164
IV. Distribution of Pulmonary Perfusate . . . . .	166
V. Viability of the Perfused Lung . . . . .	167
D. Metabolic Function of the Perfused Lung . . . . .	168
I. Intermediary Metabolism and Energy State . . . . .	168
II. Biosynthesis . . . . .	169
III. Metabolism of Hormones and Xenobiotics . . . . .	170
E. Lung Toxicology . . . . .	171
I. Exposure Regimens . . . . .	171
II. Pulmonary Responses to Hyperoxia . . . . .	172
F. Conclusions . . . . .	173
References . . . . .	173

## CHAPTER 7

**Pulmonary Cell and Tissue Cultures. B. T. SMITH**

A. Introduction . . . . .	181
B. Lung Cell and Tissue Culture Systems . . . . .	181
I. Strengths and Weaknesses . . . . .	181
II. Pure Cultures of Individual Cell Types . . . . .	183
III. Isolated Cells in Heterogeneous Systems . . . . .	192
IV. Organ Cultures . . . . .	192
C. Summary and Future Directions . . . . .	194
References . . . . .	195

## CHAPTER 8

**Bronchoalveolar Lavage.** J. D. BRAIN and BARBARA D. BECK. With 6 Figures

A. Introduction . . . . .	203
B. Techniques of Lung Lavage . . . . .	203
C. Composition of BAL . . . . .	206
I. Cells . . . . .	206
II. Small Molecules . . . . .	208
III. Macromolecules . . . . .	208
D. Relationship Between BAL and Pulmonary Pathology . . . . .	212
E. The Use of BAL as a Bioassay Tool . . . . .	213
F. BAL and Disease Progression . . . . .	218
G. BAL Assessments of Exposure to Toxic Agents . . . . .	219
H. Conclusion . . . . .	220
References . . . . .	220

**Morphologic Techniques**

## CHAPTER 9

**Morphological Methods for Gross and Microscopic Pathology**

D. L. DUNGWORTH, W. S. TYLER, and C. E. PLOPPER. With 6 Figures

A. Introduction . . . . .	229
B. Routine Examination . . . . .	229
I. Nasopharyngeal Region . . . . .	229
II. Tracheobronchial Tree and Pulmonary Parenchyma . . . . .	229
C. Special Methods . . . . .	240
I. Subgross Survey of Large Lungs . . . . .	240
II. Morphology and Morphometry of Airways . . . . .	241
III. Vascular Pattern . . . . .	243
IV. Structure of Pulmonary Vessels and Alveolar Walls . . . . .	244
V. Cryotechniques for Analysis of Structure and Function . . . . .	245
VI. Morphological Assessment of Cellular Function . . . . .	247
D. Conclusions . . . . .	250
References . . . . .	251

## CHAPTER 10

**Morphometry of the Alveolar Region of the Lung**

K. E. PINKERTON and J. D. CRAPO. With 9 Figures

A. What is Morphometry? . . . . .	259
B. Why do Morphometry? . . . . .	259
C. Types of Data Obtained by Morphometry . . . . .	259
D. Design Strategy for a Morphometric Study of Lung Tissue . . . . .	260
I. Light Microscopy or Electron Microscopy . . . . .	260
II. Animal Selection and Optimal Sample Density . . . . .	262

E. Detailed Methodology . . . . .	263
I. Lung Fixation . . . . .	263
II. Lung Volume Measurement . . . . .	266
III. Determination of the Fraction of Lung that is Parenchyma . . . . .	267
IV. Light Microscopy Analysis . . . . .	269
V. Electron Microscopy Analysis . . . . .	270
VI. Equipment . . . . .	283
References . . . . .	283

## **Biological and Biochemical Analysis**

### CHAPTER 11

#### **Cellular Kinetics of the Lung.** I. Y. R. ADAMSON. With 8 Figures

A. Introduction . . . . .	289
B. Use of Cytokinetics in Pulmonary Toxicology . . . . .	290
C. Methods to Determine Cell Turnover . . . . .	291
I. Autoradiography . . . . .	291
II. Mitotic Arrest . . . . .	299
III. Other Methods . . . . .	301
D. Kinetics of Specific Lung Cells . . . . .	302
I. Tracheobronchial Cells . . . . .	302
II. Bronchiolar Cells . . . . .	303
III. Alveolar Cells . . . . .	305
E. Factors Affecting Cell Turnover . . . . .	311
I. Sex, Strain, and Circadian Rhythm . . . . .	311
II. Age of Animal . . . . .	311
III. Nutrition . . . . .	312
F. Cytokinetics of In Vitro Systems . . . . .	313
G. Conclusions . . . . .	313
References . . . . .	314

### CHAPTER 12

#### **Mucociliary Clearance and Mucus Secretion in the Lung**

JENNIFER M. STURGEES. With 11 Figures

A. Introduction . . . . .	319
B. Bronchial Mucosa: Normal Structure and Functional Organization . . . . .	320
I. Basal and Intermediate Cells . . . . .	322
II. Ciliated Cells . . . . .	323
III. Epithelial Mucus-Secreting Cells . . . . .	326
IV. Brush Cells . . . . .	328
V. Submucosal Glands . . . . .	328
VI. Neuroendocrine Cells . . . . .	329
C. Respiratory Secretions: Source, Composition, and Physicochemical Characteristics . . . . .	329
I. Extracellular Fluid Lining of Airways . . . . .	329

II. Chemical Composition of Mucous Secretions . . . . .	333
III. Rheological Properties of Mucous Secretions . . . . .	336
D. Fundamental Aspects of Mucociliary Clearance . . . . .	337
I. Dynamics of Ciliary Movement . . . . .	337
II. Relationship of Ciliary Beat and In Vivo Mucociliary Clearance	339
E. Mucociliary Clearance: Assessment and Flow Rates . . . . .	340
I. Measurement of Mucociliary Clearance in Vivo . . . . .	341
II. In Vitro Assessment of Mucociliary Function . . . . .	345
F. Factors Affecting Mucociliary Transport . . . . .	346
I. Physiologic Factors . . . . .	346
II. Pharmacologic Agents . . . . .	347
III. Environmental Factors and Pollutants . . . . .	352
IV. Infection . . . . .	354
References . . . . .	355

## CHAPTER 13

**General Enzymology of the Lung.** M. G. MUSTAFA. With 2 Figures

A. Introduction . . . . .	369
B. Tissue Preparation . . . . .	370
I. Isolation of Lung . . . . .	370
II. Isolation of Cells . . . . .	371
III. Preparation of Tissue Slices . . . . .	373
IV. Preparation of Subcellular Fractions . . . . .	374
C. Biochemical and Enzymatic Determinations . . . . .	381
I. Body Weight and Lung Weight . . . . .	381
II. Lung Protein and DNA Content . . . . .	382
III. Oxygen Consumption and Energy Metabolism . . . . .	383
IV. Glucose Metabolism . . . . .	389
V. Lipid Metabolism . . . . .	391
VI. Protein Metabolism . . . . .	394
VII. Nucleic Acid Metabolism . . . . .	395
VIII. Sulfhydryl Metabolism . . . . .	395
IX. Lipid Peroxidation . . . . .	399
X. Other Enzyme Activities and Metabolic Pathways . . . . .	401
D. Conclusions . . . . .	403
References . . . . .	403

## CHAPTER 14

**The Pulmonary Mixed-Function Oxidase System**

T. E. GRAM. With 10 Figures

A. Introduction . . . . .	421
B. Cell Types of Lung . . . . .	421
C. Drug Oxidation by Lung . . . . .	422
I. Pulmonary Cell Fractionation and the Preparation of Microsomes	423

II. Pragmatic Considerations in the Preparation of Pulmonary Microsomes . . . . .	425
III. The Microsomal Monooxygenase System of Mammalian Lung . . . . .	425
D. Mixed-Function Oxidase Activity in Specific Pulmonary Cell Types . . . . .	431
I. Pulmonary Alveolar Macrophage . . . . .	431
II. Dispersed Single Cells Isolated from Whole Lung . . . . .	432
III. Type I Pneumocytes . . . . .	432
IV. Type II Pneumocytes . . . . .	432
V. Nonciliated Bronchiolar (Clara) Cells . . . . .	433
E. Induction of the Pulmonary Mixed-Function Oxidase System . . . . .	435
I. Phenobarbital . . . . .	435
II. 3-Methylcholanthrene and Other Polycyclic Aromatic Hydrocarbons: Tobacco Smoke, Cannabis . . . . .	435
III. Flavones . . . . .	439
IV. Benzothiazoles . . . . .	439
V. Phenothiazines . . . . .	439
F. The Role of the Lung in Whole Body Drug Clearance . . . . .	439
G. The Role of Pulmonary Xenobiotic Metabolism in Chemically Induced Lung Damage . . . . .	441
I. Polycyclic Aromatic Hydrocarbons . . . . .	441
II. Furans . . . . .	445
III. Carbon Tetrachloride . . . . .	448
IV. Butylated Hydroxytoluene . . . . .	448
V. Paraquat . . . . .	449
VI. Miscellaneous Compounds . . . . .	453
References . . . . .	460

## CHAPTER 15

### **The Surfactant System of the Lung.** S. A. ROONEY. With 1 Figure

A. Introduction . . . . .	471
B. Surfactant Composition . . . . .	472
C. Biosynthesis of Surfactant Phospholipids . . . . .	473
I. Cellular Site of Surfactant Synthesis . . . . .	473
II. Role of Lamellar Bodies in Surfactant Production . . . . .	473
III. Synthesis of Phosphatidylcholine . . . . .	474
IV. Synthesis of Phosphatidylglycerol . . . . .	476
D. Control of Surfactant Secretion . . . . .	477
E. Turnover and Removal of Surfactant . . . . .	478
F. Methods of Measuring Surfactant . . . . .	480
I. General Comments . . . . .	480
II. Physical Methods . . . . .	481
III. Biochemical Methods . . . . .	482
IV. Other Methods . . . . .	485
G. The Fetal Lung as an Example of Altered Surfactant Production . . . . .	485
H. Altered Surfactant Due to Toxicants in the Airways . . . . .	486
References . . . . .	491



## CHAPTER 16

**Effects of Pneumotoxins on Lung Connective Tissue**

J. A. LAST and K. M. REISER

A. Introduction . . . . .	503
B. Pneumotoxins and Lung Collagen . . . . .	503
I. Histologic Studies . . . . .	504
II. Morphometric Studies . . . . .	504
III. Electron Microscopy . . . . .	505
IV. Immunofluorescent Studies . . . . .	505
V. Physiologic Studies . . . . .	505
VI. Biochemical Studies . . . . .	506
VII. Specific Fibrotic Agents . . . . .	507
C. Pneumotoxins and Lung Elastin . . . . .	508
D. Mechanisms of Pneumotoxin-Induced Damage to Connective Tissue . . . . .	509
I. Central Role of Free Radicals in Fibrosis . . . . .	510
II. Central Role of "Fibrogenic Factors" . . . . .	510
III. Central Role of Immunologic Factors . . . . .	511
IV. Synergism in Pneumotoxin-Induced Lung Injury . . . . .	511
V. Mechanisms of Injury in Experiment Emphysema . . . . .	512
References . . . . .	521
<b>Subject Index . . . . .</b>	<b>537</b>